

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-15

Name of School/College: Eugene Applebaum College of Pharmacy and Health Sciences
(Wayne State University)

Chapter Name & region: Alpha Chi Chapter Region IV – East – Mid-Eastern

Delegate who attended the Rho Chi Annual Meeting: Michael Farah and Shannon Blattert

Date Delegate's name submitted: 2018-01-18

Past year's officers and e-mail addresses

President

First Name

Michael

Last Name

Farah

Email

Michael.Farah@wayne.edu

Vice President

First Name

Carly

Last Name

Santilli

Email

Caburns@wayne.edu

Secretary

First Name

Kristen

Last Name

Zofchak

Email
Fw8846@wayne.edu

Treasurer

First Name
Shannon

Last Name
Blattert

Email
fy3911@wayne.edu

Historian

First Name
Dung

Last Name
Ho

Email
et6277@wayne.edu

New officers and e-mail addresses for next academic year
(If not yet elected, please indicate date of anticipated election and report names within one week
of election)
2018-05-10

New officers and e-mail addresses

President

First Name
Ryan

Last Name
Caputo

Email
ryan.caputo@wayne.edu

Vice President

First Name
Nicolette

Last Name
Santilli

Email
Fi9223@wayne.edu

Secretary

First Name
Banibrata

Last Name
Das

Email
fi2724@wayne.edu

Treasurer

First Name
Alex

Last Name
Petrovici

Email
ga9296@wayne.edu

Historian

First Name
Zied

Last Name
Shammout

Email
Zshammout@wayne.edu

Chapter advisor's name and e-mail address

First Name
Lynette

Last Name
Moser

Email
lynette.moser@wayne.edu

Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

The Alpha Chi chapter of Rho Chi Honorary Society has enjoyed a fruitful and exciting year through the efforts of every active member, alumni of the chapter, executive board officers and an incredibly committed faculty advisor. I have to start by mentioning that Dr. Moser has taken time out of her incredibly busy schedule to advise the chapter and guide it towards excellence. Her responsibilities were plenty as she was amidst major administration changes at the Eugene Applebaum College of Pharmacy. Yet, she took the time to meet individually with officers and provide guidance and assistance with the upcoming tasks and events.

We as a chapter strive to give back to our community and better the city which has given us so much. The Alpha Chi chapter at Wayne State University in Detroit never settled with any of its accomplishments and continued to push for the betterment of our college, members, students, university, community and city. Our main target was to ensure that every patient in our community as well as every patient who is cared for by a WSU pharmacy student to receive the best medication therapy possible. This goal was achieved by volunteering at underserved clinics and tutoring sessions for our students. We hope that our efforts made a difference and we will continue to strive for excellence as we carry the name of Rho Chi Honorary Society throughout our careers.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-04-18	Previous Chapter officers, New initiates, Faculty Advisor	<ul style="list-style-type: none">• Events & activities from previous year• Officer roles and responsibilities• Successes and areas for improvement for next year• Nominations and election of new officers• Transition meeting date	<ul style="list-style-type: none">• Discuss options for improving chapter activities next year.• Overview Alpha Chi member responsibilities as members• Officers explain their roles in the organization• Begin nomination process and survey monkey for new elections
2017-05-24	All 2016- 2017 board members, All 2017- 2018 board members, Faculty advisor	<ul style="list-style-type: none">• Officer roles and responsibilities• Hand-off of documents	<ul style="list-style-type: none">• Each officer explained their duties and areas of improvement• Transfer of documents created and used throughout the year to the new officers

2017-08-01	All 2017- 2018 board members and all active members	<ul style="list-style-type: none"> • Committee composition • Vista Maria • Fundraising opportunities • Mentor-Mentee program • General Meeting agenda 	<p>Established committee size based on feedback from last year, Responsibilities and committee for Vista Maria set up under the Secretary's control, Pasta Lunch fundraiser will be on 11/13 and location reserved, Discussed Lakey Award and Banquet</p>
2018-01-11	All 2017- 2018 board members and all active members	<ul style="list-style-type: none"> • Proposal of new initiates • Lakey Award Lecture and Banquet update • National Meeting update • Discuss logistics for Volleyball fundraiser and pick a date 	<ul style="list-style-type: none"> • Successful vote to change bylaws to adjust timing of when members are initiated • Active members approve new initiates. All votes approved; no votes against. • Lakey Award attendance and set up plans • National Meeting in Nashville. Michael Farah and Shannon Blattert are designated Chapter delegates. • Volleyball fundraiser on 04/6/2018

Strategic Planning: What goals were set that relate to the Rho Chi mission?

The Alpha Chi chapter embraces the Rho Chi Society mission goals and continually evolves the chapter to better represent the spirit of Rho Chi. We adjusted the initiation procedure to better recognize intellectual achievement of students and promote continued excellence of the students in our pharmacy program. We invited Dr. Jerry Bauman to accept the Roland T. Lakey Award, an award given to individuals who have made significant impacts in the field of pharmacy, and represent an intellectual leader that our members should strive to emulate. We continued to support the highest ethical standards of our members by volunteering with Vista Maria, a disfranchised and abused women's shelter, to better connect to our community and provide our services to those who most need it. Finally, a strong focus was to improve the tutoring that our organization offers to help all of the students of Eugene Applebaum College of Pharmacy reach their full potential. Through the mentorship of Dr. Lynette Moser and collaboration with other student organizations such as Phi Lambda Sigma and Lambda Kappa Sigma we will continue to refine our chapter to best represent the ideals of the Rho Chi Society.

Activities

The biggest event in the Alpha Chi Chapter of the Rho Chi honorary society is the St Frances Cabrini clinic volunteering which has been ongoing within our chapter for the past 13 years. This event is the one which we are definitely most proud of as it incorporates every single member in our organization and is the most significant way our chapter helps give back to the Detroit community. The Cabrini clinic is a free clinic which is dedicated to serve the underserved population of Detroit who might not have access to any form of healthcare otherwise. Two or three of our members volunteer at the clinic every second Tuesday of every month for an average of 4 hours. Throughout those 4 hours, we help with the dispensing process, providing recommendation to which drug therapy to use, counseling patients on their medications and

much more.

However, volunteering is not the only way we try to help out with the clinic. The Alpha Chi chapter holds a variety of fundraising events and the proceeds as well as any extra funds we have in our account is donated to the clinic at the end of the year. Our fundraising events included a pasta luncheon where every member provided some form of food consistent with the Italian theme and we sold them in the commons in our school. Almost every single student in the school from every class participated in this fundraiser. This fundraising event has been ongoing for the past 11 years. Another fundraiser which we initiated this year was a volleyball tournament which was open to the entire school and every single program within the college. This event proved to be a huge success as the participation was overwhelming and we had 20 teams signed up. Both of these events helped us to continue with the legacy of providing a donation to the clinic which has been ongoing for the past 13 years.

There is also the Vista Maria outreach program which was initiated in the previous year by the 2016-17 inductees. Vista Maria is a Detroit shelter which supports vulnerable women and girls who have suffered mental, emotional and physical abuse, trauma or who might have suffered from addiction. Our class has tried to build on the previous class's work and work more closely with the Vista Maria staff to provide as much help as we can to the organization. The majority of our contribution to the organization was in the form of education. We held seminars and provided presentation on a variety of topics. Two topics in specific that were the major focus of our education were drugs of abuse, how to avoid them, and where to get help as well as contraception and women's health.

The next two activities reflect the intellectual leadership activities the Alpha Chi chapter hosts at Eugene Applebaum College of Pharmacy. The first one is exclusively held by the members of the chapter and it focuses on individual tutoring. We reach out to the facilitator of each course and module to let him/her know which student is going to be responsible for tutoring his/her course. The facilitator then sends the contact information of this Rho Chi member to his/her students to let them know where they may get extra help or tutoring. Moreover, the facilitator also tells some of the students who might have been struggling with the class academically grade-wise or with understanding the topics to get one on one tutoring with the Rho Chi student responsible for their class. We also have held exam review sessions before midterms and finals to go over practice questions and work through some of the patients' cases to better be prepared for the exams. This tutoring has been an ongoing event at our chapter for the past sixty years. Another major event that has proved to be extremely beneficial to our students is the mock interview event which we hold yearly to develop the interviewing skills of our members and all pharmacy students to further prepare for LAPP interviews, residency interviews as well as job interviews. This event is greatly supported by the college faculty members as they hold the responsibility of the interviewer. They take time of their busy schedule to support our event and hold a mock interview with one student at a time. After the mock interview concludes, the faculty member provides feedback to the student to evaluate the interview as well as provide tips to improve. Moreover, each preceptor and participating student had a follow up survey to assess weakness in the interview process. Also, due to increased advertising of the activity, we had to find additional preceptors due to increase in demand.

Rho Chi is also responsible for the mentorship program at Eugene Applebaum College of Pharmacy. The program matches every incoming P1 student (the mentee) to a P3 student (mentor). The program helps the incoming pharmacy students have some guidance from their assigned mentors. The president of the Rho Chi chapter (myself) works with the P3 class

president to match each incoming student to a mentor based on a survey filled by every P1 and P3 student. We match them based on their interests, future career goals, proximity and other assessments. The college depends on this program for a variety of assignments such as shadowing assignments where the P1 is responsible to shadow the P3 on all their rotations once they reach their P4 year.

Finally, the last event of the year is the Roland T. Lakey award Lecture which is held in conjunction with the Rho Chi initiation banquet. We try every year to combine both of these events into one to have the Lakey Award recipient as a key note speaker at the initiation ceremony. As mentioned above the Lakey Award lecture was held first and was attended by Rho Chi initiates, their loved ones, as well as a great deal of faculty who were proud to see their students excel and flourish academically. Dr. Jerry Bauman was the distinguished speaker at this function as recipient of the 50th Roland T. Lakey Award. Dr. Bauman's area of research is the clinical pharmacology of cocaine and the drugs used to treat cardiac rhythm disorders, specifically their ability to paradoxically provoke life-threatening arrhythmias. He delivered a lecture about "Drug Induced Arrhythmia: From Quinidine to Cocaine" and spoke the welcoming words to the initiates and congratulated them all on their future success. In addition, the 2017-2018 elected board members, the faculty advisor, and many Eugene Applebaum faculty members were present for the event to support the new initiates.

Financial Budgeting

The main expenses for our chapter this year was the annual Lakey Lecture Award/Rho Chi Banquet. We were able to receive funding through the Department of Student Services (DOSO) at Wayne State University for the majority of the Roland T. Lakey Award Reception and Rho Chi Banquet, which included catering along with lodging and airfare for our Lakey Award winner. Some of the charges the induction banquet were covered by faculty member donations, as well as the Department of Pharmacy Practice. This shows the strong support and relationship our chapter has maintained with faculty and program throughout the years. Additional funding was received from the Deans Office of Eugene Applebaum to support our members going to the national meeting. In addition, our chapter purchased the Rho Chi graduation cords for each member. Our main source of fundraising is done through school food sales as well as starting a new tradition of hosting a sporting event such as the volleyball competition to engage students from different graduating classes in the college. The volleyball competition was deemed to be successful in terms of fundraising and networking between different classes. A financial breakdown can be found in the "Alpha Chi Chapter Financial Report" below.

Installation Function

The 2018 initiation ceremony for new members was held in conjunction with the annual Roland T. Lakey Award Lecture. The event was held on Wednesday, April 4th, 2018 from 4:30 – 7:30 PM at the Eugene Applebaum College of Pharmacy and Health Sciences in Detroit, Michigan. Our chapter inducted twenty new student members: fifteen P2 students and five P3 students. The initiation banquet was held immediately following the Lakey Award Lecture and was attended by Rho Chi initiates, their loved ones, as well as a great deal of faculty who were proud to see their students excel and flourish academically. Dr. Jerry Bauman was the distinguished speaker at this function as recipient of the Roland T. Lakey Award. Dr. Bauman is the dean and

distinguished professor at the University of Illinois at Chicago (UIC) College of Pharmacy and the Department of Medicine, Section of Cardiology. Bauman received his B.S. degree in pharmacy at the University of Illinois Medical Center and his Pharm.D. degree from the University of Missouri-Kansas City. He completed his residencies in hospital pharmacy and clinical pharmacy at the University of Illinois Hospital and the Truman Medical Center, respectively. Bauman's area of research is the clinical pharmacology of cocaine and the drugs used to treat cardiac rhythm disorders, specifically their ability to paradoxically provoke life-threatening arrhythmias. He has published extensively in these areas and received the ACCP Russell R. Miller Award for research in 1994 as a result. Among Bauman's other honors are election as a fellow of ACC (first Pharm.D.), election as a Fellow of ACCP, and election as a distinguished practitioner in the National Academy of Practice (inaugural class). He is a past president of ACCP and recently ended more than a decade as a scientific editor of the journal Pharmacotherapy. He spoke the welcoming words to the initiates and congratulated them all on their future success. In addition, the 2017-2018 elected board members, the faculty advisor, and many Eugene Applebaum faculty members were present for the event to support the new initiates.

Evaluation/Reflection

Our chapter is deeply thrilled with the success that our organizations has had in the previous years. All our members of our organization were involved throughout the year allowing success of all of our activities. Our nomination as a finalist for the Chapter Achievement Award motivated us to continue our work and improve upon our legacy for the Alpha Chi Chapter for years to come. Our goal is to continue to improve and be recognized by the national branch of Rho Chi as a leading example of success of what Rho Chi chapters can bring to their parent schools.

Our tutoring program was completely overhauled this year and was met with resounding praise from students and faculty alike. The combination of direct one on one tutoring along with planned teaching sessions were able to target a larger range of students, and have a positive impact on their academic future. Eugene Applebaum College of Pharmacy enacted a new curriculum for the first and second year students and we made it an objective to ease the transition of the new students to the best of our abilities. We were able to focus our help on specific students who needed extra attention and struggle with certain topics throughout the curriculum, and help students succeed in modules in which they were struggling academically.

The continuation of Vista Maria volunteering was an experience many of our members were grateful for and shows that we should continue our outreach into Detroit. Our location offers us many unique opportunities to have a great impact on our community and we are currently planning on development of events and opportunities for our members to give back to the underserved, homeless population in Detroit by helping out in homeless shelters across the city. These opportunities will include the provision of food as well as healthcare services from taking vitals to optimizing medication therapy to referrals to physicians.

The main goal for improvement of our chapter will be to promote the continuation of activity and involvement of our members in previous classes as the majority of the responsibilities and tasks falls quickly and without much of a transition on the new initiates. We want to promote a healthy amount of interaction between the old and new members of the Alpha Chi chapter to ease the burden on the incoming class of initiates and to promote the continued involvement of our previous members in the Detroit community. This also includes outreach to our alumni who would be an invaluable resource for the development of intellectual leaders of our members. This will be done through increased contact with all of our members and events like socials to promote this interaction. By forming a new mentor/mentee relationship between new inductees and past members we will be able to follow the ideals of the Rho Chi Society and truly support our members' development into the best pharmacist that they can be.

Other Information

N/A