

The Rho Chi Society

Annual Chapter Report 2017-2018

Date of report submission: May 15, 2018

Name of School/College: University of Missouri-Kansas City School of Pharmacy

Chapter name and region: Alpha Omega, Region VI

Chapter advisor's name and e-mail address:

Co-advisor Kansas City: Andrew Smith, Pharm.D., BCPS smithandr@umkc.edu

Amanda Stahnke, Pharm.D., BCACP stahnkea@umkc.edu

Co-advisor Springfield: Lisa Cillessen, Pharm.D. cillessenl@umkc.edu

Elizabeth Englin, Pharm.D. engline@umkc.edu

Co-advisor Columbia: Erica Ottis, Pharm.D. ottisej@umkc.edu

Delegate who attended the Rho Chi Annual Meeting: James Rhodes

Alternate: Angela J. Kaucher

Date delegate's name submitted to Rho Chi: January 24, 2018

Past year's officers and e-mail addresses:

President: Michelle Sproat mrsqnf@mail.umkc.edu **Curtiss Lane** celq53@mail.umkc.edu Vice President: hbc5b@mail.umkc.edu Secretary: Haley Bettlach Weston Schwartz wrsq58@mail.umkc.edu Treasurer: Historian: Deja Stewart dsyg3@mail.umkc.edu Columbia Liaison: ner6yf@mail.umkc.edu Nicholas Roberts Springfield Liaison: Amanda Rackers amrq57@mail.umkc.edu

The Rho Chi Society
National Office Contact Information:
Email: RhoChi@unc.edu
Telephone: (919) 843-9001
Fax: (919) 962-0644

New officers and e-mail addresses for next academic year:

President: Philip Melchert pwm365@mail.umkc.edu Vice President: **Garrett Matthews** grmt2c@mail.umkc.edu jebm26@mail.umkc.edu Secretary: Julie Bays Treasurer: Anna Parker aeh8b9@mail.umkc.edu Historian: Lauren Bell ldb4gc@mail.umkc.edu Columbia Liaisons: Jordyn Williams inbcn3@mail.umkc.edu Springfield Liaisons: Kayla Copeland kdcf4d@mail.umkc.edu

Number of Rho Chi student members at college or school, listed by class year and program:

2018: 19 Kansas City members

8 Columbia members

9 Springfield members

2019: 30 Kansas City members

1 Columbia members

3 Springfield members

2020: 18 Kansas City members

5 Columbia members

5 Springfield members

Meetings: Kansas City-A; Columbia-B; Springfield-C

Date	Attendance	Agenda	Action Steps
8/18/2017	Executive Meeting A-7 B-3 C-2	 Agenda for upcoming semester "Pharmacy survival guide" Mock OSCE Study Room Potential fundraising opportunities Yearly budget Chapter goals Blackboard set up Advisors comments 	 Reach out to members to assist in preparing "pharmacy survival guide" Contact Dr. Barnes to inquire about feasibility of the mock OSCE Talk to pharmacy students in the different classes to find best day to implement weekly evening study room Request funds for upcoming general meeting and study room Add all members (students & faculty) to new blackboard organization link we created over the summer to help with communication
9/25/2017	General Meeting (open to all pharmacy students) A-35 B-6 C-5	 Rho Chi brief history Membership eligibility Dr. Smith's learning strategies "Pharmacy survival guide" Upcoming events/ways to be involved this semester 	 Exec board and advisors contact information sent out to all students to reach out with any questions All pharmacy students had the opportunity to learn about Rho Chi's history and how to become members One of our advisors gave a short lecture on learning strategies (focus towards P1s) Handed out hard copies of "pharmacy survival guide" to all students present. Included: places to study, discount with student ID, food specials, food trucks commonly on campus, UMKC resources available, study tips, and advice from Rho Chi members. Each campus received their own survival guides. (focus towards P1)

10/6/2017	Executive Meeting A-6 B-2 C-2	 Mentoring Study Room Apparel Initiation Blackboard Advisors comments 	 Announce at general meeting and send out google-doc for members to sign up for subjects they are willing to help pharmacy students with. Study room once a week on Tuesday evenings, contact for room reservation. Goal of minimum of 2 members each week. Potential of offering some sort of apparel for members to purchase. Discuss views of all members before moving forward Utilize blackboard site- upload "pharmacy survival guides", post sign-ups for mentoring, and date/times of general meetings. Vote on date and venue for initiation. Reach out to make sure available and reserve ASAP
10/27/2017	General Meeting A-12 B-1 C-2	 Mentoring Study Room Apparel Finals week support 	 Announce/explain mentoring and study room to members and how they can sign up Reach out to see if anyone is interested in designing apparel (members agree on jacket) Date chosen for initiation Finals week study support set-up and clean-up crew

1/18/2018	Executive Meeting	Study Room	•	Continue offering study room on Tuesday
	A-6	• Mentoring		evenings with same goal
	B-1	• Finances	•	Repost google doc for mentoring sign up
	C-0	 General Meetings 	•	Submit funding request for initiation and
		• Initiation		evaluate how much we will need to charge
		 First Year Recognition 		for guest at initiation
		• Gen Med 1 round table	•	Start planning first year recognition
		Mock OSCE		ceremony, request funding for cake
		 Finals week support 	•	Gen med roundtable, coordinate date with
		Rho Chi annual meeting		Dr. Ruehter and selection process. Sent out
		• Jacket		invites to members for participation
		• End of Year awards	•	Continue to work on potential Mock OSCE
		 Diversity dialogue 		implementation with faculty to assess
		 Advisors comments 		feasibility for next year.
			•	Finals week support with coffee and donuts
				was successful, vote to continue with
			•	Send email to members to find delegate
			•	Finalize design and send to national and
				UMKC for approval
			•	Email members to start nominating students
				& faculty for awards. After nominations in
				send out survey for voting.
			•	Set up date for diversity dialogue
				presentation

2/8/2018	Executive Meeting A-6 B-1 C-1	 Gen Med roundtable Discuss upcoming general medicine I roundtable with Dr. Ruehter Finances for upcoming events Initiation Ceremony 	 Discuss upcoming gen med roundtable with Dr. Ruehter and set date in accordance to schedule and an informational meeting Will not charge members, faculty, or new initiates for attendance. Only \$10 charge for new initiates guest attending initiation. Set timeline for acceptance letters and initiation RSVP due date
2/15/2018	General Meeting A-10 B-1 B-1	Diversity speakerDiscuss upcoming events in Rho Chi	New diversity dialogue group on main campus reached out asking to set up a presentation. Members learned about the science of unconscious bias.
3/15/2018	General Meeting (open to all students) A-47 B-10 C-8	General Medicine I Roundtable	 Give an overview of each site from students currently at the site Answer any questions students may have Sites did not connect due to differences in general medicine sites Each session was recorded for students who could not attend
4/4/2018	Executive Meeting A-5 B-1 C-1	 First year recognition Initiation 	 p card request for funds received Email previously sent for officer applications. Organize and send applications submitted to Rho Chi members to review before voting Contact Shelly to order plaques for awards Contact award winners with RSVP for initiation Update script for initiation ceremony Send email to invite eligible P1's to recognition ceremony

4/19/2018	General Meeting (open to all students) A-30 B-6 C-9	 First Year Recognition Executive board applicants Vote on new Executive Board 	 Recognize first year students who received a 4.0 their first semester of pharmacy school with certificates and cupcakes. Review the goals and mission of Rho Chi and how to become a member Executive board applicants gave short speech and answered questions Members only allowed to vote on new executive board and votes counted
4/22/2018	Initiation Ceremony (held in KC)-81	 Opening statements Lunch Dean's speech Initiation ritual Award ceremony Closing statements Cake & coffee 	 Initiate new members from the class of 2020 Award winners gave acceptance speech and asked to also give some encouraging words to new members.
4/27/2018	Executive Meeting A-11 B-2 C-2	Transition meeting	Pass off any pertinent information to new officers

Strategic Planning:

The Alpha Omega chapter goals for this academic year were the following:

- Increase quantity and quality of chapter involvement with the school of pharmacy
 - o Encourage intellectual achievement
 - o Contribute to the development of intellectual leaders
 - o Foster collaboration
- Increase member involvement and their engagement in the society
 - Foster collaboration
 - o Promote high ethical standards
 - o Encourage critical inquiry to advance pharmacy
- Improve on communication with members, faculty, alumni, and between campuses
 - Foster collaboration
- Restore and expand on current chapter activities
 - o Encourage intellectual achievement
 - P1 achievement recognition ceremony
 - Initiation
 - Award recognitions
 - o Foster collaboration/Encourage intellectual achievement
 - General medicine roundtable
 - Peer mentor program
- Assess need and ability to implement new activities that uphold Rho Chi's mission and values

Our year-long goal: to earn Rho Chi's national award for the most improved chapter while focusing on sustainability of our implementations to encourage continued success and improvement for years to come.

Activities:

• <u>Lunch on the Lawn – Ongoing: 9 years</u> (Kansas City Campus): During the PharmD. Student Orientation we participated in the annual pharmacy program's Lunch on the Lawn. At this event three executive board members and one advisor were present to spread the word about Rho Chi and member eligibility to the incoming pharmacy students to encourage intellectual achievement throughout their time in pharmacy school. We updated our display board and added smarties as a treat for students to grab after stopping by.

- Rho Chi Informational Meeting Ongoing: 9 years (All Campuses): The Alpha Omega chapter hosted an informational meeting open to all pharmacy students, particularly targeting first year students. The president started with introduction, followed by Dr. Amanda Stahnke giving a brief history on Rho Chi and membership eligibility. We also had Dr. Andrew Smith give a brief presentation on learning strategies and how to be successful in pharmacy school and beyond. To improve the quality of this activity we implemented a "survival guide" made by Rho Chi members specific to each campus that included: places to study, discounts with student ID, food discounts, food trucks commonly on campus, resources available, study tips, and advice from Rho Chi members. After the floor was opened for questions and the Rho Chi members mingled amongst the underclassmen.
- General Medicine I Rotation Roundtable Ongoing: 8 years (All Campuses) The Alpha Omega chapter once again hosted their annual General Medicine I rotation roundtable for P2 students. P3 students have a longitudinal IPPE with one faculty member at various practice sites around their site-specific area. The roundtable gives P3 students the opportunity to discuss a typical day at their site, common disease states seen, their respective patient populations, and what is expected of them on their rotation. As each student spoke, their contact information and their respective preceptor was shown on a PowerPoint slide. A brief question and answer session was held after the conclusion of the presentation. This year we worked very closely with the faculty member in charge of General Medicine I rotation, Dr. Ruehter, to develop a template for those presenting to enhance the content. We also expanded accessibility by recording the roundtable so that students who could not attend the meeting still had the same opportunity to play back the recording to learn more. The P2 students expressed that this roundtable was very helpful in deciding which faculty member to choose for their longitudinal rotation. The new executive committee plans on continuing the tradition.
- <u>Volunteer Activities Ongoing: 9 years</u> (All campuses) Many Rho Chi members have been involved in various community service events throughout the year. This gives members a chance to work with students in other organizations to foster collaboration. Some examples include health fairs and flu shot clinics.
- <u>Academic Achievement Ceremony Ongoing: 9 years</u> (All Campuses) The Alpha Omega chapter held a reception to recognize P1 students that received a 4.0 GPA after successful completion of the first semester of pharmacy school. The president and vice president recognized each P1 student individually and presented them with a certificate signed by the chapter President and Dean to acknowledge their achievement. Dr. Andrew Smith then said a few words encouraging students to keep up their outstanding academic achievements. After Rho Chi members were available for questions and networking. It is the intention of the new executive committee to continue this event.
- <u>Study Room New</u> (Kansas City) During this year, our Alpha Omega chapter offered a study room once a week during the evening for all pharmacy students. The room was promoted via Facebook and email as a quiet place to study with other pharmacy students, including Rho Chi members who would be available for assistance or advice as needed. Rho Chi members could volunteer for certain days with the goal of a minimum of two members per session in attendance. With this study room we hoped to foster collaboration, encourage intellectual achievement and promote high ethical standards. During finals week we were also

- able to provide dinner at the study room to students who attended. Overall the feedback from students was positive and the new executive committee plans to continue.
- <u>Student Mentor Program- New</u> (All campuses) Alpha Omega chapter members were sent a survey to select which subjects they would be willing to provide assistance in to other pharmacy students. We then promoted the mentor program to all pharmacy students and faculty. Once a faculty advisor or a student reached out we then paired them with someone based on student needs. The study room (mentioned previously) was often utilized for a meeting place for these students to connect.
- <u>Finals Support New</u> (Kansas City) The Alpha Omega chapter wanted to provide support to pharmacy students during the oftenstressful time of finals. Using our funding we provided coffee and donuts one morning of finals week. We were able to provide this both semesters. It was a hit with the students and the incoming officers plan to continue offering a form of finals support each semester.
- <u>Diversity speaker -New</u> (Kansas City) The Division of Diversity and Inclusion and Multicultural Student Affairs at the University of Missouri-Kansas City main campus created a Diversity Ambassadors initiative. To foster collaboration, we held a meeting for two of their Diversity Ambassadors, UMKC students trained in diversity peer education, to come to speak to our members about the science of unconscious bias. We were excited to work with a new initiative on campus and hope to continue diversity dialogue sessions in the upcoming semesters.

Financial/ Budgeting:

The 2017-2018 Rho Chi budget for the chapter was determined based on activities in past years. At the beginning of the year we received Seed funds, a per-organization year allotment allocated at the discretion of the SAFC to be used by the organization as self-generated revenue. In order to receive Faculty/Staff Advisors, Treasurer, and President had to complete training and submit a form. For the remaining of the year we received funding on an event by event basis, this allowed us to request funds from the UMKC Student Government Association as needed for events, activities, and meetings. The Student Government Association allocates funds to student organizations based on their needs and available funds. Any additional funds needed after was provided by our internal self-generated revenue.

This year, because of our event approval, our chapter was able to open invitations free of charge for initiation to all Rho Chi members, new initiates, and School of Pharmacy faculty from all three campuses. In addition, our charge for guest decreased from \$15 to \$10, in hopes of encouraging more family and friends to join. This charge was to help cover the cost of catering that we were not fully funded for. The major costs for the year included initiation ceremony, food for study halls, recognition ceremony, three plaques were purchased for award winners, food for finals week support, and graduation cords for the next two years.

(See Appendix 2)

Initiation Function:

The Alpha Omega chapter of Rho Chi held one main initiation ceremony this year. It took place on Sunday, April 22, 2018 at the UMKC Student Union. The ceremony started with opening remarks from Dr. Amanda Stahnke followed by lunch. After lunch the chapter President lead with a few words before introducing the key note speaker, Dean Russel Melchert, a Rho Chi member as well. This was followed by the initiation ritual for the new members in front of their friends and family, as well as faculty and Rho Chi members in attendance. After the ritual we concluded with our award ceremony, where Dr. Eric Wombwell was awarded faculty of the year, Corey Spriggs senior of the year, and Blaire White Rho Chi senior member of the year. Each were presented their awards and made a few remarks and encouraging words to our new members of Rho Chi. The chapter president then concluded with closing statements and guest were invited to join for cake and coffee following the ceremony.

For those members that were unable to make it the day of the ceremony smaller initiation rituals were held with advisors at each respective campus.

Evaluation/Reflection:

The Alpha Omega chapter has made great strides in reaching our goals as well as improving the chapter overall. The chapter was able to increase involvement with the School of Pharmacy by implementing weekly study rooms, providing support during finals week, and offering a "pharmacy survival guide". We were also able to continue and revamp a lot of our activities to improve on the quality of our involvement with the pharmacy school, such activities were new student orientation, general medicine roundtable, and P1 recognition ceremony. These activities (both new and old) received positive feedback from students. During the year, to increase member involvement we held monthly meetings to discuss upcoming events and ways to get involved. To increase member involvement as well as communication between members, faculty, and campuses we created a link on the blackboard (site that we utilize for school). Rho Chi now has its own link under the organizations tab that all Rho Chi members including faculty can access to find information such as past meeting minutes, upcoming events, and sign ups. We also had an increase in funding this year which allowed us to avoid charging new initiates, current members, or faculty for attending the initiation ceremony. While we were not able to implement a large-scale event at this time (e.g. mockOSCE, trivia night) it is important to note that the chapter was able to discuss and expand on a few ideas. From a planning perspective the chapter wanted to begin the conversation, gauge acceptability, and plan logistics before implementation in hopes of sustainability and success.

Other information:

If you would like to provide other information about your chapter that was not included in the above categories (e.g., development of a new website, organizing a regional meeting, etc.), add it here: (Limit 500 words)

Appendix 1

[Alpha Omega	[Alpha Omega, University of Missouri-Kansas City School of Pharmacy] Activity Table								
Category of Activity ¹	Title of Activity	Brief Description ²	How Does This Activity Align With the Rho Chi Mission Statement?	Years the Activity has Been Ongoing?	If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?	How Many Members Participated in the Activity?	How Many Students (non- members) and/or Patients were impacted by the Activity?	Financial Information for the Activity [Budget Required, Fundraising Amount]	
Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	Rho Chi Informational Meeting	Info meeting open to all pharmacy students, during we present a brief Rho Chi history, eligibility requirements, and a presentation on learning strategies.	Encourage intellectual achievement	9	We implemented a pharmacy "survival guide" to hand out to students who attended. This guide included: places to study, discounts with student ID, food discounts, food trucks commonly on campus, resources available, study tips, and advice from Rho Chi members.	10	50	None required	
	Academic Achievement Ceremony	A reception to recognize P1 students that received a 4.0 GPA in their first year of pharmacy school	Encourage intellectual achievement, contribute to the development of intellectual leaders	9	Following the reception, we held our officer elections. Even though P1 students were not allowed to vote they were invited to stay in hopes that seeing this process would encourage them to run for a position if initiated into Rho Chi.	15	37	\$70 – from UMKC Office of Student Affairs funding	

	Rho Chi study room	Offered once a week, as a quiet place to study with peers, in the School of Pharmacy building	Encourage intellectual achievement Fosters collaboration	New	During finals week we were also able to provide dinner at the study room to students who attended. We hope with additional funding we can offer this more often. Overall the feedback from students was positive and the new executive committee plans to continue.	2-3 per week	20	None required
	Student Mentor Program	Students who reached out for assistance would be paired with a Rho Chi member willing to assist in that particular subject	Encourage intellectual achievement	New	A survey was sent out for members to select which subjects they would be willing to provide assistance. We would pair students with members based on the student's need and the members response	8	5	None required
College of Pharmacy Events [non- aca demic, non- patient outreach]	Lunch on the lawn	Chapter officers and advisors attend the first-year orientation to spread the word about Rho Chi and member eligibility to the incoming pharmacy class.	Encourages intellectual achievement	9	We updated our display board and added smarties as a treat for students for stopping by our table.	4	65	None required
	General Medicine I Rotation Roundtable	A brief overview for P2 students over the GMI rotation sites	Fosters collaboration	8	We worked very closely with the faculty member in charge of General Medicine rotation sites to develop a template for those presenting to enhance the content. We also recorded the roundtable this year for students unable to make the event.	15	78	None required

	Finals Support	Provide support to pharmacy students during finals week. Using our funds, we provided coffee and donuts one morning each finals week.	Encourage intellectual achievement, Promote high ethical standards	New		12	80	Budgeted with funds received from OSI (reallocated money and seed funds)
	Diversity Speaker	The Division of Diversity and Inclusion and Multicultural Student Affairs at the University of Missouri- Kansas City main campus created a Diversity Ambassadors initiative. To foster collaboration, we held a meeting for two of their Diversity Ambassadors, UMKC students trained in diversity peer education, to come to speak to our members about the science of unconscious bias.	Fosters Collaboration	New	Our members were excited to work with this new initiative on campus. Those who attended expressed appreciation for the time to discuss the science of unconscious bias with their peers. We hope to continue this collaboration in the years to come.	12		None required
Patient Outreach Events/ Community Service								
Fundraising Events	Jacket	Development and approval of jacket design which we plan to sell this upcoming year to Rho Chi student and faculty members	Provide funding for the chapter	New	The development of the jacket design increased involvement from non-exec members. With the approval of the design from nationals and our local campus we hope to begin selling these jackets next year.	3		None required

Appendix 2

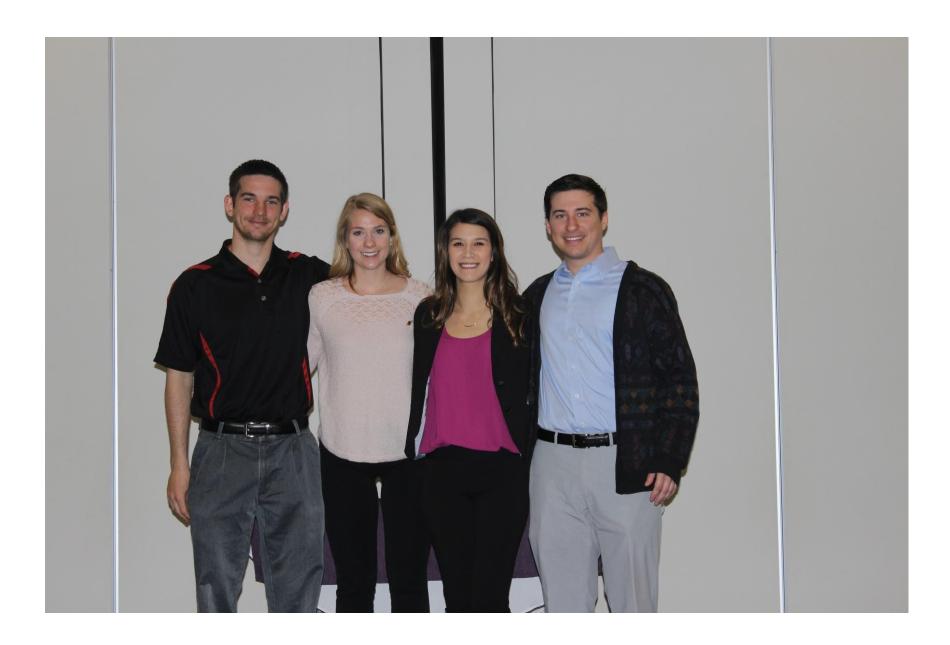
	Amount Debited	Amount Credited		
ITEM	(\$\$ spent)	(\$\$ raised)	Balance	Comment
Balance forward			\$747.47	Balance from last year
OSI removed funds	\$747.47		0	Durance in our rape y car
OSI reallocated money	Ψ	\$2,171.97	\$2,171.97	
Seed funds from OSI		\$250.00	\$2421.97	
Food for Rho Chi study hall	\$175.00	<u> </u>	\$2246.97	
Donuts and coffee to give out				
to students for finals week	\$273.00		\$1973.97	
Money received from OSI to purchase food for Rho Chi				
round table		\$287.74	\$2261.71	
Food request for Rho Chi				
study hall		\$52.50	\$2314.21	
Money collected from new				
Rho Chi members for national				
dues and guest for initiation		****	*	
		\$2220.00	\$4534.21	
Pizza for Rho Chi round table	\$287.71		\$4246.50	
Money from OSI to buy cake		Φ Ξ Ο	Φ421 < 5 0	
for P1's with 4.0 GPA		\$70	\$4316.50	
Money from OSI for Rho Chi initiation ceremony		\$600.00	\$4916.50	
Paying Rho Chi national				
organization dues	\$1820.00		\$3096.50	
Buying Rho Chi certificates	\$25.00		\$3071.50	

Buying Rho cords for graduation	\$613.43	\$2458.07	2018 and 2019 graduation
Food for Rho Chi initiation	\$854.00	\$1604.07	
Cake for Rho Chi P1 recognition	\$70.00	\$1534.07	
Plaques for Rho Chi award winners	\$80.00	\$1454.07	three plaques
Donuts and Coffee for pharmacy students for finals			
week	pending		









Appendix 3



