

## **Annual Chapter Report Outline**

Please complete your Annual Chapter Report and submit to the National Office by May 15.

**Date of report submission:** 2018-05-11

**Name of School/College:** University of Arizona College of Pharmacy

**Chapter Name & region:** Alpha Psi, mountain region – Region VIII

**Delegate who attended the Rho Chi Annual Meeting:** Chongwoo Sun and Ariane Guthrie

**Date Delegate's name submitted:** 2018-03-14

Past year's officers and e-mail addresses

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New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

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Chapter advisor's name and e-mail address

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### Chapter advisor's name and e-mail address

[chapter-advisors]

### Introduction

This year the Alpha Psi chapter at the University of Arizona maintained high academic excellence and continued the strong traditions of Rho Chi. We continued our goal of promoting academic excellence throughout the College of Pharmacy and were able to have a positive influence in the local community as well.

**Meetings** Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-09	45	How to succeed pharmacy school- This was a conjunction meeting with Phi Lambda Sigma although it is created by Rho Chi-The meeting is geared toward first year pharmacy students to help prepare them to succeed academically and how to be involved in leadership on campus.	Rho Chi and Phi Lambda Sigma E-board members spoke about their survival tips for pharmacy school and then groups were split in round-table formats and each group was led by a Rho Chi and a PLS member. Students were allowed to ask questions about how to become successful students and future pharmacists
2017-09-26	20	Rho Chi members only- To set expectations of the fall and spring semester and to take nomination for a new officer position; education chair	The meeting was prepared by the E-board members and the president created the presentation for the meeting
2017-10-11	70	The academic recognition luncheon for 2nd and 3rd pharmacy students with GPA $\geq 3.5$ . This meeting by invitation only.	A professor and a faculty member from the Arizona Cancer Center were the guest speakers. Certificates of recognition were provided to the invitees.
2017-11-28	45	General lunch meeting open to whole college to discuss how to survive finals	Professor of College came to discuss how to handle the stress of finals in a positive way

**Strategic Planning:** What goals were set that relate to the Rho Chi mission?

One of our Alpha Psi chapter's goals is to promote academic excellence and intellectual leadership in pharmacy. Our chapter fulfilled this goal by continuing How to Succeed in

Pharmacy School. This event, aimed towards first year pharmacy students, sets the precedent for academic excellence for the new students entering the College of Pharmacy. By having an open discussion with the new students it allowed for students to gain valuable knowledge of how to be successful students while enrolled here at the College of Pharmacy. We also promoted academic excellence by hosting our annual rewards luncheon in the fall where we recognized second, third, and fourth year students with a GPA over a 3.5. It rewarded those students who achieved academic excellence and motivated them to continue their high academic standard. It also helps motivate the first year students to achieve an attainable goal. Rho Chi is comprised of only the top 20% of each pharmacy class leaving many students with high academic standards not being recognized. By hosting this luncheon it is a way that the Alpha Psi chapter can recognize those students who do not make Rho Chi in a positive and encouraging way. The last example of academic excellence displayed by the Alpha Psi chapter is the Healthy Body and Mind session hosted at the end of the fall semester. By promoting positive methods of how to handle stress we continued the chapters tradition of maintaining academic excellence and encouraging others in the college to do the same during high stressful times.

## **Activities**

### **How to Succeed in Pharmacy School 101**

This event was organized in collaboration with PLS chapter for the incoming class of 2021. The event started with a presentation from both the Rho Chi and Phi Lambda Sigma executive boards about tips on how to survive pharmacy school. This then lead to a round-table discussion with small groups of students. The students were split in teams each of which was led by a Rho Chi and a PLS members. Students were allowed to ask questions followed by debriefing from team leaders. The Phoenix campus cohort was able to participate via video conference software.

### **Fall recognition luncheon**

This is an annual event to recognize pharmacy and graduate students with GPA of 3.5 and higher. This year, we had two guest speakers; a professor and a faculty member from the University of Arizona College of Pharmacy. The theme was “how academic excellence translates into career success”. Lunch and certificates of recognition were provided to the students.

### **Adopt a Family**

This is an annual philanthropy event where our chapter gives back to the community. We request a family of need from the Salvation Army. This year’s family was a single mother with two young boys. The chapter then organizes a drive to collect donations from faculty and students to fulfill the family’s wish list for the holidays. This year we were able to collect a money donation of more than \$350 as well as the majority of the items in the family’s wish list. All of the donations were neatly wrapped and the executive board delivered the gifts to the family. It was incredibly rewarding to see the student body unite and make a holiday wish come true for the less fortunate in our community. The Adopt-A-Family program has been a philanthropy tradition for our chapter, and this activity will continue for years to come.

### **Healthy Body and Mind Session**

This is a new meeting organized by our chapter to was promote physical activity and healthy life style among the students during high stressful times during their academic and professional careers. The session was open to everyone and lunch was provided to the attendees. We reserved

a large lecture hall and the event was well-perceived and attendees asked for more sessions about healthy lifestyle choices. Due to time constraints, we were unfortunately unable to hold another session. We hope this event becomes a tradition of our chapter for the years to come.

#### Health Services Collegiate Programs with the U.S. Navy

This was our last event of the year before the initiation banquet. We were able to host a U.S. Navy officer to come and speak to students about scholarships and opportunities for pharmacists and student pharmacists. The officer was able to answer all of our student's questions regarding applying. The event was open to everyone at the college. The purpose of this event was to provide unique, competitive career and scholarship resources to our outstanding students. The officers will be joining us in the future years and this event will be one of our chapter's traditions as well.

### Financial Budgeting

Financial/ Budgeting: Provide information on how your budget was determined and approved and how it supported your chapter's activities. Include information on fund-raising that was conducted to meet this budget. (Limit 250 words) (See Appendix 2 for Budget Example Template.) (For split campuses, please reference the budget items by campus.)

Fundraising projects for 2017-18 included bake sales held each semester A new fundraising idea was proposed by the president in 2016 which included the sale of the Sanford infectious disease pocket book.

For the initiation banquet, our chapter sent donation letters. The chapter received a donation of \$1500 from ScriptSave in Tucson and the rest of the banquet cost was all covered by the endowed Coit chair funds dedicated to school functions such as Rho Chi initiation. Details are provided in the table in appendix 2.

#### Rho Chi Chapter Annual Report 2017-2018

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance	Comment
<b>Balance forward</b>			\$5200.06	Balance from last year
<b>Bake Sale – Fall (9/7/17)</b>		\$123.37		\$8.00 from Venmo \$93.37 from cash \$22.00 from square
<b>August meeting with PLS (9/11/17)</b>	\$71.12			Split Pizza Hut pizza cost with PLS (originally \$142.24).
<b>ID Book Sale</b>	\$569.77	\$740.00		
<b>September Meeting (9/26/17)</b>	\$162.97			Frankie's Cheesesteaks
<b>Fall Academic Banquet (10/11/17)</b>	\$824.29		\$4463.87	Tucson – Old Peking (\$480 including tip) Phoenix – Corner Bakery Café (\$344.29 including tip)

<b>November meeting</b>	\$110.47			Hungry Howie's Pizza
<b>Donation to Salvation Army</b>		\$357 raised		All gifts donated. \$250 = venmo \$107 = cash/check \$67 on google doc from cash/check
<b>April-Navy General Meeting</b>	\$187.65			Hungry Howie's Pizza for Tucson and Pizza Hut for Phx
<b>Initiation Banquet</b>				
<b>ScriptSave Donation</b>		\$1500		
<b>Banquet</b>	\$1500			Coit fund paid for remaining total of banquet
<b>Chapter/National Membership Dues Collected</b>		\$3380		
<b>National Membership Dues paid-students/faculty</b>	\$1930.00			24 pharmacy students 2 graduate students 2 faculty students
<b>Envelopes order and Cords for graduating seniors</b>	\$327.50			
<b>Senior gift for Alpha Psi outstanding senior</b>	\$65.00			
<b>Bake sale-Spring</b>		\$108.88		
<b>Totals:</b>			\$5,283.84	

## Installation Function

### Location:

The initiation took place at the Arizona Inn in Tucson in April 12th at 6:30-9:00 pm

### Attendees:

Attendees included Rho Chi executive board members, chapter adviser, faculty guests including the dean of the college of pharmacy and two associate deans, two faculty initiates, two graduate students initiates, and 24 new pharmacy students initiates. A few of the new initiates' families and spouses attended as well. The donors were invited but could not attend, unfortunately.

### Guest speakers:

This year's guest speaker was Dr. Marie Chisholm-Burns. Dr. Chisholm-Burns is the dean of The University of Tennessee Health Science Center College of Pharmacy. She is also a Six Sigma Black Belt and a graduate of the AACP Academic Leadership Fellows program along with being nationally and internationally known for her work in improving health care and outcomes through increasing solid-organ transplant recipients' adherence to medication protocols, health literacy, and access to medical care.

## Evaluation/Reflection

This past year, the executive board worked tirelessly to implement new activities and changes geared toward the intellectual development of students and patient care. The chapter collaborated with the leadership society PLS to hold a question/answer session for the incoming first year pharmacy students to help them succeed academically as students and to learn how to effectively build leadership skills. The chapter also looked to expose the entire college of pharmacy to opportunities that they might not have known about with the general meeting with the United States Navy. It is an example of how the Alpha Psi chapter during the 2017-2018 academic year brought new opportunities to the College of Pharmacy that would have not otherwise been heard. Through the Stanford Infectious Disease Pocket manual sale the Alpha Psi chapter continued to promote high academic standards past the classroom and into the pharmacy student's professional career with the sale of an academic aid. Overall, the chapter implemented many changes to benefit the student's body at the college and to set an example of leadership, high ethical standards, and academic excellence.

### **Other Information**

The college started a phoenix cohort in 2016 and our chapter had 6 Rho Chi members in Phoenix initiated into the class of 2020. All meetings that were open to the entire student body such as the U.S. Navy meeting was broadcasted to Phoenix campus. We also have an education chair on our E-board. This past's year Education Chair was Chongwoo Sun and for the upcoming year it will be Ariane Guthrie.