Annual Chapter Report – 2016

Date of report submission: 05/15/2016

Name of School/College: Samford University; McWhorter School of Pharmacy

Chapter name and region: Beta Beta Chapter, Region III- Southeastern

Chapter advisor’s name and e-mail address: Dr. Robert Riggs ([rmriggs@samford.edu](mailto:rmriggs@samford.edu))

Delegate who attended the Rho Chi Annual Meeting: Andrew Parrish

Date delegate’s name submitted to Rho Chi.: 03/02/2016

**Past year’s officers and e-mail addresses:**

President: Andrew Parrish: aparrish@samford.edu

Vice President: Sarah Grace Gunter: sgunter@samford.edu

Secretary: Holly Simpson: hsimpso2@samford.edu

Treasurer: Anna Palmer: apalmer2@samford.edu

Historian: Dima Huneidi: dhuneidi@samford.edu

**New officers and e-mail addresses for next academic year:**

President: Josh Banbury: jbanbury@samford.edu

Vice President: Julia Drummond: jdrummo1@samford.edu

Secretary: Dwight Burnham: dburnham@samford.edu

Treasurer: Caitlin Campbell: ccampbe5@samford.edu

Historian: Sarah Wright: [swrigh10@samford.edu](mailto:swrigh10@samford.edu)

**Current members:**

Class of 2016: 22

Class of 2017: 27

Class of 2018: 17

**Meetings**:

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Attendance | Agenda | Action Steps |
| August 18, 2015 | Officer/Advisor meeting | Discussion of goals and plans for upcoming academic year | --Discuss goals  --Discuss events for the semester  --Review of budget |
|
| August 26, 2015 | Chapter meeting | Discussion of current plans for upcoming year; gather new ideas and goals to accomplish from chapter members | --Announced chapter meeting dates  --Reviewed current plan for the semester  --Asked for member feedback/new ideas |
| October 19, 2015 | Chapter meeting | Discussion of shipping books to Dominica and upcoming blood drive | --Reviewed logistics/budget for shipping books to Dominica  --Asked for blood drive volunteers (setup/cleanup, sign-in ,etc.) |
|  |  |  |  |
| January 12, 2016 | Chapter meeting | Approval of class of 2018 nominees | --Reviewed list of nominees  --Voted approve nominees |
| January 25, 2016 | Chapter meeting | Discussion of plans for the semester | --Reviewed upcoming events  --Gathered new ideas from members |
| April 5, 2016 | Open meeting | Guest speakers: P4 panel | --Hosted 4 P4 students to discuss APPEs and residency application  --Allowed P1-P3 students to ask questions |
| April 18, 2016 | Chapter meeting | Chapter officer elections | --Heard brief speeches by candidates prior to voting  --Voted to elect new President, VP, Secretary, Historian, and Treasurer |

**Strategic Planning**: What goals were set that relate to the Rho Chi mission?

1. Invest in the greater community through engaging educational events and initiatives.
2. Encourage and support intellectual development within the McWhorter School of Pharmacy.
3. Create opportunities for members to serve others.

**Activities**:

**Compounding Exercises with the Pickens County Health Scholars**

September 9, 2015

This is a new event for our chapter. A group of three Rho Chi members traveled to Pickens County, AL, approximately one and a half hours from campus, in order to talk about the profession of pharmacy and perform three compounding exercises with the students. We worked with about 20 high school students in all who were a part of the Health Scholars program. All of these students had an interest in the health care field and had to go through an application and interview process in order to be a part of the program. Through this event, the students learned more about the profession of pharmacy and were able to get hands-on experience with compounding. The compounding activities included a Magic Mouthwash suspension, a “Labetalol” suspension, and a sterile compounding exercise. The event was a resounding success, and we feel that this event definitely contributes to the development of intellectual leaders.

**P1 How to Succeed in Pharmacy School**

September 10, 2015

The transition to pharmacy school can be quite overwhelming for students. Therefore, several years ago, the Beta Beta chapter of Rho Chi decided to implement this event in order to help new students succeed as they start their pharmacy education. This year, a group of 8 Rho Chi members prepared a brief PowerPoint presentation to review topics that they felt were crucial in order to succeed in pharmacy school from the beginning. A variety of topics were discussed, including how to study effectively, how to set goals, and how to maintain a good school and life balance. This presentation was followed by an open conversation with the first year students, allowing them to voice their questions or concerns. The conversation was well received, and we feel that this activity helped to foster new intellectual leaders, which fits in well with the mission of the Rho Chi Society.

**Vampire Cup Blood Drive**

November 16, 2015

This year, the Beta Beta Chapter again collaborated with International Pharmaceutical Students Federation (IPSF) and the American Red Cross to host a blood drive for students and faculty on the campus of the McWhorter School of Pharmacy. In total, 30 units of blood were donated. While the full impact of this cannot be known exactly, we know that this effort helps to improve our community, and we are hopeful that our small contributions can help to save a life.

**Presentation on the Profession of Pharmacy to Kingwood Christian School**

January 21, 2016

At this event, two Rho Chi members traveled to a local high school in order to share about the profession of pharmacy. There were approximately 100 students that attended this event. The talk included information about all of the different areas of pharmacy, what the day in the life of a pharmacist is like, and what the students should be doing now in order to prepare for a career in pharmacy, among other things. This event went really well, and we were happy to be able to encourage young people to pursue their dreams.

**Compounding Exercises with Berry Middle School**

February 19, 2016

In addition to the event in Pickens County, members of the Beta Beta chapter also traveled to a local middle school in order to host a similar event. We gave a brief presentation about the profession of pharmacy and taught the students how to make a “Labetalol” suspension. All told, we performed this activity with four different classes, reaching approximately 100 students. We feel that events such as this are really impactful for kids of this age and accomplish our goals of fostering intellectual leadership and stimulating new thoughts in these students.

**Presentation on the Profession of Pharmacy to Shades Valley Technical Academy**

March 2, 2016

This event was almost identical to the event at Kingwood Christian School, but on a smaller scale. A presentation was made to a class of students that were interested in the health professions. Again, this presentation was well received, and we were thankful for the opportunity to invest in the lives of students in the community.

**APPE and Residency Advice from P4 Students**

April 5, 2016

This event consisted of a panel of four P4 students who answered questions about both APPEs and the residency application process. This allowed P1 through P3 students to ask specific questions or voice concerns that they had about these topics. The P4 students were an excellent resource as they have recently gone through the process and were able to give very specific advice to students. The event was well received, and we believe that it aligns well with Rho Chi’s mission to foster intellectual leadership.

**APPE Review Series**

April 18, 2016; April 21, 2016; April 26, 2016

One of the new initiatives for this year was an APPE Review Series for rising P4 students. The goal of this review series was to provide a brief review of major disease states that will likely be seen during rotations. Some of the topics presented include the following: diabetes, dyslipidemia, hypertension, heart failure, asthma, COPD, anticoagulation, arrhythmias, as well upper and lower respiratory tract infections. The review series was hosted on three separate days, with each day covering approximately three to four topics. Members of Rho Chi led each session and were expected to prepare a PowerPoint presentation on their assigned topic as well as a handout to distribute to those present. At the end of the review series, this material was compiled and shared with the class. Overall, this review series was a great success, and we hope that the chapter will continue this initiative well into the future.

**Drug Interaction Review for the Middle Alabama Area Agency on Aging**

This is another new initiative of the Beta Beta chapter. A representative from the Middle Alabama Area Agency on Aging contacted the pharmacy school soliciting help with reviewing patient drug sheets for interactions. We saw this as a natural fit for Rho Chi, so we volunteered to help out. Essentially, we reviewed the medications for interactions, wrote our recommendations, and returned them to the representative. This is an ongoing project in which the representative drops off new sheets and we turn in the reviewed ones. We hope that this partnership will continue well into the future.

**Financial/ Budgeting**:

At the beginning of the year the officers and advisor met to develop the budget. The main conclusion from this meeting was that we wanted to be conservative in our spending for this year. This meant providing inexpensive meals for meetings and looking for sponsorships for meetings when possible. Any new spending was to be approved by the treasurer and chapter advisor.

Overall, the chapter did a great job of minimizing expenditures; the ending budget is actually greater than the starting budget for the year. This sets the chapter up well from a financial standpoint for the future.

**Initiation Function**:

Each year, initiation is held in conjunction with Phi Lambda Sigma in a beautiful chapel on Samford’s campus (Reid Chapel). This year initiation took place on Thursday, March 31, at 6 PM. The initiation was followed by a reception in the pharmacy school. This year, the Beta Beta chapter initiated 24 new members in the presence of friends, family members, and faculty of the McWhorter School of Pharmacy. Dr. DeHart, Dean of Student Affairs, began the ceremony with a few brief remarks welcoming everyone and congratulating all of the new initiates. This was followed by the announcing of all of the new initiates by the chapter advisor, Dr. Riggs. As each initiate was called, he or she came forward to shake the hand of the President and receive a certificate from the Vice-President. After all of the names were called, the initiates were pinned by current members of Rho Chi. After the pinning, the officers for the current year read about the history of Rho Chi and performed the initiation ritual. All told, it was a very special evening for everyone involved.

**Evaluation/Reflection**:

This has been a very exciting year for the Beta Beta chapter of the Rho Chi Society. One of the main goals for this year was to invest back into the community through educational events and other initiatives. We feel that we have accomplished this goal through the continuation of the Vampire Cup Blood Drive and the addition of new initiatives such as reviewing drug interactions in partnership with the Middle Alabama Area Agency on Aging and the high school and middle school outreach programs. We feel that our chapter is in the unique position to impact the lives of students, and we are happy that we were able to reach out directly to over 250 students! These students were able to learn about the profession of pharmacy, as well as get hands on experience with compounding. Even if these students do not decide to pursue pharmacy, we are hopeful that these sessions encouraged them to discover their own passions. We are hopeful that the relationships established this year will continue to grow and develop, and we are hopeful that the chapter will have more opportunities to invest in the lives of students in the coming year.

Another goal for this year was to encourage and support intellectual development within the McWhorter School of Pharmacy. We feel that we have accomplished this by continuing the P1 How to Succeed in Pharmacy School event, and implementing new events such as the APPE and Residency Advice from P4 students and the APPE Review Series. In particular, we think that the APPE Review Series was a resounding success. Not only did it allow Rho Chi members to practice their presenting and teaching skills, but the attendees received a great review of major topics that will be seen during rotations. The feedback was overwhelmingly positive. The one improvement that could be made for next year is to add a few days for the review in order to allow more time for each topic. Due to time constraints, some of the material had to be covered rather quickly. In addition to adding a couple of dates, the chapter should consider recording these reviews for students that are unable to attend or would like to review the material again at a later date.

Moving forward, there is definitely an opportunity for the chapter to seek out more interprofessional learning opportunities. The McWhorter School of Pharmacy is moving to a new building that will house other health care disciplines, such as nursing and physical therapy. The Beta Beta chapter could take the lead in helping to design unique learning opportunities, thereby fostering collaboration and developing intellectual leaders.

We are so thankful for all of the successes of the past year, and we are confident that the future is going to be even better for the Beta Beta chapter.

**Other Information:**

The table on meetings makes a note about the discussions for shipping textbooks to Dominica, as a follow up to the textbook drive from last year. Initially, we thought that the shipping was going to cost about $450. However, we were actually able to use a connection of a faculty member to ship the textbooks for free, so that is why there is no further mention of the textbooks in the report.

**Appendix 1**

**Beta Beta Chapter Activities Report**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [Beta Beta, Samford University] Activity Table | | | | | | | |  |
| Category of Activity1 | Title of Activity | Brief Description2 | How Does This Activity Align With the Rho Chi Mission Statement? | Years the Activity has Been Ongoing? | If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year? | How Many Members Participated in the Activity? | How Many Students (non-members) and/or Patients were impacted by the Activity? | Financial Info |
| Intellectual Leadership Activities | P1 How to Succeed in Pharmacy School | P3 members discussed effective study habits, goal setting, and the importance of being a balanced student. | This event contributes to the development of intellectual leaders and encourages intellectual achievement | 4+ years |  | 8 | 50 | Lunch provided by the Dean of Student Affairs |
| Intellectual Leadership Activities | APPE and Residency Advice from P4 Students | A panel of 4 P4 students fielded questions from students concerning these topics. | This event contributes to the development of intellectual leaders. | New event | N/A | 4 | 40 | N/A |
| Intellectual Leadership Activities | APPE Review Series | Review of major topics such as diabetes, HTN, antibiotics, etc. for rising P4 students. | Encourages intellectual achievement and contributes to the development of intellectual leaders | New event | N/A | 8 | 135 | N/A |
| Intellectual Leadership Activities | Compounding exercises with Pickens County Health Scholars | Discussion of pharmacy and three compounding activities | Fosters collaboration and contributes to development of intellectual leaders | New event | N/A | 3 | 20 | N/A |
| Intellectual Leadership Activities | Compounding Exercises with Berry Middle School | Discussion of pharmacy and “Labetalol” compounding exercise | Fosters collaboration and contributes to development of intellectual leaders | New event | N/A | 4 | 100 | $124.67 for compounding supplies |
| Intellectual Leadership Activities | Presentation on the Profession of Pharmacy to KCS | Presentation about pharmacy to Kingwood Christian School high schoolers | Fosters collaboration and contributes to development of intellectual leaders | New event | N/A | 2 | 100 | N/A |
| Intellectual Leadership Activities | Presentation on the Profession of Pharmacy to Shades Valley Technical Academy | Presentation about pharmacy to Shades Valley Technical Academy students | Fosters collaboration and contributes to development of intellectual leaders | New event | N/A | 1 | 20 | N/A |
| Patient Outreach Events/ Community Service | Vampire Cup Blood Drive | In collaboration with IPSF, we hosted a blood drive on campus. | Fostered collaboration and promoted ethical standards by contributing to the community. | 4+ years | Based upon feedback from previous years, we decided to partner with the American Red Cross this year as opposed to other organizations. | 6 | 30 | $163.90 for the Apple TV prize |
| Patient Outreach Events/ Community Service | Drug Interaction Review for the Middle Alabama Area Agency on Aging | Reviewed drug charts for drug interactions for a local agency. | Fostered collaboration | New event | N/A | 7 | 25 | N/A |

**Appendix 2**

**Expenditures of Beta Beta Chapter for 2015-2016 Academic Year**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ITEM** | **Amount Debited ($$ spent)** | **Amount Credited ($$ raised)** | **Balance** | **Comment** |
| **Balance forward** |  | $1,940.48 | **$1,940.48** | Balance from last year |
| Apple TV | $163.90 |  | $1,776.58 | Prize for Blood Drive |
| Panera Bagels | $30.78 |  | $1,745.80 | Chapter Meeting (01/25/16) |
| Compounding supplies | $124.67 |  | $1,621.13 | Supplies for Berry Middle School Visit |
| Rho Chi cords | $262.50 |  | $1,358.63 | for graduation |
| Dues |  | $600 | $1,958.63 | 24 new initiates, $25 chapter dues |
| **Current balance** |  |  | **$1,958.63** |  |
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