Annual Chapter Report - 2016

Please complete your Annual Chapter Report, adhering strictly to the format below, and submit it to the National Office via e-mail (RhoChi@unc.edu) by May 15.

General formatting guidelines:

* Adhere to the page/word limitations specified in each section.
* Use 12 point, Times-New Roman, font.
* Do not include any attachments or appendices.
* Submit as a Word Document.

Date of report submission: May 14, 2016

Name of School/College: University of Cincinnati

Chapter name and region: Beta Nu Region IV-East

Chapter advisor’s name and e-mail address: Dr. Bradley Hein heinbe@ucmail.uc.edu

(If chapter has a co-advisor, please list name and email address):

For split campuses, please list advisor and email address for each campus, if applicable:

Delegate who attended the Rho Chi Annual Meeting: Lars Almassalkhi

(Note: Any chapter failing for three successive years to have a delegate at the National Convention shall be declared “inactive” by the Executive Council and may not elect members unless and until reinstated – Article 4, Section 3, Rho Chi Society Bylaws) Note that Advisors attending the National Conventions may serve as delegates in the absence of a student or non-student member delegate—Article 7, Section 7, Rho Chi Society Bylaws.

Date delegate’s name submitted to Rho Chi.: March 1, 2016

Past year’s officers and e-mail addresses:

President: Collin Jakubecz jakubecm@mail.uc.edu

Vice President: Rachel Ruehl ruehlrl@mail.uc.edu

Secretary: Chris Gibson gibsonc6@mail.uc.edu

Treasurer: Mollie Beck beckm4@mail.uc.edu

Historian: Hannah Adams adamshc@mail.uc.edu

Tribunal Representative: Anna Green green2ae@mail.uc.edu

New officers and e-mail addresses for next academic year:

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

President: Darby Cochran cochrada@mail.uc.edu

Vice President: Amanda Gibson gibsoak@mail.uc.edu

Secretary: Marie Yasuda yasudame@mail.uc.edu

Treasurer: Betty Petrovich petrovby@mail.uc.edu

Historian: Emily Metzker metzkeea@mail.uc.edu

Tribunal Representative: TJ Dorow dorowtj@mail.uc.edu

Number of Rho Chi student members at college or school, listed by class year and program (and by campus if more than one campus):

PharmD. Class of 2016 #19

PharmD. Class of 2017 #22 (of which there were #2 Ph.D. in Pharmaceutical Sciences students, and #1 M.S. (Masters of Science) student, and #19 PharmD students)

PharmD. Class of 2018 #19

**Meetings**: Provide information on meetings held in the following tabular format (Limit 1.5 page)

**Note: If your chapter is part of a split campus, please list the meetings with campus reference under the Attendance (i.e. A, B or 1, 2 with a note to indicate the campus of reference).**

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Attendance | Agenda | Action Steps |
| March 2, 2015 | General Body Meeting: Class of 2016 and Class of 2017 | New Officer Elections | Class of 2017 members vote on the new executive board members for 2015-2016 |
| April 17, 2015 | General Body Meeting: Class of 2017 | Discuss volunteering responsibilities and specifics of staffing Saint Vincent de Paul Charitable Pharmacy | Present a brief introduction to Saint Vincent de Paul and explain why we are volunteering and how we can make a great impact on the community. Discuss with members a date that is agreeable to meet for an orientation session. |
| April 28, 2015 | 2014-2015 and 2015-2016 Executive Boards | Executive board transition meeting | Responsibilities of the executive board members were discussed in detail and the new executive board is officially installed in their new roles. |
| May 1, 2015 | General Body Meeting: Class of 2017 | Orientation for members at Saint Vincent de Paul Charitable Pharmacy | New members met with employees of Saint Vincent de Paul to discuss procedures of the pharmacy and what to expect when volunteering. |
| September 4, 2015 | General Body Meeting: Class of 2017 | Welcome back members. Discuss plans for the new school year. Make plans for the College of Pharmacy Pig Roast | Check in with all the members and make sure that everything went smoothly over the summer with volunteering. Discuss the “Taste of Pharmacy” event in which our chapter raised $120 selling merchandise. Coordinate the Corn Hole tournament at the College of Pharmacy Pig Roast and advertise to the school. |
| November 6, 2015 | On Track Luncheon with Class of 2017 as well as top 25% of Class of 2018(potential members) | Give potential members an informational session about Rho Chi and the responsibilities of its members. | A PowerPoint was given to prospective members that described what Rho Chi is and how they can become a member. Email invitations were sent out for the event several weeks in advance. |
| January 29, 2016 | General Body Meeting: Class of 2017 | Start making plans for the Rho Chi OTC Challenge at the college of Pharmacy. Vote on a Faculty Excellence Award Winner. Discuss tutoring experiences. | OTC Challenge plans were made and the date was set for March 8, 2016. It will be conducted as a jeopardy style game with teams of 4 students. Members voted on the 2016 Faculty Excellence Award Winner to be presented at the Initiation Function in March. This year’s recipient was Dr. Patricia Wigle. Associate Dean Andrea Wall spoke with members about tutoring experiences and we brainstormed some ways in which the program could be improved. |
| January 28, 2016 | Leadership Lunch Meeting attended by Collin Jakubecz. Sponsored by PLS | Discuss leadership opportunities within Rho Chi | Collin spoke with several students about executive board positions within Rho Chi and how to get involved with the organization. |
| February 18, 2016 | General Body Meeting: Class of 2017 and Class of 2018(elected but not yet initiated) | Discuss the initiation function with newly elected members and introduce the executive board responsibilities | Discuss the specifics of the initiation function with members and answer any questions that are posed. |
| March 11, 2016 | General Body Meeting: Class of 2017 and Class of 2018 | Executive Board Elections | Class of 2018 members vote on the new executive board members for 2016-2017 |
| April 5, 2016 | 2015-2016 and 2016-2017 Executive Boards | Executive Board Transition Meeting | Responsibilities of the executive board members were discussed in detail and the new executive board is officially installed in their new roles. |

**Strategic Planning**: What goals were set that relate to the Rho Chi mission? (Limit 0.5 page)

The mission of Rho Chi is very important to our chapter and when the new executive board took over we made sure to set goals to align ourselves with the mission of Rho Chi. First and foremost we wanted to make sure that we were promoting intellectual achievement in pharmacy. Our goal was that through our activities such as our OTC Challenge, tutoring, and creation of the *Brains and Guidelines* we would be able to have this impact. Our other main goal for this year was to foster collaboration both among members and nonmembers. It took a lot of collaboration to coordinate our volunteering and tutoring efforts this year and our goal of collaboration made these events run very smoothly. Another goal we set was to increase the participation of students in our events. In the past we struggled to get a lot of attendance to our events so we wanted to address this issue this year. We increased our advertising efforts this year by putting up flyers for our events, sent out emails to the student body, and promoted the events by word of mouth. Our efforts paid off this year because our attendance at events was as high as ever this year. At our first meeting of the year, we went over the mission statement of Rho Chi and made sure that each member was aware of what the organization stands for; encouraging and recognizing intellectual achievement, stimulating critical inquiry to advance pharmacy, contributing to the development of intellectual leaders, promoting the highest ethical standards, and fostering collaboration. We challenged each other to hold one another to these high standards and represent the organization proudly. We are extremely pleased with the results we saw this year.

**Activities**: This section is usually the primary focus of the report. The chapter reports should contain detailed descriptions of all activities developed and conducted to further the society’s mission (See Appendix 1 for Chapter Activities Report Template). (For split campuses, please reference the activities by campus.) It may contain a combination of activities within the college and/or university as well as activities that provide outreach outside the academic community. School-wide events that provide evidence of intellectual leadership (e.g., a sponsored lecture, symposium, poster session, etc.) may be included. Service activities for non-members such as tutoring may be included. It is recommended that students also provide at least one community service activity outside of the academic institution (e.g., volunteering at a long-term care facility, providing health information to patients/citizens in the community, etc.) provided that it is consistent with the mission of the Rho Chi Society. The description must include whether these activities are on-going (if so, for how long) or are new initiatives. (Limit 1500 words)

Beta Nu had a very busy and event filled year, during which we participated in many activities. Our main community service event this year was a continuation of something that our chapter has been doing for many years. We were able to continue our volunteering at Saint Vincent de Paul Charitable Pharmacy, which provides medications free of charge to residents of Cincinnati that would otherwise not be able to afford them. As volunteers, we are able to counsel patients on their medications, fill their prescriptions, and participate in any other areas that we are needed. We have been able to make an impact not only on hundreds of community members that use the service but also help to sustain a pharmacy that is perpetually understaffed and always in need of help. As a chapter we are proud to say that we have had at least one volunteer at the pharmacy every Saturday morning for almost 2 years in a row now. Giving back to the community is something that our members are very passionate about and it has been a great experience for all involved.

Our chapter also participated in some intercollegiate activities as well. Our first event of the year was a Corn Hole tournament at the College of Pharmacy’s Pig Roast in the fall. The Corn Hole tournament was a very fun way to team up and collaborate with teammates in a friendly competition. We had a mix of students, faculty, family, and friends at the event and it was a great way to get to know each other outside of the classroom. Teams were able to buy-in for 10 dollars and the winning team took home all of the winnings. We had 14 teams enter the tournament overall, and win or lose each of the teams had a good time bonding.

Our other intercollegiate event from this past year was our OTC Challenge. During this event teams of 4 students from any class could team up to answer jeopardy style questions about various OTC medications with topics including, pain relievers, drugs and pregnancy, allergy medications, etc. We were very lucky to have great support from our faculty as we were able to have 3 faculty judges for the event. The winning team went on to represent our College at the state level during the OTC Challenge hosted by the Ohio Pharmacist’s Association in April. The winning team had 3 current Rho Chi members, and although they didn’t win at the state level, they made us very proud.

Throughout the year almost all of our members participated in our tutoring program. For the past several years our members have been very active tutors within the college and this year we were happy to continue tutoring students. At the beginning of the school year our treasurer Mollie, who was in charge of the tutoring program, sent out a survey asking members which subjects they would comfortable tutoring students in. Then when a student needed assistance in a certain class they could contact one of our tutors about setting up a one on one study session. During these sessions the tutors would answer any questions for the students, help the student to understand the material, as well as giving helpful study tips. About half way through the year we met with Associate Dean Andrea Wall to discuss as a chapter how we thought the program was doing. After a thorough discussing we came to the conclusion that while one on one sessions can be helpful, many students did not reach out for tutors because they felt that there was some stigma associated with being tutored. In an effort to combat some of the apprehension that some students may have about being tutored our chapter decided to pilot a “study lab” once per week with an open door policy. The idea was that we would have 3-4 Rho Chi members in a room where anyone can come in and ask a question about homework, exams, lab, or even just helpful study habits. It was our hope that this informal setting may make students more comfortable to come forward and ask for help from their peers. We started piloting the “Studying for Success Study Lab” in February, and while it started out slowly at first, the program began to gain traction from March into April. We would routinely have students come in every week and ask questions that they needed a little more clarity on. We found that students learn extremely well from each other because their perspectives align very closely, and that often translates to explanations that make sense and lead to understanding of the material. We hope that this program continues to flourish next year and beyond so that our members can continue to foster academic excellence within the James L Winkle College of Pharmacy.

All of our members also participate in the update our chapter’s production of *Brains and Guidelines*. The *Brains and Guidelines* are very useful resources that contain lab values, reference charts, and abbreviations as well as condensed versions of treatment guidelines. Both of these resources are very popular among students on APPEs, professors, and even physicians. Every year each member of Rho Chi picks several sections of each resource and makes sure that they are updated with the most current information from the relevant guidelines or sources. We then are able to print up these resources and sell them to members of the college that are interested in purchasing them. These sales are typically our biggest fundraiser of the year because there is always a large amount of interest in the *Brains and Guidelines*. This year we actually sold out of both the brains and guidelines after only 3 weeks of selling them. Not only does do these sales benefit our chapter financially; these resources are extremely helpful and help promote highly intellectual practice of pharmacy.

Another event that our chapter was able to participate in was an event put on by the College of Pharmacy called “A Taste of Pharmacy”. At this event all the organizations at the College of Pharmacy got together to showcase their organization to the incoming P1 class. During this event several members from our chapter made a poster that showed the activities of our chapter, and we were able to explain the mission and goals of our chapter of Rho Chi to prospective members. At this event we were also able to sell some merchandise that we had left over from previous years, so we were able to use the event as a fundraiser of sorts as well. Being able to speak with the student body was a great way to encourage students to strive to become intellectual leaders in pharmacy and potentially one day join us as members of this great organization.

**Financial/ Budgeting**: Provide information on how your budget was determined and approved and how it supported your chapter’s activities. Include information on fund-raising that was conducted to meet this budget. (Limit 250 words) (See Appendix 2 for Budget Example Template.) (For split campuses, please reference the budget items by campus.)

Budgeting for our chapter was a collaborative effort between our faculty advisor as well as our treasurer. Both of them keep a close eye on our finances and made sure that we were spending within our means. Our largest expense incurred each year is our initiation dinner that occurs in the spring. The cost of the event typically is around 3,000 dollars but most of this money is made up by having guests pay for their meals(30 dollars each). New initiates don’t have to pay for the dinner directly but they do pay chapter dues that help to cover any additional costs of the initiation function as well as food for our lunch meetings. Typically, we would budget about 60-80 dollars for food at every meeting. For our OTC challenge we did provide prizes for some of the top finishing teams, we budgeted 80 dollars for these prizes and that money came out of our chapter bank account. Our other major expense for the year was the printing of our updated Brains and Guidelines, which cost our chapter 1,130 dollars this year to print 100 copies of each. We sold the Brains for 10 dollars each and the Guidelines for 20 dollars each. We were able to sell all the copies that we printed and therefore made 3,000 dollars off of the sales, allowing us to make a profit for the chapter off of the sales. By minimizing our expenses throughout the year and with sponsorship help from the Dean’s office for some of our events, we were able to net make money for the chapter with our fundraising efforts.

**Initiation Function**: Describe the initiation function, including when and where it took place, who attended it (not specific names), information on the speaker (if applicable), etc. (Limit 250 words)

The new member initiation function took place on March 10, 2016 at the Kingsgate Marriott at the University of Cincinnati. Nineteen new members were initiated at the event that was attended by family, friends, faculty of the college, as well as current members of Rho Chi. President Collin Jakubecz and Dean Neil MacKinnon made some welcoming remarks to the attendees and congratulated the new initiates on this achievement. Faculty advisor Dr. Brad Hein then recognized the work of this year’s executive board and the work that was put into planning the event. Dinner was served to guests as our keynote speakers Mr. Don Ruwe and Mrs. Paula Miller gave their thoughts on the past and present of pharmacy, respectively. After dinner the initiation ritual took place and the nineteen new members were officially initiated into Rho Chi. After the ritual Vice President Rachel Ruehl presented the 2016 Rho Chi Faculty Excellence Award to Dr. Patricia Wigle. A gift was given to faculty advisor Dr. Brad Hein by President Collin Jakubecz. Dr. Hein then made some closing remarks which concluded an evening what was enjoyed by all.

**Evaluation/Reflection**: Provide a reflective paragraph that evaluates the effectiveness of your activities and ways to improve. (Limit 500 words)

Reflecting back on this past year, our chapter is very proud of what it has been able to accomplish. We were able to continue traditions from past years as well as implement new ideas that we hope will flourish over the years to come. The key to our success this past year was that our hard work was truly a team effort. Every member played a key role in making sure we could meet the goals we made for ourselves at the beginning of the year. Whether it was volunteering on a Saturday at Saint Vincent de Paul, tutoring a student in need, stepping up and helping the executive board plan some of our events, this was truly a great team effort and we are extremely pleased that we were able to accomplish what we did. Continuing the great traditions of previous years is something we as a chapter are very happy to do, but the innovation we were able to have this year, particularly with the development of the new “study lab” is what our chapter is most proud of. Innovation is always necessary to make sure that you can continue to make a difference and that is exactly what we feel we can do with the study lab. We are confident that this study lab will continue to be a great resource to students for many years.

Looking forward, our chapter can continue to improve by becoming even more involved in the College of Pharmacy. Our chapter feels that it has a lot to offer to the College of Pharmacy and the community surrounding it. By reaching out even further we can continue to foster intellectual achievement and promote the highest ethical standards to make sure that we can continue to advance the profession of pharmacy in the right direction.

**Other information**: If you would like to provide other information about your chapter that was not included in the above categories (e.g., development of a new website, organizing a regional meeting, etc.), add it here: (Limit 500 words)

**If your chapter would like to be considered for the Most Improved Chapter Award, please complete the following form on a separate page.**

Most Improved Chapter Award

Some chapters have been relatively inactive in past years, but current students/advisors have made great strides to increase the activities/projects of their chapters. Rho Chi has instituted a designation for the “Most Improved Chapter Award” to recognize such strides. In order to be eligible for this award, a chapter must meet all the basic chapter requirements requested within the chapter annual report. Furthermore, the chapter annual report, names of elected officers, and the name of the chapter delegate to the Rho Chi Society National Office must be submitted to the Rho Chi National Office by the respective deadlines for each of these items. The chapter must send a representative to the Rho Chi Society Annual Meeting. In addition, chapters must have “active” chapter status for at least 2 consecutive years (e.g., new schools must be in at least the third year of chapter activity).

If your chapter would like to be considered for the “Most Improved Chapter Award,” indicate the significant improvement(s) of your chapter below. Limit to one page.

Name of School/College:

Chapter name and region:

Name of member submitting statement:

Name of Chapter Advisor:

**Appendix 1**

**Chapter Activities Report Template**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [Beta Nu, University of Cincinnati] Activity Table | | | | | | | |  |
| Category of Activity1 | Title of Activity | Brief Description2 | How Does This Activity Align With the Rho Chi Mission Statement? | Years the Activity has Been Ongoing? | If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year? | How Many Members Participated in the Activity? | How Many Students (non-members) and/or Patients were impacted by the Activity? | Financial Information for the Activity [Budget Required, Fundraising Amount] |
| Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.) | 1.Tutoring  2. OTC Challenge | 1. Rho Chi members would spend time individually tutoring students in a variety of subject matter. In addition to tutoring individually, members began a new “study lab” in which students could come ask questions of Rho Chi members in a very informal manner, thereby reducing the stigma of “being tutored”  2. Teams of students answer jeopardy style questions to see who knows the most about OTC products. Winning team goes on to the state level. | 1.Tutoring fellow students certainly promotes academic excellence in pharmacy by helping classmates to learn as much as possible while in pharmacy school.  Tutoring also helps advance and give back to the profession by assisting struggling students to foster the development of competent professionals.  2. This event fosters collaboration among team members as well as recognizing intellectual achievement in pharmacy by having the winning team represent our college. | 1. Formally since 2013; Informally for 10+ years.  2. 3rd year | 1. This year we met with our associate dean to discuss how the tutoring program was working and how it could be improved. Members discussed their experiences and through this discussion we were able to come up with the idea of our “Studying for Success Study Lab” which was an open time in which students could come and discuss good study habits or specific questions from some of their courses and get assistance from Rho Chi members.  2. This event has been evaluated every year and we have been trying to do a better job advertising the event to the college to increase the participation. | 1. 15  2. 6 | 1. 30  2. 18 | 1. None  2. 80 dollars for consolation prizes for 2nd and 3rd place |
| College of Pharmacy Events [non-academic, non-patient outreach] | 1. Annual Back-to-School Pig Roast and Corn Hole Tournament. | At the beginning of each school year the College of Pharmacy holds a welcome back pig roast for the faculty and staff. Rho Chi hosts a Corn Hole tournament during the pig roast for faculty and students to play against each other. | This activity promotes fellowship among our members and fellow classmates to create a bond and unite us as a profession. | 6 years | This event is discussed during our first meeting back from Summer break and we evaluate the interest from the school by putting up flyers and sending emails to the entire college. We are very proud that this event has continued to produce a great turnout year after year. | 10 | Corn Hole Tournament: 18 | All entrance money was awarded to the winning team |
| Patient Outreach Events/ Community Service | St. Vincent de Paul Charitable Pharmacy | St. Vincent de Paul provides free medications and pharmaceutical care (MTM services, blood pressure and blood glucose screenings, vaccines, etc.) to patients living in the Cincinnati area. Students are expected to volunteer to fill Saturday morning shifts each week throughout the year. | This activity aligns with Rho Chi’s mission statement by teaching academic excellence through an outreach activity that benefits the community in which we live. It advocates critical inquiry in all aspects of pharmacy. | Members have been volunteering at SVdP for at least 10 years. It is a tradition that we are proud to carry on. | Volunteering is a constant topic of discussion at our meetings. We are always getting feedback from our members on how we can improve the program. We recent implemented a Signup Genius to help with the ease of signing up for shifts. An orientation session that is held in May of each year helps students get acclimated as well as allowing us to get feedback from the staff of the charitable pharmacy. | 19 | 6 Full-Time employees benefitted from our services, in addition to hundreds of patients who receive free prescriptions from our services at this pharmacy. | None |
| Fundraising Events | *Brains & Guidelines* sales  Taste of Pharmacy Merchandise Sales (t-shirts, lanyards, extra *Brains & Guidelines*) | *B&G’s* are sold in the Spring each year to students, pharmacists, and faculty members. They are updated yearly by members and contain current guidelines, lab values, SOAP note guides, calculations, antimicrobial coverage, and an OTC medication overview. | This activity aligns with Rho Chi’s mission statement by teaching academic excellence through an individual learning activity, since each student is responsible for updating 2 sections for the guidelines on is/her own. It advocates critical inquiry in all aspects of pharmacy. | Rho Chi students have been making Brains & Guidelines for the past 5+ years. | This activity also receives constant improvement and evaluation. Each year the guidelines and layout of the *Brains & Guidelines* are updated based on feedback received from those who purchase our product. | 19 | The entire student body, current pharmacist, faculty members and deans who purchase our product. | $1,130 |

Guidelines:

1. For each activity within a category use a separate line in the table (you may add more lines as you see fit)
2. Keep your descriptions of each activity brief limiting overall table to 3 pages or less.

Appendix 2

Rho Chi Chapter Annual Report Template and Example.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ITEM** | **Amount Debited ($$ spent)** | **Amount Credited ($$ raised)** | **Balance** | **Comment** |
| **Opening Balance** |  |  | **Unknown** |  |
| **Corn Hole Tournament Profit** |  | **$0** | **$0** | **All of $ went to 1st, 2nd and 3rd place teams divided up evenly** |
| **Taste of Pharmacy Sales** |  | **$200** | **+$200** |  |
| **Initiation Banquet: Food** | **$2,325** |  | **-$2,125** |  |
| **Initiation Banquet: Audio/Visual** | **$50** |  | **-$2,075** |  |
| **Initiation Banquet: Service Charge (for Food + Audio/Visual)** | **$570** |  | **-$2,645** |  |
| **Initiation Banquet: Alcohol (+ Service Charge)** | **($1,200)** |  | **N/A** | **Paid for by the Dean’s Office** |
| **Initiation Banquet Money Received** |  | **$2,260** | **-$385** | **$30/current member; $30/family member; free for new initiates** |
| **Food / Drinks for Biweekly Meetings(Entire year)** | **$500** |  | **-$885** | **19 students, 1 advisor** |
| **“On Track Luncheon”** | **(N/A)** |  | **N/A** | **48 total in attendance; Food/Beverages provided for free courteous of the Dean’s Office.** |
| **OTC Challenge – 2nd & 3rd Place Starbucks Gift Cards** | **$80** |  | **-$965** | **2nd place: $10 x 4 = $40**  **3rd place: $10 x 4 = $40**  **Total: $80** |
| **Rho Chi Peripheral *Brains & Guidelines* Printing Cost** | **$1,130** |  | **-$2,095** |  |
| **Rho Chi Peripheral *Brains & Guidelines* Sales** |  | **$3,000** | **+$905** | ***Peripheral Brain*: $10; *Guidelines*: $20**  **x 100 of each** |
| **New Member Chapter Dues** |  | **$1,045** | **+$1,950** |  |
| **Rho Chi Faculty Excellence Award** | **$50** |  | **+$1,900** |  |
| **Closing Balance** |  |  | **$1,900 + unknown opening balance** |  |