

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-14

Name of School/College: University of Cincinnati James L. Winkle College of Pharmacy

Chapter Name & region: Beta Nu, Region IV - East

Delegate who attended the Rho Chi Annual Meeting: Sydney Allen

Date Delegate's name submitted: 2018-03-08

Past year's officers and e-mail addresses

President

First Name

Bethany

Last Name

Tabeling

Email

tabeliba@mail.uc.edu

Vice President

First Name

Jessie

Last Name

Rice

Email

lipstrjl@mail.uc.edu

Secretary

First Name

Kasey

Last Name

Schiff

Email

schiffbk@mail.uc.edu

Treasurer

First Name

Sydney

Last Name

Allen

Email

allen3sr@mail.uc.edu

Historian

First Name

Chris

Last Name

Marsman

Email

marsmacr@mail.uc.edu

New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

President

First Name

Lisa

Last Name

Daniel

Email

daniell5@mail.uc.edu

Vice President

First Name

Timothy

Last Name
Rice

Email
ricett@mail.uc.edu

Secretary

First Name
Rebekah

Last Name
Hiler

Email
hilerry@mail.uc.edu

Treasurer

First Name
Doug

Last Name
Meyer

Email
meyer2ds@mail.uc.edu

Historian

First Name
Tyler

Last Name
Mack

Email
macktk@mail.uc.edu

Chapter advisor's name and e-mail address

First Name
Bradley

Last Name
Hein

Email
heinbe@ucmail.uc.edu

Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

This year, the Beta Nu Chapter of Rho Chi at the University of Cincinnati James L. Winkle College of Pharmacy has had many successes. This year we initiated 21 new members into Rho Chi (3 graduate students and 18 PharmD students) to join the current 20 members of the Rho Chi Class of 2019 and 19 members of the Rho Chi Class of 2018. This past year, we started a new fundraising event, had more participation from the members in our organization, and provided service outreach to a local charitable pharmacy. We were surrounded by Rho Chi members who were determined to help not only the community but also students at the college. Without all of our members on board, we would not have been able to accomplish so much this past year.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-08	Class of 2019 (20)	Fundraiser and tutoring update and announcing of On-Track Luncheon Date	Members were updated by the Vice President about Top 200 Flashcard sales. Treasurer expressed need for more tutors and explained to members how to get involved. On-Track Luncheon date was announced.
2017-10-25	Top 25% of class of 2020 and current 2019 class members (36)	Overview of Rho Chi as a chapter and what we take part in over the year	Potential new members were invited to hear a presentation about the Rho Chi organization and Beta Nu chapter and to socialize with current members to learn more about the chapter
2017-11-08	Class of 2019 (18)	Provide photos of Memorial Hall to members and announce Ornament Exchange ideas	Current members were given photos of the Memorial Hall where the initiation could potentially take place. A vote was taken to see if this location won. Brainstorming of ornament exchange went on for the last meeting of the semester.
2018-01-26	Class of 2018 and 2019 (39)	Initiation details, Faculty Excellence Award Vote	Details of initiation were discussed. Invitations were handed out to class of 2020 for initiation. Members of the class of 2019 voted on the annual Faculty Excellence Award.

Strategic Planning: What goals were set that relate to the Rho Chi mission?

The goals that were set for the Beta Nu Rho Chi chapter were chosen in alignment with the mission of the society. Our main focus was “to contribute to the development of intellectual leaders”. Our Rho Chi

chapter hosted several events including the annual OTC Challenge and weekly Study Lab. We continued with the production of the Brains and Guidelines and Top 200 Flashcards. Also, we started a new production, OTC Flashcards. These items are sold to students of our college to promote success in the classroom, on rotations, and beyond. We succeeded in achieving this goal through collaboration with other organizations and faculty and students at the college of pharmacy. We also were able to “foster collaboration” as we helped with the success of our first pharmacy 5K run for the college of pharmacy this past fall. Our chapter helped with the planning and executing of the 5K this year alongside our other organizations at the college for a successful turnout. We also set a goal to get members more involved in the study lab each week. Through our efforts, we were able to provide quizzes and jeopardy games made by Rho Chi members for the students at the college of pharmacy to prepare for their upcoming exams. Another goal of our chapter this year was to expand our fundraising efforts in hopes that we could have our initiation at an outside venue. We exceeded our goal and were able to host the initiation for the first time at an outside venue which was at Memorial Hall this year. Our newest production of the OTC Flashcards helped us achieve our goal as we advertised our efforts this year and spread the word about how valuable these productions were. Our efforts paid off as we sold over 120 sets of Top 200 flashcards and over 70 sets of OTC flashcards. Our chapter this year as a whole was very supportive of each member and we helped one another achieve these goals. For these reasons, our chapter was very pleased with the outcomes we saw over this past year. We are very proud of our endeavors we accomplished this past year.

Activities

The Beta Nu chapter of Rho Chi had an eventful past year as we furthered the mission of Rho Chi and developed events to achieve our goals as a chapter. Below is a description of each event Rho Chi was a part of this past year.

OTC Flashcards: This year, our chapter started a new fundraiser-OTC Flashcards. Each member of Rho Chi received 3-4 subject areas that are common in the community setting when it comes to OTC treatments. Each member was involved in this effort and submitted their cards for review to the Vice President, Jessie Lipstreuer. Jessie then would format each card and printed the cards on nice cardstock to allow students to purchase the cards as a quick review of diseases and treatments that are available over-the-counter. We saw a very big increase in sales in our P2 class as they had the OTC course this year as well as older classmen who wanted refreshers on the treatments before rotations and to help in skills lab. We sold over 50 cards in our first print and due to popular demand, had to submit over 20 more copies for printing due to the increased interest of the cards. We hope that the class of 2020 continues this fundraiser and finds these cards as a way to help increase fundraising efforts.

Top 200 Flashcards: This year, our chapter continued the newer fundraiser that last year’s members created-Top 200 Flashcards. Many hours were spent reviewing and editing the last year’s version of the cards by faculty, staff, members of Rho Chi and our advisor, Dean Hein. The flashcards were updated to reflect the newest information that had changed this past year by the vice president and president. The cards were ready to sell by the beginning of the fall semester. These flashcards included information such as: brand and generic drug name, drug class, indications, dose, adverse reactions, black box warnings, and drug-drug interactions. These flashcards serve as a useful resource for students of all levels at the College of Pharmacy as they take their “Top 200 Quizzes”, allowing students to excel in the classroom. We took orders from the entire school and sold over 120 sets with the orders. Alumni also bought the cards as a

refresher of the ever changing information on drugs to stay up to date. We had another successful year from our profits of the cards.

Personal Tutoring Services: Rho Chi members were encouraged to volunteer to tutor their peers who are struggling in class. A sign up was sent by Sydney Allen, Treasurer of Rho Chi to all Rho Chi members where each member could sign up for a specific subject they would like to tutor struggling students in. These members were then paired with a student looking for a tutor by the Associate Dean Andrea Wall. The students who reached out for help would decide with their tutor what areas they would like to focus on and would meet as many times as needed to go over material. This past year, tutors helped students grasp content material through electronic game formats of jeopardy and Kahoot as well as had some study questions for review of the material. The Beta Nu chapter has been providing formal tutoring services for 5 years, but has informally provided tutoring for students of the college for over 12 years.

Study Lab: Study Lab is a continuation of a program started 2 years ago that allows all students at the College of Pharmacy to come and go as they please to ask questions to Rho Chi tutors. Each week tutors are available in the study lab to answer any questions, go over subject material, or give advice on study tips. This weekly service prevented struggling students to be stuck with the stigma that may come along with having a personal tutor. Also, this helped students to get help in subjects without feeling like they had to approach someone formally. This year students who were performing poorly in classes were contacted and invited to come to the Study Lab so they felt welcomed by our members. This was not publicly shared and therefore avoided attaching a stigma with Study Lab. This year our study lab provided question and answer sessions that were advertised weekly as well as games that helped to review content in a fun way. We had an increased turnout this year due to our extra effort to make study lab a place where students could test their knowledge weeks prior to the exam.

Volunteering at Saint Vincent de Paul Charitable Pharmacy: Members of Rho Chi continued with a year-long community service project – volunteering at one of Cincinnati’s charitable pharmacies. This pharmacy provides medications to patients in the community who otherwise would not be able to afford them. Rho Chi members have been able to fill a staffing/volunteering void on Saturday mornings for the past 4 years. We help to fill prescriptions, counsel patients, and help with other projects around the pharmacy. Several members also participated in their “Punch Out” events where they unpack unit dose medications and their “Annual Inventory”. Without our members, the pharmacy would be unable to provide services to so many patients. They have come to depend on our service to accomplish their tasks as a pharmacy. Our members enjoy the unique experiences they gain while volunteering and are proud of the difference they are able to make in the community. St. Vincent de Paul Pharmacy also hosts an annual golf outing as a fundraising effort. Our Rho Chi chapter sponsored a hole at this event as a donation to the organization this past year.

Pharmacy 5K: Over the past year, the James L. Winkle College of Pharmacy Tribunal (student government) has been planning a new college and community wide event. The college has chosen to pursue a race to raise awareness to our profession, bring the community together, and create a valuable training opportunity for other marathons in the area. The Rho Chi chapter this past year went to monthly meetings to plan and execute details for the event. Members were involved in helping run the course and providing directions to the runners. The first annual race was this past Fall in 2017. Our members were happy to help with this amazing community-wide event and to raise awareness for pharmacy.

OTC Challenge: Beta Nu chapter in coordination with the Non-Prescription Medicine faculty hosted the 4th annual OTC Challenge at the College of Pharmacy. This was an intercollegiate event where teams of 4 students could sign up to play a jeopardy style game where they answered questions about over-the-counter medications. This year we had 6 teams participate and had 3 faculty judges. The winning team represented the James L. Winkle College of Pharmacy at the state competition at the Ohio Pharmacist's Association Conference in April where they came in second place. We budgeted approximately \$100 for supplies and prizes for this event.

Brains and Guidelines: Each year the Beta Nu chapter updates a production called "Brains and Guidelines". These documents were created by classes prior to ours as a fundraising opportunity. The "Brain" consists of lab values, reference charts, and abbreviations, while the "Guidelines" contain abbreviated versions of treatment guidelines for many common disease states. As treatment guidelines are constantly being updated, each of our chapter members are tasked with updating the guidelines for up to 3 disease states. These updated copies are then sold in April to students starting APPE rotations, preceptors, professors, and even physicians. This fundraiser helps our chapter financially, but more importantly helps students and practitioners practice in a time efficient and intellectual way. These have been produced and sold for over 6 years at the James L. Winkle College of Pharmacy.

Taste of Pharmacy:

Each year an organization fair called the "Taste of Pharmacy" is held during the first weeks of classes to help orient incoming students to the many organizations at the college. Rho Chi sets up a booth where we share the mission, vision, and activities of the organization with the PY1 students. This serves as a time to inform students of the requirements for membership and alert them early of the benefits of academic success through Rho Chi membership. During this time we are also able to sell merchandise stocked by the organization from previous years including lanyards, badge reels, blankets, and remaining "Brains and Guidelines". This year, we collected orders for the "Top 200 Flashcards" and "OTC Flashcards". Our organization has participated in this event for over 7 years. This year, our chapter also funded a basket giveaway at this year's event. Tickets were placed in our basket in an effort to win our basket. Our basket included a free voucher for Top 200 Flashcards, OTC flashcards and a lanyard that was auctioned off to a student who purchased tickets to bet on our basket. The funds went to the Tribunal Student Organization and the earnings were split between the organizations. This event also helped us in our fundraising efforts this year.

Hosting of the Foreign Exchange Student: This year, our James L. Winkle College of Pharmacy was fortunate enough to host a foreign exchange pharmacy student from Poland this past summer in 2017. The Rho Chi chapter along with other chapters at the college planned an event to do with the student during his time here in the United States. Our chapter showed the foreign exchange student the area close to the University of Cincinnati and had lunch at The Taste of Belgium that afternoon. Members of Rho Chi were present for the day to meet the student and answer questions he had about life in the United States as this was his first time visiting in the United States. Our members also gained knowledge of how pharmacy was practiced in Poland. Our members really enjoyed this one-of-a-kind experience this past year.

Spring and Fall Orientation For New Students: This year, our chapter helped with the new student orientation in May and August for the incoming PharmD students at the college of pharmacy. In May, members of Rho Chi set up our poster and discussed what Rho Chi was and what we do as an organization as an information session to new students. In August, the Treasurer, Sydney Allen and

President, Bethany Tabelaing provided a powerpoint presentation for 30 minutes to new students about study skills and what ways we have studied to help succeed in the rigorous PharmD program. As a whole, our chapter enjoyed this opportunity to reach out to new students, get to know them better, and provide resources for success. The last night of Fall orientation in August, members of Rho Chi went to restaurants in the Cincinnati area to help welcome the incoming class of 2021. Our members, along with members from other organizations hosted a dinner event at restaurants to help answer any questions as well as be mentors for them as they embark on their journey as a PharmD student.

Financial Budgeting

Our budget and financial planning was a collaborative effort between our chapter advisor, Dean Hein and the treasurer, Sydney Allen. Our advisor provided guidelines for price points to Sydney who then made all chapter purchases within the budget guidelines. We had several fundraising activities that allowed us to host our initiation dinner at Memorial Hall. New initiates are invited to the function at no charge, but guests were asked to pay \$25 for their meal. Dues paid by members cover the costs of the initiation ceremony and food for lunch meetings. We budget around \$80 for lunches during meetings. Last April, the class of 2018 hosted a recognition ceremony for Beta Nu’s 2018 Lecture Award Nominee in which \$550 was spent for a gift for the honoree and lunch for attendees. This year we took pre-orders for all three of our fundraising activities (“Top 200 Flashcards”, “OTC Flashcards”, and “Brains and Guidelines”) to avoid having to pre-pay for copies of these products as well as having a bunch of extra copies lying around since these productions are not up to date after the year in which they are printed. One set of Top 200 Flashcards was sold for \$20, a set of OTC cards was sold for \$12, Brains were sold for \$10, and Guidelines were sold for \$20. This year we tried to offset the cost of the event that the previous class had for the honoree last April as well as help to finance our initiation at the off-campus site of Memorial Hall. Over the past year, we have a net loss of around \$4900. This can be attributed to the Initiation Ceremony being at an off-campus location and having less students buy the Top 200 cards since it was the second year for this fundraiser and many students bought them last year. Even though we had a loss for the year, the ending balance is close to what the Rho Chi Class of 2018 started with for the previous year. Looking at different venues for initiation with less expenses and decreasing lunch spending will help the Rho Chi Class of 2020 make up for the losses.

Appendix 2

Rho Chi Chapter Annual Report Template and Example.

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance	Comment
Opening Balance			17,743.22	5/1/17
Credits		10958.66		
Debits	15858.86			
Ending Balance			12843.02	4/30/18

Installation Function

The 2018 Beta Nu chapter initiation took place on February 15th at Memorial Hall in Over the Rhine. Rho Chi members, 21 new initiates and their friends and family, faculty of James L. Winkle College of Pharmacy, and our keynote speaker were all in attendance. The welcoming speech was given by president, Bethany Tabeling and Dean Bradley Hein. Dean Hein thanked the Rho Chi members from the class of 2018 and 2019, and the executive board for their efforts over the previous year. Our key note speaker was Dr. Marianne Ivey, former Associate Professor of Pharmacy Practice and Administrative Sciences at the James L. Winkle College of Pharmacy. Dr. Ivey is currently President of the Hospital Pharmacy Section of the International Pharmaceutical Federation (FIP). Her impact on the international pharmacy world is evidenced by her being the recipient of the 2017 ASHP Board of Directors' Donald E. Francke Medal for her significant international contributions to advancing the practice of pharmacy. Dr. Ivey spoke about women in pharmacy and pharmacy leadership as well as her role in both. Dr. Ivey was presented with a gift of gratitude for speaking and for her contributions to our profession. The 21 new Rho Chi members were then inducted during the initiation ritual. After the initiation ritual, Jessie Lipstreuer, Vice President, presented Dr. Elizabeth Weed with the 2018 Rho Chi Faculty Excellence Award. President, Bethany Tabeling presented Dean Hein an appreciation gift for being a supportive advisor. Closing remarks were then given by Dean Hein.

Evaluation/Reflection

The Beta Nu chapter executive board, members, and advisor are very proud of the accomplishments achieved over the past year. We have been able to continue traditions from years past, and create new traditions to be carried on in the future. We achieved our goals by involving every member of Rho Chi in each activity and collaborating with other organizations to help achieve common goals. Our Rho Chi organization prides ourselves on the ability to involve every member of our chapter in our activities even if they do not hold a traditional leadership role on the executive board. Every member was offered the same opportunities in collaborating together for events and taking the lead in activities regardless if they held a leadership role. Our members from the class of 2019 have been able to make a positive impact on our college and community by tutoring students in need, spending Saturday mornings volunteering at St. Vincent de Paul, and helping further the initiative and mission of our chapter to promote successful study habits in students. We are extremely proud of the success of our new fundraiser – “OTC Flashcards”, as they helped sustain our organization financially, and more importantly helped the students at our college learn and study important material in the pharmacy curriculum. We are also proud of the efforts our members have put into making sure Study Lab remains a successful operation, and the time they put into the future of their peers through tutoring.

Our chapter has had many successes over the previous years, but also has room for improvement. We hope that the future students in Rho Chi will continue our efforts in the study materials. We hope to expand studying materials for students and increase involvement even more at the study lab each week. The 2018-19 President, Lisa Daniel has also communicated her goal of having more students in the younger PharmD classes present at study lab regardless if they are struggling or not. We cannot wait to see what the next year has in store for us. We plan to continue and further our outreach to the community

to foster collaboration, promote the highest ethical standards, and encourage the intellectual achievements of Rho Chi members.

Other Information

none