

## The Rho Chi Society

## **Annual Chapter Report Outline**

May 15, 2018

University of the Incarnate Word - Feik School of Pharmacy

Delta Eta, Gulf Coast Region (Region VI)

## Chapter advisor's name and e-mail address:

Dr. Jason Cota jmcota@student.uiwtx.edu

Dr. Sushma Ramsinghani ramsingh@uiwtx.edu

Delegate who attended the Rho Chi Annual Meeting: Brian Bui

Date Delegate's name was submitted to Rho Chi: 02/21/2018

### Past year's officers and e-mail addresses:

President: Nicolas Rangel narangel@student.uiwtx.edu

Vice President: Fouzia Hassad hassad@student.uiwtx.edu

Secretary: Jacqueline Hobbs jahobbs@student.uiwtx.edu

Treasurer: Michelle Nguyen minguye1@student.uiwtx.edu

Historian: Samantha Aguado aguado@student.uiwtx.edu

#### New officers and e-mail addresses for next academic year:

President: Hope Mae Abarintos habarint@student.uiwtx.edu

> The Rho Chi Society National Office Contact Information: Email: RhoChi@unc.edu Telephone: (919) 843-9001 Fax: (919) 962-0644

Vice President: Terra Furney furney@student.uiwtx.edu

Secretary: Angela Torres agarces@student.uiwtx.edu

Treasurer: Andrew Le ble@student.uiwtx.edu

Historian: Lynsie Saur lsaur@student.uiwtx.edu

### **Total Number of Rho Chi Members**: 19

#### Meetings:

| Date              | Attendance  | Agenda                                | Action Steps        |
|-------------------|-------------|---------------------------------------|---------------------|
| 29 September 2017 | All members | • Discuss goals and                   | • Informed members  |
| (General Meeting) |             | expectations of                       | of upcoming events, |
|                   |             | members for the                       | fundraising         |
|                   |             | upcoming year                         | opportunities, and  |
|                   |             | • Provide tutoring                    | goals for the Delta |
|                   |             | details for members                   | Eta Chapter         |
|                   |             | <ul> <li>Discuss upcoming</li> </ul>  |                     |
|                   |             | community service,                    |                     |
|                   |             | including health fairs                |                     |
|                   |             | <ul> <li>Discuss possible</li> </ul>  |                     |
|                   |             | fundraising ideas for                 |                     |
|                   |             | Fall and Spring                       |                     |
| 13 October 2017   | All members | <ul> <li>Discuss upcoming</li> </ul>  | • Informed members  |
| (General Meeting) |             | community service,                    | of upcoming events, |
|                   |             | including health fairs                | fundraising         |
|                   |             | <ul> <li>Discuss possible</li> </ul>  | opportunities, and  |
|                   |             | fundraising ideas for                 | goals for the Delta |
|                   |             | Fall and Spring                       | Eta Chapter         |
| 20 November 2017  | All members | <ul> <li>Discuss committee</li> </ul> | • Informed members  |
| (General Meeting) |             | chair updates:                        | of the upcoming     |
|                   |             | induction ceremony                    | induction ceremony  |
|                   |             | planning, tutoring                    | and established     |
|                   |             | goals and feedback,                   | volunteers          |
|                   |             | community service                     | • Discussed         |
|                   |             | events and potential                  | volunteering        |
|                   |             | Spring fundraising                    | opportunities       |
|                   |             | opportunities                         | • Emphasized renal, |

| 24 January 2018<br>(General Meeting)<br>26 February 2018<br>(Inductee Meeting) | All members<br>All members and<br>Inductees | <ul> <li>Review events for<br/>Spring semester</li> <li>Review Fall<br/>fundraising success</li> <li>Discuss upcoming<br/>community service,<br/>including health fairs</li> <li>Discuss possible<br/>fundraising ideas for<br/>Spring</li> <li>Welcome and<br/>congratulate inductees</li> <li>Discuss organization<br/>information and<br/>details regarding their<br/>Induction Ceremony</li> <li>Discuss officer<br/>positions</li> </ul> | cardiology, and<br>pulmonary modules<br>for Spring tutoring<br>and feedback from<br>the students<br>• Informed members<br>of upcoming events,<br>fundraising<br>opportunities, and<br>goals for the Delta<br>Eta Chapter<br>• Introduction of the<br>organization to<br>inductees<br>• Delivered<br>information<br>regarding Induction<br>Ceremony<br>• Informed inductees |
|--|---|---|--|
|  |   | positions   | of officer elections<br>and upcoming events  |
| 19 March 2018  | All members and<br>Inductees                | <ul> <li>Officer elections</li> <li>Induction ceremony information for inductees</li> </ul>   | • Election of officers<br>to be inducted at<br>induction ceremony  |

### **Strategic Planning**:

The Rho Chi Society at Feik School of Pharmacy established many goals at the beginning of the year to focus on teaching and assisting other students, along with giving back to the community whenever applicable. In order to fulfill these goals, we provided P2 students with tutoring services as they started their first therapeutic modules in school. Furthermore, we provided a scholarship to be given to a non-Rho Chi student who exemplified excellence within the practice of pharmacy and academic successes. Lastly, we reached out to the public to raise awareness about our profession and gave back in the form of community and professional service.

### Activities:

### a. Weekly Tutoring Services

The tutoring program is a continued initiative for the Delta Eta Chapter and an effective way to give back to our fellow classmates. Rho Chi volunteers provided tutoring to all P2 students two to four times weekly. Session goals were to have two members available for individual questions and test reviews for all classes. This program assisted many students at FSOP; it allowed the faculty to have a second outlet to reach the students and provided individualized learning on another level.

## b. Career Day at Martin Elementary School

Career day was an opportunity for our organization to inform and educate students about the thrilling world of pharmacy and the opportunities available to pharmacists. The event took place at Martin Elementary School, a local elementary school located on the westside of San Antonio. Dr. Cota, a FSOP faculty member and Rho Chi chapter advisor, headed the presentation and activity. The volunteers were only Rho Chi members and more than 100 children attended.

A presentation was assembled and delivered by Rho Chi members and activities, including compounding and counting exercises, were implemented with the children.

### c. Elf Louise Christmas Project

Rho Chi partnered with P1, P2, and P3 students from the UIW Feik School of Pharmacy to participate in San Antonio's local "Elf Louise Christmas Project", which has been organized each year since 1969 to help spread Christmas joy throughout San Antonio by providing Christmas gifts to some of the area's less fortunate children.

Once toys for all the little boys and girls were wrapped, about 15 of us students served as Santa's "wrap room checkers" and helped to pack and prep Santa's bags for delivery by ensuring every child within each family had something special to open on Christmas morning.

### d. Dr. Seuss Day/National Read Across America Day

Rho Chi volunteered with Kappa Psi Pharmaceutical Fraternity members to attend Spicewood Park Elementary School's Dr. Seuss Day on Friday, March 2<sup>nd</sup>. National Read Across America Day is a nationwide reading celebration that takes place annually on March 2<sup>nd</sup>—Dr. Seuss's birthday. Across the country, thousands of schools, libraries, and community centers participate by bringing together kids, teens, and books.

Around 10 people attended the event, where we all individually attended different classrooms and read different Dr. Seuss stories, along with other books, to kids throughout the day. We also participated in grading the different grades' Dr. Seuss themes that they had in each wing of their building.

### e. Middle School Immunization Clinics

Rho Chi partnered with other FSOP students, UIW nursing students and faculty, and Dr. Cynthia Nguyen, an FSOP faculty member and fellow Rho Chi member, to help to provide middle school

students immunizations required by the city of San Antonio to begin their next year of schooling in high school. Immunizations included HPV, Tdap, and meningitis vaccines, and were given at various middle schools in the San Antonio area.

### **Financial/ Budgeting**:

Our budget was determined and approved by our advisor Dr. Jason Cota. This was determined based on the chapter's largest expense, the induction ceremony. We also utilized past year's budgets to plan accordingly for other events including our annual Rho Chi Scholarship. There was only one major fundraiser for the organization, which was our Fall fundraiser that included selling Sigler Drug Cards. We sold all Sigler products, including Prescription and Nonprescription Drug Cards. This a continued initiative, and something incoming P1 students look forward to when informed about it via other students in upper classes. Unfortunately, due to unforeseen circumstances, we were unable to hold a Spring fundraiser. However, we do have many ideas for the upcoming school year that is fast approaching.

#### **Initiation Function**:

The Delta Eta Chapter had their annual induction ceremony on March 26<sup>th</sup>, 2018 at the newly constructed Student Engagement Center Ballroom on the main campus of the University of the Incarnate Word. In attendance included Dr. Jason Cota, Dr. Sushma Ramsinghani, Associate Dean of Academic Affairs Dr. Russell Attridge, Dean Dr. David Maize, and Inductee guests.

#### **Evaluation/Reflection**:

The Delta Eta Chapter took large strides to further put into practice the mission of Rho Chi including, but not limited to, stimulating the intellectual mind and spirit of students and members of the society, promoting ethical ideals, and breeding a line of leaders and interprofessional development. We hope to have encouraged the implementation of a solid tutoring schedule and are looking forward to seeing the fruits of our labor for years to come. Our diversity and creativity regarding fundraisers not only provides ideas for upcoming members, but it also provided us with adequate funds to throw a representable and enjoyable induction ceremony. Additionally, we have made efforts to reach out to students at our school and to members of the community in an effort to educate, counsel, and comfort those in need. As the new officers and members of the Delta Eta Chapter assume their positions, we hope to have motivated them to give back to the students and become more involved within the community.



# Appendix

# **Chapter Activities Report**

| [Delta Eta, UIW Feik School of Pharmacy] Activity Table |          |                          |                 |               |                         |              |                  |                     |
|---|----------|--------------------------|-----------------|---------------|-------------------------|--------------|------------------|---------------------|
| Category of   | Title of | Brief                    | How Does        | Years the     | If Activity has         | How Many     | How Many         | Financial           |
| Activity <sup>1</sup>                                   | Activity | Description <sup>2</sup> | This Activity   | Activity has  | Been Ongoing for        | Members      | Students (non-   | Information for the |
|   |          |                          | Align with the  | Been Ongoing? | >1 Year, What           | Participated | members)         | Activity [Budget    |
|   |          |                          | Rho Chi         |               | <b>Evaluations Have</b> | in the       | and/or Patients  | Required,           |
|   |          |                          | Mission         |               | Been Done to            | Activity?    | were impacted    | Fundraising         |
|   |          |                          | Statement?      |               | Assess the Success      |              | by the           | Amount]             |
|   |          |                          |                 |               | of the Activity and     |              | Activity?        |                     |
|   |          |                          |                 |               | What                    |              |                  |                     |
|   |          |                          |                 |               | Improvements            |              |                  |                     |
|   |          |                          |                 |               | Have Been Done          |              |                  |                     |
|   |          |                          |                 |               | Over the Past           |              |                  |                     |
|   |          |                          |                 |               | Year?                   |              |                  |                     |
|   |          | Tutoring to all          | Encouragement   |               | Extended the            |              |                  |                     |
| Intellectual  | Weekly   | P2 students 2-           | in intellectual | 5 Years       | tutoring sessions to    | 10           | 1-100 (each      | N/A                 |
| Leadership  | Tutoring | 4 times                  | achievement     |               | include additional      |              | tutoring session |                     |
| Activities  | Services | weekly.                  |                 |               | classes                 |              | varied           |                     |
| (i.e., tutoring,  |          |                          |                 |               |                         |              | depending on     |                     |
| sponsored   |          |                          |                 |               |                         |              | the number of    |                     |
| lectures,   |          |                          |                 |               |                         |              | P2 students)     |                     |
| poster  |          |                          |                 |               |                         |              |                  |                     |
| sessions, etc.)   |          |                          |                 |               |                         |              |                  |                     |
|   |          |                          |                 |               |                         |              |                  |                     |
|   |          |                          |                 |               |                         |              |                  |                     |

The Rho Chi Society National Office Contact Information: Email: RhoChi@unc.edu Telephone: (919) 843-9001 Fax: (919) 962-0644

| College of<br>Pharmacy<br>Events [non-<br>academic,<br>non-patient | Dr. Seuss<br>Day/National<br>Read Across<br>America Day | Read various<br>Dr. Seuss<br>stories to<br>Elementary<br>school<br>students. | Giving back to<br>the community<br>by contributing<br>to the<br>development of<br>future | 1 Year  | N/A                 | 3  | > 100 | N/A |
|--|---|--|--|---------|---------------------|----|-------|-----|
| outreach]  |   |  | intellectual<br>leaders  |         |                     |    |       |     |
|  | Elf Louise  | Served as<br>Santa's "wrap   | Helping those<br>in need in ways   | 2 Years | N/A                 | 10 | > 250 | N/A |
|  | Christmas   | room   | non-health care  |         |                     |    |       |     |
|  | Project   | checkers" and helped to pack   | related  |         |                     |    |       |     |
|  |   | and prep   |  |         |                     |    |       |     |
|  |   | Santa's bags   |  |         |                     |    |       |     |
|  |   | for delivery.<br>Inform and  | Raise  |         | Added interactive   |    |       |     |
|  | Career Day at   | educate  | awareness of   | 5 Years | component to the    | 2  | > 100 | N/A |
|  | Martin  | students about   | the practice of  |         | presentation to get |    |       |     |
|  | Elementary  | professional   | pharmacy   |         | the children        |    |       |     |
|  | School  | opportunities  |  |         | involved and leave  |    |       |     |
|  |   | as a   |  |         | them with a lasting |    |       |     |
|  |   | pharmacist.  |  |         | memory.             |    |       |     |

| Patient<br>Outreach<br>Events/<br>Community<br>Service | Middle<br>School<br>Immunization<br>Clinics | Provided<br>immunizations<br>to middle<br>school<br>students in<br>collaboration<br>with other<br>students,<br>including<br>nursing<br>students. | Helped to<br>provide<br>healthcare to<br>children in<br>need while<br>collaborating<br>with other<br>students | 1 Year  | N/A | 2  | > 30 | N/A    |
|--|---|--|---|---------|-----|----|------|--------|
| Fundraising<br>Events                                  | Sigler Drug<br>Cards                        | First<br>fundraiser of<br>the year at the<br>Feik School of<br>Pharmacy  | To help fund<br>the chapter's<br>future activities<br>and scholarship<br>fund.                                | 4 Years | N/A | 19 | N/A  | ~\$500 |