

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-14

Name of School/College: University of British Columbia

Chapter Name & region: Delta Gamma Chapter, Northwest Region (VII)

Delegate who attended the Rho Chi Annual Meeting: N/A

Date Delegate's name submitted: 2018-05-14

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New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

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Introduction

The Delta Gamma Chapter at the University of British Columbia continues to expand its initiatives and increase its awareness within the Faculty of Pharmaceutical Sciences. With the changes to the pharmacy program at the university, there was a need for a change in the initiation, induction and election timeline to further maximize the opportunity for Rho Chi's members to be involved. The 2016-2017 year was focused on reducing expenses, expanding initiatives and encouraging member involvement to continue to meet Rho Chi's mission statements.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-17	7 Executives, 1 Faculty advisor	Induction, Graduation Cords, Journal Club, Community Outreach Program	1. Council is awaiting the list of eligible inductees. 2. Previous cords were purchased through another fraternity (LKS). Graduation cords will be purchased from the Rho Chi Honor Society (\$12.50 USD per cord including shipping/handling) in the future. 3. Potential journal club facilitators will be contacted regarding their interest. The Pharmacy Evidence Appraisal Club (PEAC) has expressed interest in collaborating for an event in Spring 2018. 4. Volunteer recruitment will commence in October. Presentations, site locations, and dates will be finalized for December. The program will run during the February 2018 break.
2017-11-10	7 Executives, 2 Faculty advisors	Trivia Night, Induction, Journal Club, Outreach programs, Clothing sales	1. Attendance at the event was at full capacity. The event ran smoothly and was successful. 2. The induction event was successful. The schedule of events and food preparations were well received. Dr. Marion Pearson has been officially inducted as a faculty advisor. 3. Journal club lead by Dr. Nislow was successful and had positive feedback. 4. All 5 outreach sites have been confirmed. Volunteer recruitment will continue over the next few weeks. Volunteer orientation will be November 17th. 5. T-shirt orders have been confirmed. The order is expected to arrive

			<p>in the next few weeks. 6. Turn-over meetings between current and incoming executive officers have been completed. The new council will be in office starting January 1, 2018.</p>
2018-01-05	<p>7 Executives, 3 Faculty advisors</p>	<p>Induction, Outreach programs, Pi Week, Trivia Night, Journal Club, Pharmacist Awareness Month</p>	<p>1. UBC student services has been contacted to send invitations to eligible inductees in the class of 2020. The election date is set for January 26th. Casara to contact Rho Chi National Office to confirm the schedule for initiating new members, due to the transition from BSc Pharmacy to E2P PharmD programs. 2. Volunteer orientation session was successful. Presentations will be held February 19-23rd. 3. Student nominees for Pi Week will be collected in the next month. The event is confirmed for March 14th. 4. Tentative date for the event set for March 2nd. 5. Two journal clubs will be planned for this semester. One journal club will be in collaboration with PEAC. 6. The Pharmacist Awareness Month (PAM) planning committee has offered to promote Pi Week during their events. The PAM committee also offers to promote the Rho Chi Outreach Programs and provide volunteers if needed.</p>
2018-03-02	<p>6 Executives</p>	<p>Pi Week, Journal Club, Mock OSCE, Induction, Outreach programs, Trivia Night, Rho Chi Alumni Talks</p>	<p>1. Online donation pages have been created for all Pi Week participants. Donations will be collected in-person and online. A bake sale to promote the event will occur March 13th. 2. Journal club will be held March 22nd in collaboration with PEAC; facilitated by Dr. Kerry Wilbur. 3. All pharmacist supervisors have been confirmed. The Pharmacy Practice Lab is booked for May 1st to 3rd. OSCE stations for the event are completed. 4. Completed presentations were successful. Positive feedback was received from volunteers and outreach sites. 5. Council has concluded that the event for this term will be cancelled due to concerns with event costs and timing. 6. Council will implement a transition/communication report to be passed to the incoming executive council. The written document will be completed by each current council member to provide improved communication and guidance for future officers. Each position will individually arrange transitioning and handover. 7. Incoming council</p>

to gauge interest from Rho Chi members for a potential event in the fall. The council will consider inviting clinical pharmacists and involved Rho Chi alumni to give scheduled talks.

Strategic Planning: What goals were set that relate to the Rho Chi mission?

The focus for the Rho Chi Delta Gamma chapter this year was to promote financial stability to ensure the chapter continues to have enough funds and resources to organize activities for academic development. In addition, with the change in program from Bachelor of Science in Pharmacy to Doctor of Pharmacy, a change in initiation and executive structure was needed to create a smooth transition. To reduce costs, we re-evaluated the location and catering services for induction dinners and collaborated with other clubs for events. For example, we held events in partnership with the Pharmacy Evidence Appraisal Club and other pharmacy fraternities like Kappa Si and Lambda Kappa Sigma. The logistics and timeline of initiation, induction and election of new Rho Chi members have been established to match the new curriculum to maximize the amount of time the Rho Chi executive council and members have for involvement on campus. By establishing a concrete and organized transition and financial structure between executive councils, subsequent councils can continue to accomplish the Rho Chi's mission statements. Next, we plan to increase involvement within Rho Chi and recognition within the faculty through various fundraisers and interfaculty events.

Activities

Community Outreach Presentation Initiative – Ongoing since 2013

A total of 5 community sites and 19 UBC pharmacy students were involved in this initiative to deliver presentations on various health topics to the community. Topics this year included heart health, blood pressure management, skin conditions and osteoporosis. Groups consisted of 3-4 students from pharmacy years one through three, who developed presentations that were then reviewed by a practicing pharmacist associated with the Faculty. The demographics of the audience were taken into consideration in the development of the presentations to ensure it was patient-centered. Both a practicing pharmacist and the Historian were present on the day of the presentations to assist students and ensure high quality presentations. This has been an ongoing initiative to provide students an opportunity to develop their presentation skills and to advocate for pharmacy by demonstrating their knowledge. The community benefits by learning about their diseases and medications. There has been an increased interest among previous and new community groups with this initiative, who have requested presentations the following year.

Elementary School Outreach Initiative—Ongoing since 2014

The outreach initiative is designed for local elementary schools, where UBC pharmacy students deliver informative and hands-on presentations to students in grades 1 to 3. The initiative is a joint effort with Kappa Psi, a pharmacy fraternity at UBC. The initiative is unique in that it creates awareness about medication safety at a young age. We often focus on poison prevention and drug abuse education in the classroom for older students. However, these presentations are tailored towards younger children and takes a hands-on, interactive approach about medication in general. It promotes the safe use of medication, and introduces children to pharmacists as

healthcare professionals. Since many medications look very similar to candies or other household items such as Band-Aids, we aim to educate children to take caution around them. Discussions include strategies and skills to determine which products are medications and which are not, and what to do regarding safety when they come across an unknown substance. Each presentation and interactive activity was led by two to three pharmacy students. These presentations were delivered to various elementary schools in Vancouver including Henry Hudson and Kerrisdale Elementary School. We were met by enthusiasm from the teachers, students, and volunteers. With the goal of preventing harm through education, the Rho Chi Society wants to empower children with knowledge. In addition to the promotion of medication safety, the program also encourages critical thinking, responsibility, awareness of medications, and introduction of pharmacists as part of the health care team.

Mock OSCE – Ongoing since 2011

To support the graduating class preparing for the Objective Structured Clinical Examination (OSCE) portion of the Pharmacists Qualifying Examination, Rho Chi has been running mock OSCE sessions since 2011. This year, 124 of the graduating students participated in 6 sessions over 3 days. Rho Chi executive officers and volunteer members created the practice questions (9 assessment stations including 3 interactive scenarios), which were reviewed by faculty instructors. Approximately 50 volunteers (1st, 2nd and 3rd year pharmacy students) were recruited as actors and assessors for the interactive stations. A group debriefing review period was arranged after each session to provide timely and immediate feedback to the students. Any questions or concerns that could not be addressed sufficiently by Rho Chi members were sent to a Faculty member, whose response was then provided to the participants. The event received great feedback from both the participating students and the student volunteers by using google forms. The participants were given an opportunity to practice for their licensing exam in a simulated setting, while volunteers were able to be familiarized with the examination process from which they can reflect on for future practice.

Journal Club – Ongoing since 2011

The Journal Club is hosted by Rho Chi and is facilitated by Faculty members trained in the critical appraisal of primary literature. The faculty facilitator of each session selects a relevant article for students to review prior to the session. Students were also given a list of questions to consider while they review the article. The facilitator leads the discussion by asking thought-provoking questions to participants. The goal of these sessions is to improve the participants' proficiency with critical appraisal and to promote the application of evidence based medicine in practice. Journal Club encourages clinical reasoning and intellectual inquiry among Rho Chi members by enhancing their ability to evaluate and apply primary literature. Furthermore, the Journal Club contributes to the development of future leaders in pharmacy practice by enhancing skills that are otherwise difficult to improve by giving the opportunity to students to practice.. By possessing these highly-developed skills, participants will be better positioned to be leaders in their practice. This year, Rho Chi also collaborated with another organization, the Pharmacy Evidence Appraisal Club, to bring more opportunities for critical appraisal to students, both inside and outside Rho Chi.

Pi Week – Ongoing since 2013

This program is our largest fundraiser of the year, in which all proceeds go to British Columbia

Children's Hospital Foundation. This fundraiser is intended to raise awareness of Rho Chi and its commitment to philanthropy, to foster community within the faculty, and to raise funds for a wonderful charity. Two volunteers from each class, two representatives from the Faculty, and two representatives from building staff competed against each other for donations and the volunteer who raised the most money had the privilege of throwing a pie at their opponent in front of the entire faculty. To raise money, collection jars were passed around in class, online donation links were established, donation booths were set up, and a bake sale was held. This year we raised more money than any previous year, with a grand total of \$7632.22 for BC Children's Hospital. The foundation used \$3200 of this donation to purchase iPads for the hospital's emergency room, vaccine clinic, and medical/surgical in-patient units. This event promoted school spirit, evident through the number of people who attended the event and the donations that were collected from students, faculty members, and staff. Overall, the response to the event was outstanding this year.

Rho Chi TMP-SMX Trimentorship Program – Ongoing since 2011

The Trimentorship Program pairs pharmacy students with current hospital pharmacy residents and their preceptors to allow students to gain exposure to the Lower Mainland Pharmacy Service (LMPS) Residency Program (Vancouver, BC and surrounding areas) and learn about the role of clinical pharmacists. Students are provided with an opportunity to connect with and shadow pharmacy residents and their precepting clinical pharmacists of different specialties at various hospital settings throughout the Lower Mainland. Furthermore, students have the possibility to gain experience in clinical research by assisting resident mentors with their research projects. This program gives first-hand exposure to the residency program and therefore supports the development of students into intellectual leaders in the profession. The program this year was well received, with a total of 16 participating students ranging from pharmacy year one to three.

Trivia Night – Ongoing since 2013

Trivia Night is hosted at a local establishment where teams of pharmacy students compete against one another in a 'healthcare' themed trivia game for a chance to win 1 of 3 grand prizes. This is a fundraiser for our local chapter and is open to pharmacy students of all years. Funds are raised by charging a fee of \$30 per team of 5-6 participants. 6 teams participated in Trivia Night this year, raising \$150 before expenses and unexpected costs.

Interfrat Mixer – Ongoing since 2017

To foster a greater sense of community among the various pharmacy fraternities, the UBC chapters of Rho Chi, Lambda Kappa Sigma, and Kappa Psi hosted an Interfrat mixer that took place on March 21, 2018 in the UBC Pharmaceutical Sciences Building. In total there were approximately 30 students who attended, 10 of which were from Rho Chi. During the event, teams of students competed against one another in a series of mini-games that created an enjoyable and friendly atmosphere. The Rho Chi Delta Gamma chapter will continue to participate in this event to show our active involvement in the pharmacy community at large. For Rho Chi members, this is a fantastic opportunity to meet pharmacy students from other fraternities and expand their professional network.

Financial Budgeting

The largest anticipated expense in the coming year is the Induction Dinner. Within the last year, 2 induction ceremonies were held for separate graduating years to accommodate for the transition to the new PharmD program (\$1132.11). In comparison, the cost of each induction ceremony was reduced by half the amount spent on the previous year's single induction dinner (\$1261.43). The most cost effective method was to search for reservable locations that was cost-free yet suitable for holding an induction ceremony. We anticipate a similar cost and the majority of funds will come from Mock OSCE profits as well as funds raised from events planned for the coming semester.

We plan to incorporate the cost of sending a delegate to the annual National Convention in the future by adding another fundraiser in the fall term, which ideally will allow us to pass on some financial growth to the succeeding Executive Council.

In general, our goal is to be financially efficient by minimizing costs with the exception of expenditures that add value to events. Previous event budgets are used as a guide with reassessment of particular expenses. Strategies we use to host events include recruiting volunteers, collaborating with organizations, and seeking donations. The cost for events usually falls between \$100- \$200; while this represents a slight increase from previous years, events that had an increase in expenses also had an increase in profit.

UBC Delta Gamma Chapter Budget

Event				
Item	Amount Credited (\$)	Amount Debited (\$)	Balance (\$)	Comments
Balance Forward			\$2734.09	From September 1st, 2017
Rho Chi Membership Fees				
New Member Fees (80@\$110/person)	\$8800		\$4948.17	39 members inducted from class of 2019 (September) 41 members inducted from class of 2020 (January)
International Dues		\$6585.92		\$ 3163.65 for the class of 2019 \$ 3366.47 for the class of 2020
Induction Dinner				
Room Rental		\$ 0	\$3815.86	
Food (+ Supplies)		\$1132.31		\$ 586.63 for the class of 2019 \$ 545.68 for the class of 2020

Service + Gratuity		\$ 0		
Trivia Night				
Team registration	\$150		\$3936.86	Prizes were donations made by the council members
Prizes		0.00		
Supplies and printing		0.00		
Miscellaneous		\$30		Unaccounted team payment
Elementary School Outreach Initiative				
Printing & supplies		\$40.20 (\$81.37*)	\$ 3895.66	*Cost was split with UBC Kappa Psi Chapter.
Pi Week Fundraiser				
Supplies		\$ 25.70	\$ 3869.96	
Online donations	\$ 6939.42			
Cash donations	\$ 692.70			
BCCHF contribution		\$ 7632.12		
Inter-Frat Social				
Event Costs		\$ 26.65	\$ 3843.31	Divided with UBC LKS and Kappa Psi
T-Shirt sale (Fundraising)				
T-shirt costs	\$ 525		\$ 3786.47	
T-shirt sales		\$ 581.84		
Mock OSCE (2018)				
Participation fee	\$ 1240		\$ 4684.60	\$10 per person
Food for volunteers		\$ 245		For 3 days worth of food (20 volunteers per day)
Printing and supply costs		\$ 96.87		
Miscellaneous				
Bank charges (monthly fee @2.50/mo + cheque transaction fee)		\$40.20	\$ 4644.40	\$2.50/mo for bank account fee Transaction fees included, along with bank draft costs

Installation Function

This year, Rho Chi held two Initiation Banquets. The first Initiation Banquet for the Class of 2019 took place on the evening of November 6, 2017 at the home of Faculty Advisor, Dr. Mary Ensom. Rho Chi was able to keep costs significantly lower than previous years. There were 39 new inductees, 15 current and previous UBC Rho Chi members, 7 members of the previous Rho

Chi Executive Council, and one Faculty Advisor in attendance. Additionally, Dr. Marion Pearson was inducted into the Rho Chi Honor Society to become a faculty advisor for the Delta Gamma chapter in lieu of Dr. Mary Ensom's retirement. The second Initiation Banquet for the Class of 2020 was held on February 26, 2018 in a private area of the Pharmaceutical Sciences Building at UBC. There were 41 new inductees, 10 current and previous UBC Rho Chi members, 7 members of the current Rho Chi Executive Council, and one Faculty Advisor in attendance. At both events, attendees were provided hors d'oeuvres and desserts upon arrival. Everyone was given time to network and socialize with their fellow Rho Chi members. Faculty Advisors, Dr. Mary Ensom at the first Initiation Banquet and Dr. Marion Pearson at the second Initiation Banquet, then welcomed the new inductees into the Delta Gamma Chapter of Rho Chi, explained the significance of being a Rho Chi member, the mission of the Rho Chi Society, and encouraged members to pursue personal growth and excellence in the field of pharmacy. Following Dr. Ensom and Dr. Pearson's remarks, the Rho Chi Executive Councils recited the Rho Chi oath and presented the new members in the Class of 2019 and the Class of 2020 respectively with commemorative pins and membership certificates. After the induction, group photos were taken and the new Rho Chi Executive Councils were officially introduced. Photographers were present at both banquets to document these events.

Evaluation/Reflection

The Delta Gamma Chapter at the University of British Columbia continues to meet the Rho Chi mission in recognizing and promoting academic integrity, honesty and intellectual development and encouraging involvement and collaboration within and outside the honour society.

The ongoing Journal Club sessions provides an opportunity for faculty engagement, club collaboration and for students to further develop the skills of critical appraisal. This year, a wider variety of topics like pharmacogenomics and nondrug comparators were discussed to further expand on the topics discussed as part of the PharmD curriculum. A total of 50 pharmacy students and 3 faculty members were engaged with Journal Club. Student feedback was positive as the sessions provided a different approach and perspective to critical appraisal. Improvements to be made are to offer more sessions and to expand on the topics and types of articles. The Mock OSCE enhances both Rho Chi member and non-member involvement by providing an opportunity to make questions and to help run the event. It allows for all those involved to prepare for their licensing exams and for those in lower years to gain insight on what the licensing exam is like. A total of 124 fourth years and 50 volunteers were involved in this initiative. Feedback from both the participants and volunteers were positive and many found it helpful. To increase member involvement, we plan to introduce a volunteer committee dedicated to planning and organizing the mock OSCEs. Another way we could improve is to increase the number of interactive stations offered. It also has the biggest contribution to the financial stability of Rho Chi. Both outreach initiatives in elementary schools and community centres advocate for pharmacy and support student development of presentation and leadership skills. The community outreach initiative was successful as all the community sites would like to have the presentations again next year and new community sites are contacting to be included in the initiative next year. The plan is to increase the number of community outreach presentations and to expand this initiative so it happens year-round. Our Pi Week Fundraiser achieved a new record

of \$7632, with all proceeds going to BC's Children's Hospital. \$3,200 of the money donated was used to purchase iPads for use in the emergency room, vaccine clinics, and inpatient units by healthcare professionals.. Ten participants made up of students, faculty members and staff gathered donations for pies in the face. This continues to be the largest Rho Chi event that gathers the whole faculty together for an enjoyable afternoon for a great cause. The bake sale used to raise awareness and donations for the event was successful and involved contributions from the faculty advisors, Rho Chi members and the student participants. Next year, to increase the success of the fundraiser, we will plan to have more bake sales and events to advertise and gather donations.

Because the chapter is still finding stability and with the changes in intake of new members this year, there are a lot of improvements to be made. New initiatives and fundraisers should be planned and organized, especially in the first academic semester where there are less events. These new activities should aim to expand to include first year involvement and to increase the presence of Rho Chi in the faculty. In addition, current activities should also be expanded such as having more journal club sessions and more elementary school and community site presentations beyond the current numbers. Some future plans we have passed along to the next council include having alumni talks, being involved with the pharmacy welcome event for first years and formation of committees for increased Rho Chi member involvement and awareness.

Other Information

To accommodate the change in schedule due to the change from Bachelor of Science in Pharmacy to the PharmD program at the University of British Columbia, we have changed the induction timeline. This change results in only 3 academic years on campus, as the final year consists of practicums. New members will now be initiated following 1.5 years of the PharmD program, to maximize their involvement on campus due to an increased requirement for fourth year practicums in the PharmD program. This means the induction and elections of the new executive council will occur after the first semester in second year. This year, an additional initiation and induction dinner was held in February. The incoming executive council was elected and will begin their term in the next academic year (September 2018). This maximizes Rho Chi member involvement with the new program and creates an overlap of executive councils to provide a smoother transition between councils. The number of Rho Chi members who will be present on campus has doubled resulting in a greater opportunity for Rho Chi member involvement, chapter improvements, and expansion of activities to meet Rho Chi's mission.