Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15
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Date of report submission: 2018-05-13

Name of School/College: California Northstate University College of Pharmacy

Chapter Name & region: Delta Upsilon Chaper, Region VIII West Coast

Delegate who attended the Rho Chi Annual Meeting: Mai Yia Yang and Huocong Li

Date Delegate's name submitted: 2018-03-12

Past year's officers and e-mail addresses

President

First Name Emma Grace

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Ruby

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Ha

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Historian

First Name

Judy

Last Name

Wu

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New officers and e-mail addresses for next academic year (If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

President

First Name

Judy

Last Name

Wu (see introduction for co-Presidents)

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Vice President

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Historian
First Name N/A
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Chapter advisor's name and e-mail address
First Name Peter
Last Name Tenerelli (see introduction for co-advisors)

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Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

There are two co-presidents of the chapter for the academic year 2018-2019: Judy Wu (P4), <u>Judy.Wu7968@cnsu.edu</u> and Fengjia Wen (P3), <u>Fenjia.Wen3850@cnsu.edu</u>. There are two chapter advisors: Dr. Erika Titus-Lay (<u>Erika.Titus-Lay@cnsu.edu</u>) and Peter Tenerelli (<u>Peter.Tenerelli@cnsu.edu</u>).

Our goal for 2017/18 academic year was to implement more activities and events for members to participate in and spread awareness of the Rho Chi society to pharmacy students. In order to achieve this goal, we developed a strategic plan. Although we were unable to complete the research guide, we were very successful in the implementation of a tutoring/mentoring program. We look forward to working with our faculty advisors to further develop our strategic planning and leadership skillsets. We are very excited to pursue our future plans of an expanded CSI program, completion of our student research guide, leadership and management poster, P1 survival guide, and class review sessions.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017- 10-05	35	Tutoring Presentation	 Buy snacks before the presentation. Practice presentation between board members.
2017- 11-21	3	Board Meeting #4: update on research guide, recruit for Rho Chi Annual Meeting delegate	• Send reminder email to faculty advisor on starting research guide. • Reach out to faculty advisor and dean of research again for approval. • Recruit and ask current P3 Rho Chi member to attend as a delegate for Rho Chi Annual Meeting.
2018- 04-02	5	Board Meeting #5: prepare for initiation dinner	• Prepare a presentation with delegates on a report of the Rho Chi Annual Meeting. • Split up roles for initiation ritual speech. • Initiate election for new board members.
2018- 04-19	23	Initiation Ceremony & Dinner	• Set up classroom for initiation ceremony. • Practice initiation ritual speech between board members.

Strategic Planning: What goals were set that relate to the Rho Chi mission?

- 1. Continue to develop a tutoring/mentoring program along with CNU Supplemental Instruction (CSI) program offered to all students in California Northstate University.
- 2. Continue the Rho Chi project of Student Research Guide to spread awareness of research opportunities to PharmD students.
- 3. Work with new faculty advisor on creating a poster on leadership and management.
- 4. Identify possible projects for Rho Chi members for the next year.

Activities

One of our chapter's ongoing projects is Core Supplemental Instruction (CSI) which provided student lead teaching support for some of the more challenging courses for the P1 students. The courses that we currently offer CSI for include Cell and Molecular Biology and Biochemistry, Medicinal Chemistry and Physical Pharmacy, and Pharmacokinetics. This year Ruby Dang, Ayesha Amin, Vinna Nam, and David Huh served as tutors for the CSI program. Two new P2 Rho Chi members, Christina Stephenson and Britney Satow, were selected to take over the Biochemistry CSI which was previously taught by P4 Rho Chi members, Justin Ko and Alan Truong. Christina and Britney also published an article in the March 2018 volume of the APhA Student Pharmacist Magazine on their experience as CSI leaders with the help from our advisor, Dr. Clark.

In addition to the CSI programs, we held a Tutoring Workshop in the fall semester. Since the CSI workshops leaders and tutors are primarily future Rho Chi students, we wanted to introduce the topic of tutoring early on to the first year students as well as reintroduce it to the second and third year students. The purpose of this workshop was to inform students about the tutoring program and what it has to offer. It also allowed the opportunity to introduce Rho Chi to the first year and second year students. The presentation itself discussed the logistics of the tutoring program, such as the paperwork involved and who to contact. In addition, it provided information on how to become a tutor, who are good candidates (e.g., students scoring high on exams), and the personal benefits of being a tutor. It encouraged the students to actively practice the different hierarchical levels of Bloom's Taxonomy as teaching allows one to break away from the lower levels of learning (memorizing, identification, etc) and helps one reach the higher levels of the Bloom's Taxonomy pyramid. When teaching, one may create original materials (practice tests, study guides, etc), and come up with new ways to understand and explain complicated ideas which in turn causes one to learn the concepts more deeply.

Furthermore, we also invited current CSI leaders and individual tutors to provide personal tips on how to create a comfortable and effective learning environment for the student being tutored. Our chapter P3 co-president, Ruby Dang, and historian, Judy Wu, discussed their experience as a CSI tutor and individual tutor respectively. Vinna Nam, the pharmacokinetic CSI tutor, also made a brief presentation on her experience and the benefits she believed that CSI has given to her both personally and academically. David Huh, the other pharmacokinetic CSI tutor, also made a speech on his summer research with Dr. Clark on the correlation between tutoring and academic performance. Overall, the workshop went well, and students were interested in the tutoring opportunities and Rho Chi.

Another new project we started was a research guide for pharmacy students. We wanted to create a guide where students could share their current or past research by including the abstract of their research or providing a summary on their research. Unfortunately, because of scheduling issues between board members and faculties we were unable to complete the research guide. We hope to bring back the project for the next school year and work with our new faculty advisors on completing the guide and possibly releasing it in the next spring semester.

Our Future plans:

- 1. Continue to expand the CSI program to allow more Rho Chi students to participate, in addition to the CSI leaders.
- 2. Continue to provide tutoring orientations to help CSI and other tutors learn about cognitive processes and theories of learning and memory by developing strategies to help PharmD students become more efficient and effective studiers.
- 3. Continue the student research guide for PharmD students who are interested in research projects within school year.
- 4. Work with our faculty advisor on a poster about leadership and management.
- 5. Plan a P1 survival guide.
- 6. Plan a review session or create study guides/review sheets for exams to share with each respective class.

Financial Budgeting

See attached budget document.

Installation Function

The initiation function occurred on April 19, 2018. It was held on-campus and involved a program and a catered dinner. Members of the CNU administration, Student Affairs Associate Dean and Staff, Rho Chi faculty advisors as well as new initiates attended. It was a relatively formal dinner with a short program and initiation. The program began with a brief introduction of Rho Chi from Dr. Clark, our advisor. Officers read the Rho Chi Society Initiation Ritual and awarded new Rho Chi initiates with their certificate, cord, and pins. CSI tutors were awarded a certificate for their contributions and Rho Chi members who were individual tutors also received a certificate. A short break was followed where attendees could get their dinner. Afterward, our guest speaker, Dean Tran, made a brief speech. Rho Chi delegates also made a presentation on their report from the Annual Rho Chi Meeting created by chapter historian, Judy Wu, and delegates, Mai Yia Yang and Huocong (Tim) Li. The initiation was concluded with a speech made by our new advisors, Dr. Tenerelli and Dr. Titus-Lay.

Evaluation/Reflection

Our goal for 2017-2018 academic year was to implement more activities and events for members to participate in and spread awareness of the Rho Chi Society to pharmacy students. We have been more active as a board compared to previous years and during our first meeting many of the board members had many projects and ideas. Our main project was the research guide which we

wanted to create and spread awareness of research opportunities to pharmacy students. Unfortunately, we were unable to complete it because of scheduling issue between board members and faculties. Therefore, we proposed to recruit more P3 students to serve as board members for the next school year, so most board members would be active on campus. Our tutoring presentation in the fall went well and many prospective tutors really enjoyed the presentation. A new addition we added to the event was inviting CSI tutors to speak at the event and a brief presentation on the correlation of tutoring and academic performance. With the new board members, we hope to complete the research guide and initiate new projects for the next school year.

Other Information

N/A