

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-14

Name of School/College: Washington State University

Chapter Name & region: Epsilon – Northwest Region – Region VII

Delegate who attended the Rho Chi Annual Meeting: Mark Nguyen

Date Delegate's name submitted: 20108-02-21

Past year's officers and e-mail addresses

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New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

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Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

The 2017-2018 academic year was a success for the Epsilon chapter of Rho Chi. This was the first year we had Rho Chi members on each campus, which presented some unique challenges to work through for our Chapter. Despite this change, the Chapter worked together very well between campuses and we were successful in the implementation of our Chapter activities, as detailed below.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-04-17	45	New member orientation, Establishing committees	Committee Powerpoint presentation and Committee Member selection
2017-09-01	5	Officer Meeting: Plan Year Events	Establish meeting and activity dates for the semester
2017-09-13	24	Begin planning for fall events; therapeutics manual, VA lecture, and fundraising ideas	Select Committee Chairs
2017-10-11	20	Plan pharmacokinetics review/tutoring session, ACCOIN Halloween treat bags, work on therapeutics manual, and enlist volunteers for ACCOIN events	Assemble ACCOIN treat bags

Strategic Planning: What goals were set that relate to the Rho Chi mission?

This year, the class of 2019 set the following goals for our chapter:

- To continue to foster academic success within our program by holding academic related events/fundraisers on campus and providing help/tutoring to students of all class years.

This was accomplished specifically by:

- o Therapeutics Manual Fundraiser
- o Pharmacokinetics tutoring session
- o Counseling practice session with APhA-ASP
- o Top 200 review
- o PLEX Prep with PPSO and SNPhA

- To collaborate with other organizations and help student pharmacists engage in the community through volunteering.

This was accomplished specifically by:

- o UGM vaccination events with SNPhA
- o Medical Marijuana lecture for veterans at the Spokane VA
- To further develop our relationships with ACCOIN and Cancer Can't by providing both volunteer and financial support.

This was accomplished specifically by:

- o Volunteering at the ACCOIN Candlelight Vigil, Winter Party, and Light the Way Dinner Auction
- o Volunteering at the Cancer Can't Fall Dinner Auction
- o Donating Halloween and Valentine's Day treat bags to ACCOIN
- o Donating money to ACCOIN Adopt-a-Family

Activities

A – Spokane Campus Activity

B – Yakima Campus Activity

Intellectual Leadership Activities

1. Pharmacokinetics Review (A)

Students held a review session for PY1 students who needed help with Pharmacokinetics. This is the second year of this activity. Eight members participated in this event and impacted 10 PY1 students.

2. Therapeutics Manual Fundraiser (A,B)

Students compile a manual containing national guidelines and 3 years of therapeutics lecture notes for pharmacy students to purchase and use as a reference. This activity has been a part of our chapter for 16 years. Current students were asked how the manual could be improved so that it would be more useful to them as a reference. Changes were made accordingly. All 42 of our current members participated in the editing of this manual and 63 individuals purchased the manual from us.

3. Counseling Review with APhA-ASP (A)

Students held a practice counseling session in collaboration with APhA-ASP for PY1 to practice OBRA 90. This is the first year of this activity. Two members participated in this event and impacted 5 PY1 students.

4. Top 200 Drugs Review (A)

Students held a review session for PY1 students who needed help reviewing key counseling points and clinical pearls for top 200 drugs. The information was presented in a Jeopardy style format with a great turn out. This is the second year this event was held. Our Academic Committee (eight members of our chapter) planned and hosted the review and 20 PY1 students attended.

5. PLEX Prep – Are you Smart Enough to be a Licensed Pharmacist? (A)

In collaboration with PPSO and SNPhA, students planned, coordinated, and hosted a Naplex Review event that involved 14 different on campus pharmacy organizations tabling Naplex test topics. Every 15 minutes questions from each topic were asked at large via Kahoots to test students' pharmacy knowledge. Study aid material was rewarded as prizes (including a grand prize of a Kaplan Naplex Review Book). There were about 75 PY1-PY4 students in attendance.

Patient Outreach and Community Service

1. Union Gospel Mission (UGM) Vaccination Clinics (A)

Students provided vaccines to patients at two Union Gospel Mission locations at no charge on three different dates. Non-members were invited and given the opportunity for vaccination and counseling practice (with a focus on diabetes management). This is the third year that we have hosted this clinic and feedback from previous participants to put on a better event. One student from our chapter planned this event and three additional individuals were able to participate in these events.

2. VA Marijuana Presentation (A)

Students worked with the VA staff create and provide in depth lecture to veterans about medical marijuana and any medications that they should not be taking if they ingest THC or CBD's on a regular basis. This is the second year that our chapter was able to work with the VA. Three individuals from our chapter went to the VA to present to the staff. An exact count of how many staff members were present was not taken.

3. ACCOIN Candlelight Vigil (A)

This event is meant to bring ACCOIN back to its roots as "candle-lighters". It is open to any past or current ACCOIN families to come say a prayer and offer support for one another. This is the first year our chapter has helped with this event. Three students volunteered to help with set up, event help, and clean up.

4. ACCOIN Halloween Treat Bags (A)

Students helped stuff goody bags and write notes to 40 ACCOIN kids with cancer. Our chapter has been preparing these bags for ACCOIN for the past four years. All attendees of our October meeting helped put these bags together, and they were delivered to ACCOIN for distribution.

5. Cancer Can't Fall Dinner Auction (A)

This event is a large fundraiser for Cancer Can't, and reached 496 people. This is the first year our chapter has helped with this event. Six students helped with event check in, and the silent auction portion, including organizing and getting items to the winners following the event.

6. ACCOIN Adopt-a-Family (A,B)

Our chapter donated \$300 to this specific ACCOIN program, which provides Christmas gifts and dinner for a family chosen by ACCOIN. This is the second year our chapter has participated in this event.

7. ACCOIN Winter Party (A)

This event is put on for families of ACCOIN to provide fun events for the kids as well as gifts. The event had 447 people in attendance. Two students put together a "Get to Know You" game for families to do together at the event. Three students volunteered at the event to help with party set up and event help, including crafts with the kids and running the gift card table for older ACCOIN kids. This is the third year that our chapter has participated in this event.

8. ACCOIN Valentine's Day Treat Bags (A)

Students helped decorate and stuff goody bags, and write notes to 40 ACCOIN kids with cancer. This is the fourth year that our chapter has prepared these goody bags. All attendees of our January meeting helped put these bags together, and they were delivered to ACCOIN for distribution.

9. ACCOIN Light the Way Dinner Auction (A)

This event helps to raise money and awareness for ACCOIN kids with cancer, and reached 366 people this year. This is the fourth year that our chapter has participated in this event. Six students helped with the silent auction portion, including organizing and getting items to the

winners following the event.

10. On the Corner Tutoring (B)

Students provided tutoring and mentoring for at risk students aged kindergarten to 5th grade. This was held every Tuesday and Thursday afternoons. This is the first year that our chapter participated in this event. Nine members of our chapter tutored 60 students throughout the year.

11. Roots to Wings Pharmacy Day (B)

Students provided information about being a Pharmacist to at risk students in the area in collaboration with NCPA. Students also assisted at risk students in compounding a lotion to take home while being available to answer questions. Three members planned this event and 6 members were able to participate. This is the first year that our chapter has participated in this event.

Fundraising

1. White Coat Clipboard Fundraiser (A,B)

Students sell White Coat Clipboards to peers that serve as a quick reference during lab and rotations. This activity has been very successful for many years ongoing. Members asked the fundraising chairs from last year if any improvements needed to be made. Clipboards were purchased with the money that was collected for the sales. Students ordered clipboards and paid for them in advance. \$300 was donated to ACCOIN and remaining proceeds funded treat bags delivered to ACCOIN.

Financial Budgeting

Our budget was determined by taking last year's budget and determining which line items we wanted to continue with and if any new line items needed to be added. For any new items suggested, such as PLEX Prep, officers would meet to determine how that line item would be funded before being approved.

Our philanthropic/community outreach activities were primarily funded through our White Coat Clipboard sales. 52 clipboards were sold, and proceeds raised funded our donation and treat bags given to ACCOIN.

Our member/student focused activities were primarily funded through our Therapeutics Manual sales. 63 manuals were sold to help fund our review sessions, end of year banquet, and new member initiation.

PLEX Prep was done in collaboration with PPSO and SNPhA. This event was jointly funded and partially paid for through university activity funds.

Appendix 2 Rho Chi Epsilon Chapter Annual Report

ITEM	Amount Debited (\$ spent)	Amount Credited (\$ raised)	Balance	Comment
STARTING BALANCE			\$3132.46	
Class of 2018 Manual Reprint^{A,B}	\$204.81	\$205.00	\$3132.65	Fundraiser; extras used as prizes during PLEX Prep
ACCOIN Halloween Bags^A	\$92.60		\$3040.05	Philanthropy

ACCOIN Adopt-A-Family^{A,B}	\$300.00		\$2740.05	Philanthropy
ACCOIN Valentine's Day Bags^A	\$95.22		\$2644.83	Philanthropy
Root to Wings Event^B	\$186.53		\$2458.30	Community Outreach
End of the Year Banquet^A	\$272.00		\$2186.30	
MedInfo White Coat Clipboards^{A,B}	\$1033.78	\$1560.00	\$2712.52	Fundraiser
Therapeutics Manuals^{A,B}	\$700.12	\$1237.80	\$3250.20	Fundraiser
Initiation Expenses^B	\$84.26		\$3165.94	Cost of food and decorations
Top 200 Review^A	\$81.25		\$3084.69	Food for attendees
Initiation Expenses^A	\$244.80		\$2839.89	Cost of food and decorations
ENDING BALANCE			\$2839.89	

^A – Spokane Campus

^B – Yakima Campus

Installation Function

With two campuses being included in our chapter, our leadership chose to hold two initiation ceremonies.

The initiation ceremony for our Yakima campus took place on April 6, 2018 in Yakima, Washington on the Pacific Northwest University of the Health Sciences campus. Attendance of this ceremony included new initiates, their friends and families, current officers, and several members of the faculty and staff of the WSU College of Pharmacy. The ceremony was followed with officer elections and a lunch reception.

The initiation ceremony for our Spokane campus took place on April 16, 2018 in Spokane, Washington on the Washington State University Health Sciences campus. Attendance of this ceremony included new initiates, their friends and families, current officers, current members, our advisor and several members of the faculty and staff of the WSU College of Pharmacy. The ceremony was followed with officer elections and light refreshments.

Evaluation/Reflection

One of our major goals this year was to increase our campus presence either by collaborating with other student organizations or by hosting more events. As a group, more of our members have stepped up as both committee chairs and offered their connections in other student organizations on campus to help us achieve this goal. Aside from our usual fundraisers, we actively engaged all years of students on the campus. Seeing where our effort may have been needed most, we tailored specific events to different years (ie. Top 200 for 1st years). This year was also the first time we helped organized a large, multi-organizational event with a focus on the Naplex. We are also very appreciative of all the ACCOIN events we got to be a part of as well. Our continued collaboration with them has helped our members realize every year the impact we make by helping out a local cancer charity.

Ways to improve will include making sure the new incoming Rho Chi class understands what we

have done this year. Additionally, they have come in with their own connections, and it will be crucial for our chapter to utilize those different connections every year. This report will be sent to the new incoming officers, so they understand the basis of our improved presence as well as set a foundation for what is to be expected for Rho Chi on the WSU campus. Moving forward we would like to also strengthen our relationship with Cancer Can't as they provide many opportunities for our students to volunteer and raising awareness for local charities that exist in Spokane.

Other Information

Nothing to provide for additional information.