

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-15

Name of School/College: University of Wisconsin-Madison School of Pharmacy

Chapter Name & region: Eta Chapter, Region IV - West

Delegate who attended the Rho Chi Annual Meeting: NA

Date Delegate's name submitted: 2018-03-16

Past year's officers and e-mail addresses

President

First Name

Melissa

Last Name

Kerhin

Email

mmkerhin@wisc.edu

Vice President

First Name

Josh

Last Name

Gabler

Email

jpnachreiner@wisc.edu

Secretary

First Name

Alexander

Last Name

Gidal

Email
gidal@wisc.edu

Treasurer

First Name
Michael

Last Name
Fantl

Email
mfantl@wisc.edu

Historian

First Name
Brianna

Last Name
Cardinale

Email
bcardinale@wisc.edu

New officers and e-mail addresses for next academic year
(If not yet elected, please indicate date of anticipated election and report names within one week
of election)
2018-04-23

New officers and e-mail addresses

President

First Name
Marina

Last Name
Reed

Email
reed6@wisc.edu

Vice President

First Name

Larissa

Last Name

Gabler

Email

lgabler@wisc.edu

Secretary

First Name

Carlie

Last Name

Wilke

Email

cwilke3@wisc.edu

Treasurer

First Name

Elizabeth

Last Name

Langenstroer

Email

langenstroer@wisc.edu

Historian

First Name

Rachel

Last Name

Kunst

Email

rkunst@wisc.edu

Chapter advisor's name and e-mail address

First Name

Mary

Last Name
Hayney

Email
mary.hayney@wisc.edu

Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

The past academic year for the Eta Chapter of Rho Chi was busy yet productive that was capped off by inducting our second largest new class of initiates yet.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-10-05	General Meeting 15 members 7 exec members	Discuss and Vote on Kremers Lecture speaker candidates President Officer Report: committee assignments, VP Officer Report: jeopardy slides, tutoring, and health talks Secretary Officer Report: Kremers lecture speaker, Holiday Card making Treasurer Officer Report: Fundraising ideas Historian/Senate Rep. Officer Reports: AHA health walk, initiation	Vote for Kremers lecture speaker See Josh's email for tutoring/helping with therapy lab Think of fundraising ideas Contact Michael with Rho Chi clothing preferences Help keep track of attendance and dates of events Think of therapy questions to pose to DPH3 class
2018-03-12	General Meeting 33 members 6 exec members	President Officer Report: DPh3 Study Questions, upcoming exec board elections VP Officer Report: Half hour health talks, Jeopardy slides Secretary Officer Report: Kremer's lecture debrief Treasurer Officer Report: Rho Chi Apparel Fundraiser Historian/Senate Rep. Officer Report: initiation debrief Guest Speaker: Dr. Emily Jackson, PharmD	Email Melissa if you are interested in a leadership position Meet Melissa on Monday for a ribbon to wear at APhA DPh3 Study Questions coming out for next exam Sign up for a Half Hour Health Talk if you are interested Think of fundraising ideas for the rest of the semester/next year
2018-04-11	Board Meeting 5 exec members	Discuss transition documents Plan for elections Discuss committees Discuss annual report	Send old transition documents to Melissa Update transition document for organization as necessary Respond to inquiries

2018-04-23	General Meeting 28 members 7 exec members	Elections President Officer Report: Study questions, transitions VP Officer Report: Health talks and Jeopardy reviews complete Secretary Officer Report: No report Treasurer Officer Report: Fundraisers complete Historian/Senate Rep: No report	about exec board positions Reach out to potential candidates to gauge interest Fill out annual report
			Elections: President: Marina Reed Vice President: Larissa Gabler Secretary: Carlie Wilke Senator: Herolind Jusufi Historian: Rachel Kunst Treasurer: Elizabeth Langenstroer Webmaster: Miranda Bowers

Strategic Planning: What goals were set that relate to the Rho Chi mission?

As members of the Eta Chapter of Rho Chi, our mission is to foster, enrich and recognize scholarship and leadership in pharmacy. To help develop an environment of academic excellence, we set out to support a wide range of events and promotions that reach not only the pharmacy student body, but the community as well. This was done to both embolden a sense of fellowship in our chapter and to blend leadership and community service with scholarship in academics. In addition to the community service events and academic tutoring events already established at the University of Wisconsin, our chapter further developed and implemented a program developed three years ago called “Half-Hour Health Talks”. This program partners with local senior centers and encourages Rho Chi members to educate the community on pertinent health issues faced by older adults such as falls prevention and disease state management. With limited interest in the pharmacotherapy review sessions offered last year, our chapter is working towards adjusting to the academic needs of the student body by utilizing new strategies such as Jeopardy review games and study questions, in addition to continuing individual and small group tutoring. Additionally, our chapter worked to expand the reach of our study tips presentations to more students, presenting to both the first and second year pharmacy students.

Activities

Health Talks

The Half-Hour Health Talks initiative founded by the Eta Chapter of the Rho Chi Pharmacy Honor Society at the University of Wisconsin-Madison is a series of thirty minute presentations delivered by student pharmacists at community senior centers around the Madison, Wisconsin area. Student pharmacists have delivered presentations on the topics of cardiovascular disease, diabetes, heartburn, asthma, sleep changes with age, the aging process, depression and falls prevention, cough and cold treatments, health and disease screenings, and health promoting lifestyle modifications. The Half-Hour Health Talks programming aims to provide older adults

with relevant information necessary for appropriate management of their health conditions and the medications used to treat them. The content of the presentations focuses on self-management of the health condition being discussed and strategies for participants to use that can prevent or slow the progression of the condition

In this program's fourth year in the Eta Chapter, we have been able to provide a valuable service to the community. Since the program's creation in September 2014, a total of 93 Rho Chi members have prepared and delivered 71 presentations in which over 250 individuals have been in attendance. Our efforts have also led to a partnership with the Area Agency on Aging of Dane County, an organization dedicated to providing information and assistance in accessing services that help older adults remain independent.

Study Tips Colloquium to the Student Body:

To prepare first and second year pharmacy students for the expectations in their new academic classes, Rho Chi officers present both guidance in transitioning into graduate school and course and professor specific study tips in the beginning of the fall semester. These presentations were put on by eight different Rho Chi members and coordinated by the Rho Chi President. This year, the study skills and course study tips were separated into two separate lectures. The first year pharmacy students completed the GRIT survey prior to the presentation, and myself and other Rho Chi members discussed with them what GRIT is and our personal experiences as to how to transition from undergraduate to graduate school. The annual study tips presentations given to both the first and second year pharmacy students were moved to two weeks into school, to allow students exposure to the classes before discussion, and after taking the VARK survey, course study guides, organizational techniques, and both general and course specific study tips were discussed. Examples of student-made drug tables and organizational summaries were discussed, as well as other study aids that may be useful to students' learning material in the pharmacy curriculum. After all of the half hour-long presentations, students were given the opportunity to seek advice and ask questions of the Rho Chi presenters. A lot of time was spent discussing personal anecdotes on what has traditionally worked well in classes and how to best position oneself to succeed in pharmacy school.

AHA Heart Walk:

Each year, the Eta Chapter of Rho Chi creates a Heart Walk team in support of American Heart Month and the American Heart Association's annual Heart Walk. This year we had six students support this great cause by walking and raising money on a morning in September.

Tutoring Services to the Student Body:

Peer tutoring services for the student body at the University of Wisconsin School of Pharmacy is currently in its fourth year after evolving from open study halls to private tutors four years ago. Due to the lack of participation in the weekly open study halls, individual tutoring sessions were offered to students that had expressed interest through the Student and Academic Affairs office. A total of 16 students benefited from the individual tutoring service. Twelve Eta chapter members served as tutors for six different pharmacy school classes. This service was coordinated by Faculty Advisors and the Rho Chi Vice President and was championed by Rho Chi members to directly help first, second and third year pharmacy students who requested it.

Pharmacotherapy Review Sessions:

Another service offered by the Eta Chapter is a review session before every pharmacotherapy unit exam for second year students. In previous years our members presented PowerPoint slides that summarized each lecture for that particular unit. Given decreasing attendance to review sessions last year, the vice president this year decided to change the format of the review to a Jeopardy game. Each topic on the exam had multiple categories and focused on the important therapy knowledge to complete patient cases. The final Jeopardy consisted of a patient case to bring together all the information from the earlier part of the game. A total of 8 members helped in preparing the Jeopardy games that resulted in five review sessions held in the fall and four sessions in the spring. In the fall, each review session had between 50 and 60 second year pharmacy students in attendance, and around 40 second year students in the spring. The new format of the review sessions received very positive feedback from second year students. The interactive opportunity for second year students to test their knowledge a day before their exams have led to quite productive review sessions and will be utilized for years to come.

Pharmacotherapy Study Questions:

A new aspect of the pharmacotherapy review program was initiated by the Rho Chi President. Ten members of the chapter wrote around 275 practice exam questions for each third year pharmacotherapy exam in the fall and spring semester. Leading up to the exam the questions were sent out to the third year class via email and following a day later the answers would be sent out. Classmates provided positive feedback to this new program and appreciated having a way to test their knowledge prior to the exams.

Adopt-a-Family Holiday Cards:

In the past few years, Rho Chi has decorated has hosted a Holiday card potluck, where members of the Eta chapter gather and hand-make holiday cards for the Salvation Army's Adopt-a-family program. These cards are combined with gift baskets provided by our partners at UW health, and donated to low income families here in Madison to make their holiday season a little brighter. In this gift basket, each department includes a holiday card, which they fill out with their own well wishes. This past year's potluck was held on 11/21/17 and our chapter reached our goal of 100 cards.

New initiate social:

In the spirit of fellowship, the Eta Chapter organized a social event prior to the annual initiation ceremony. This is an annual event, and is arranged in order to let new members meet current members. This year, the event was held at The Great Dane on Wednesday, February 17th. About 30-40 students attended the event, with a great mix of second and third-year pharmacy students. It was a wonderful evening filled with friends, food and laughter.

Kremers Memorial Lecture:

Named after Edward G. Kremers, former director of the UW Madison School of pharmacy and a leader in the reforming of pharmacy education to the 4 year PharmD programs we have today, the Kremers Lecture is an annual seminar hosted by the Eta chapter of Rho Chi, with help from the Pharmacy Leadership Society. The theme of the lecture is leadership and intellectual achievement in pharmacy, and each year a keynote speaker is invited from across the country to enlighten and inspire our colleagues and classmates. This year marked the 68th annual lecture

held at the school of pharmacy, and our guest speaker was Dr. Marie A. Chisholm-Burns, Dean and Professor of the University of Tennessee Health Science Center College of Pharmacy and Professor of Surgery in the College of Medicine. To name a few of Dean Chisholm-Burns' accomplishments, she is the founder and director of the Medication Access Program which serves to enhance medication access to solid-organ transplant recipients. She serves on the board of the Accreditation Council for Pharmacy Education, and is a member of the National Academies of Practice. She also has performed extensive research on methods to improve adherence and access to medication and health services for underserved populations, which she spoke to in her lecture "Leadership, Possibilities, and Pharmacists' Value in Patient Care."

This year over 150 students, faculty, and staff attended the Kremers lecture. After the lecture a luncheon was held using funds allocated by the student senate (\$1200). We spent \$1349 on the Kremers lecture, exceeding our budget by \$149. This money will be taken from our discretionary budget, also supplied by student senate, and a detailed tally of expenses for the lecture has been made to prevent overspending net year. A gift of a picture frame sporting Bucky Badger, containing a photograph from the event was purchased and sent to the speaker after the lecture.

A new addition to the Kremers lecture was programming for the second year pharmacy class. Traditionally, the Kremers lecture has been a required event for second year students as part of their professional development and engagement course. This year, in collaboration with the president of PLS, pre and post lecture discussions were prepared and presented to the second year class to enhance the value of this required lecture for the students. As a principle topic of the lecture was transplant medicine, a brief, 20 minute presentation on transplant pharmacotherapy, as well as the consequences of non-adherence was given one week prior to the lecture to provide background information the second year class had not yet learned in their coursework. After the lecture, second year students met in multiple small "breakout sessions" where two third year pharmacy student members of Rho Chi or PLS guided discussion on what the second year students had learned from the lecture, and facilitated conversation about how this information will help them to become leaders in pharmacy. Food was provided in these breakout sessions, compliments of the school of pharmacy.

Financial Budgeting

Financial/ Budgeting:

The previous several years' budgets were examined and the consistent credits and debits were used to establish this year's operating budget. The officers and committee chairs were asked about any changes in the level of spending that they anticipated in the 2017-2018 year, and these changes were incorporated into the budget. Since increased funds were needed to support additional guests at the Initiation Ceremony and food for social events, dues that support the local chapter were collected. Expenses related to the Initiation Ceremony were also decreased relative to years prior through more accurate estimation of space and time requirements. Historically, the Eta Chapter raised funds by selling Drug Card study materials, completing a restaurant fundraiser, or selling medication boxes and tote bags. Due to diminishing demand for these items and minimal return on restaurant fundraisers, the decision to try a different fundraiser was made. The Eta Chapter conducted a successful new fundraiser this year, in the form of a Rho Chi apparel sale, to accommodate vocalized demand by the membership body. Designs were

created and approved by the National Office and sold during Spring semester; final costs 15% greater than unit cost were utilized to generate profit. Sales-based fundraisers moving forward may benefit from alternating tote bags and apparel sales to account for fluctuating consumer interest.

Installation Function

Each year, the Eta Chapter organizes and executes an initiation ceremony for the new initiates, and this year was no different. On Sunday, February 25th the UW-Madison School of Pharmacy Rho Chi Honor society welcomed 27 new initiates into their Eta chapter at Union South on the University of Wisconsin main campus. Preparation took months, but the ceremony went flawlessly due in large part to the grace of Dean, the acumen of faculty advisors, Professors Warren Rose and Mary Hayney, and the inspirational anecdotes of Professor and Doctor John Dopp. Initiation into the society was an event to be remembered. The guest speaker spoke about the importance of being in a profession that you love and are passionate about and gave advice on how to give back to the pharmacy community. Dr. Dopp's speech was inspiring and it was wonderful for students to hear his humorous stories and wonderful words of wisdom.

Evaluation/Reflection

The success of an organization is not dependent upon the few in a leadership position, but instead through the strength and involvement of its members. The executive leaders effectively used committees to organize and complete projects that would have been too large for individuals to complete on their own. The committees: Kremers Lecture, Initiation, Fundraising, Academic Outreach, and Student Body Presentations all were led by a different Rho Chi officer. This allowed for autonomy and leadership styles to develop and emerge throughout the year. The largest committee, academic outreach, focused entirely on providing tutoring and mentoring services to the school as well as the Half-Hour Health Talks Project. This committee's success was evidenced by increased attendance at the new Jeopardy review sessions that were created, the feedback from students who participated, and the ability of this committee to continue high quality tutoring sessions that had been developed in previous years. The second largest committee, student body presentation, focused entirely on giving both the graduate school transition and the first and second year class study tips presentations. Based on feedback from last years presentations and the feedback received after this years presentations, the adjustment from a one-hour long presentation for the first years to two half-hour long presentations given two weeks apart after assessment and reflection with the VARK and GRIT surveys by the students and focusing on different aspects of being a successful pharmacy student, proved to be more efficacious and engaging to the students. By developing committees with a clear agenda, and tasks that general membership had bought into, the programs and events developed by the Eta Chapter were highly successful for the school and honored the tradition of scholastic excellence and leadership of the Rho Chi Society.

As the leadership roles are passed from one class to the next, we would like to identify areas of improvement to ensure the success of the Eta Chapter. With the success of the pharmacotherapy study question offered to the third year pharmacy students, it would be beneficial for the questions from this year to be reviewed, improved upon, and sent out to the students before the

exams next year. Additionally, with the success of our apparel sale, it has been discussed that expanding upon the selection of apparel offered to Rho Chi members and additionally offering options for general UW Madison School of Pharmacy apparel to students outside of Rho Chi, will allow us to improve upon our fundraising. Finally, it was discussed that bringing back the mentorship program between the new Rho Chi initiates in the Spring and the current third year members of Rho Chi but basing the mentor and mentoree pairs on professional and pharmacy interests would provide more benefit than random pairings as previously done. This program could also expand to include fourth year pharmacy students with the same interests, in order for them to provide APPE and residency insight to both the new initiate and the third year pharmacy student. In line with intellectual leadership activities, the Eta Chapter created a more impactful experience for the second year pharmacy students attending the Annual Kremers Memorial Lecture by creating a pre-lecture presentation including background information on the lecture topic and a post-lecture discussion and reflection session. This is planned to be further expanded upon next year through adaption of the pre and post-lectures to the selected speaker and refining of these new aspects.

Overall, the year has been highly productive, and the officers of the 2017-2018 Eta chapter welcome the next board of officers to continue to improve upon the foundation of scholarship, fellowship and leadership at the UW School of Pharmacy Eta Chapter of Rho Chi.

Other Information

NA