

## **Annual Chapter Report Outline**

Please complete your Annual Chapter Report and submit to the National Office by May 15.

**Date of report submission:** 2018-05-11

**Name of School/College:** Xavier University of Louisiana

**Chapter Name & region:** Gamma Epsilon, Region VI

**Delegate who attended the Rho Chi Annual Meeting:** Gabriela Andonie

**Date Delegate's name submitted:** 2018-03-09

Past year's officers and e-mail addresses

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New officers and e-mail addresses for next academic year  
(If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

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Chapter advisor's name and e-mail address

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### Chapter advisor's name and e-mail address

[chapter-advisors]

### Introduction

On behalf of the Rho Chi Gamma Epsilon chapter at Xavier University of Louisiana's college of pharmacy, I (Isabel Sbeiti) am submitting our chapter's annual report. This is a summary of information about the past and current e-board members, our advisor, and our accomplishments in the past year, as well as a short reflection on what can be improved on by the current e-board, and some of our favorite moments. This report also includes information about our budget, courtesy of our treasurer, Codeigh.

**Meetings** Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-14	30	General Meeting topic: Faculty panel. Other things discussed: Upcoming meeting dates, honor cord requirements, upcoming community service dates and T-shirt order.	A panel consisting of Xavier University faculty members (Dr. Ifeanyi Onor, Dr. Christopher Gillard, and Dr. Raven Jackson) spoke to members about their clinical sites and their daily duties, in addition to their expectations as preceptors.
2017-10-12	30	General Meeting topic: Pharmaceutical Industry. Other things discussed: upcoming service events.	Dr. Lisa Flair and Dr. Camtu Ho spoke about the mission of Gilead sciences, new developments in the company, their position in the company and what it requires, and the path they took to get to where they are. They also facilitated a Q&A session about the various options available in the field of pharmacy.
2017-11-09	19	General Meeting topic: Culinary medicine. Other things discussed: community service events, honor cord requirement reminder and open floor for future service suggestions	Chef Kerri Dotson spoke about "a food first approach to nutrition education" which included statistics on food related diseases, the Mediterranean diet score, activities of the Goldring center for culinary medicine and a Q&A session about food.
2018-02-08	30	General Meeting topic: Specialty pharmacy. Other things addressed: Semester meeting dates, Honor cord	Dr. Claire Reuter (PharmD, BCPS) from Ochsner medical center came and spoke to our members about the workings of Ochsner's specialty pharmacy, the unique

requirement reminder and community service events.

services her site provides, and the future of specialty pharmacy at Ochsner. She also informed the members about a p4 APPE rotation available and a future PGY1 residency at her site.

**Strategic Planning:** What goals were set that relate to the Rho Chi mission?

The mission we set out to accomplish this year was to listen to our members and cater to their needs and wants. We wanted to present to them what they wanted to hear and what they expected out of this organization, so we listened! As an e-board, we felt like we should host speakers and activities that are most relevant to the interests of our members, so we continuously took polls to gauge what the majority of the people wanted to do. This resulted in most people wanting to hear from professionals in various parts/fields of pharmacy, so that they could gain exposure to and knowledge about what options are available to them in the world of pharmacy, and so that they could have an idea about and gain some knowledge on what they need to do to pursue their post-graduate goals. We also wanted to put focus on community service, so we polled the members and asked for their suggestions regarding places and causes they would like to dedicate their time and efforts to. This resulted in a broad range of activities we were able to partake in, and overall the diversity we were able to accomplish with the speakers and events via feedback from our members was exactly what we wanted to accomplish.

**Activities**

**P1 incoming new student Orientation**

>every year, Rho Chi has a table at the student organization fair at the new student orientation in order to make incoming students aware of the organization and its mission, as well as to encourage new incoming students to do their best. we participated in the fall 2017 student organization fair, and talked to many new incoming students, and we feel like we spread the mission of Rho Chi and gave them something to look forward to/work towards, as many of them were eager to be a part of it.

**Community Service Events**

**Fall**

- 9/5-7/2017 Hurricane Harvey Drive – During hurricane season in 2017, a couple of southern states were badly affected by Hurricane Harvey. Many disaster relief efforts were formed at the time to send aid to the people affected by this natural disaster. 24 of our members donated bottled water and canned goods to a school-wide provisions drive which were then sent to families and shelters that benefited from the goods. (one time event)

- 9/10/2017 Tour de Jefferson – Tour de Jefferson is the largest community event organized by the Jefferson Chamber of Commerce in Louisiana. Since its inception in 2006, Tour de Jefferson has become one of the premier cycling events in the region, bringing riders from around the country to Jefferson Parish each year. 10 of our members volunteered at this event and provided the cyclist participants with refreshments and assisted with other efforts at the event which was held at a local park. (one time event)

- 9/24/2017 NO/AIDs Walk- The Walk to End HIV presented by Chevron is a 5K (3.1 mile) fundraising walk that aims to raise awareness for all the individuals and families who have been affected by HIV/AIDS in the New Orleans area. Every year, hundreds of participants come together at Crescent Park to support those living with HIV/AIDS and remember those we have lost. All funds raised through the Walk benefit the programs and services of CrescentCare (formerly No/AIDS Task Force.). CrescentCare strives to create a healthier community by providing medical, supportive and behavioral services to individuals. One hundred percent of the funds raised stay right here in New Orleans. 11 of our members participated in this event by either donating to the cause, walking, handing out refreshments or directing participants towards designated areas. (Ongoing initiative)

- 10/14/2017 Acorn Farm – The Acorn Farm is an organic nonprofit urban farm located in the Lower Ninth Ward neighborhood of New Orleans, Louisiana. Many people in lower income communities in New Orleans struggle to access fresh food on a regular basis, and Acorn Farm’s mission is working to change that. 11 of our members spent the day at the farm and planted various crops and helped with other gardening activities. (ongoing initiative)

- 10/27/2017 Boo at the Zoo- An annual month long event that benefits children’s hospital of New Orleans and Audubon zoo. This is a family friendly event where children partake in Halloween themes activities and enjoy local music, art and food vendors. Proceeds benefit children’s hospital and many of its patients and families. 18 of our members volunteered at this event by helping run different displays/stations, directing families towards different activities and supervising the children as they played around the zoo. (New Initiative, hopefully ongoing)

- 11/6-12/2017 Kidney walk (DRIVE)-The national kidney foundation of Louisiana is the major state-wide voluntary non-profit health organization dedicated to preventing kidney and urinary tract diseases, improving the health and well-beng of individuals affected by these diseases and increasing the availability of all organs for transplantation. The NKFL provides vital patient and community services, conducts extensive public and professional education, advocates for patients through legislative action and supports kidney research to identify new treatments. The NKFL relies on individual and corporate donations, business partnerships, foundation and government grants and revenue from special events. More than 81 cents of each dollar donated to the NKFL goes directly to support its programs and services. 8 of our members made generous donations to the NKFL to support this cause through this drive that we hosted. (Annual ongoing initiative)

- 11/12/2017 Kidney Walk- Similar to above, 22 of our members attended the national kidney foundation’s walk that took place at Audubon Park. The members assisted in various activities at the walk, such as feeding/providing refreshments to the attendees, helped SNPhA with their disease screening initiative and helped with setup/breakdown activities for the event. (Annual, ongoing)

## Spring

- 1/27/2018 STEMNola- STEM NOLA is a project in the local community that exposes children to hands-on, challenging projects that expands their understanding of concepts related to science,

technology, engineering and math. Parents and children sign up for workshops, and volunteers who are typically college students or professionals, lead a STEM based activity and engage with the kids to teach them more and hopefully inspire them to want to pursue a future career in the STEM field. 10 of our members volunteered their day to lead some activities with the children. They built their own musical instruments to teach the kids about the concept of sound, and then let the kids play some instruments to teach them the concept of waves, vibrations and how sound works. (new initiative, hopefully ongoing)

- 2/17/2018 Habitat for Humanity- Habitat for Humanity is a global nonprofit housing organization working in nearly 1,400 communities across the United States and in approximately 70 countries around the world. Habitat's vision is of a world where everyone has a decent place to live. 7 of our members helped habitat in New Orleans work towards their mission by volunteering their efforts and time towards their cause of building. (ongoing, annual)

- 3/22/2018 Pelicans Game- Local New Orleans basketball team the pelicans competed in a game at the local smoothie king center. 20 of our members volunteered at this event and helped ensure that the event ran smoothly by carrying out various tasks, in addition to basic health screenings to the attendees (New Initiative)

- 3/12-16/2017 Vitamin Drive – In partnership with the Belle Chasse rotary club, 26 of our members donated vitamins to this drive to be shipped off to people in need in Mexico. Mostly donated were prenatal vitamins and children's chewables, but other kinds of vitamins were donated as well. (New Initiative)

- 4/6/2018 Initiation Banquet – the annual Rho Chi new member induction banquet. 20 of the existing members volunteered their time to help set up the event, and helped with hospitality and other misc. tasks to make sure the new initiates had a memorable event. This event was a huge success and we definitely had a lot of help from our previous initiates. (Annual)

- 4/14/2018 March of Dimes Drive- A donation drive was hosted to benefit the march of dimes. All money raised for them supports lifesaving research, community programs, education and advocacy to address the urgent health crisis facing moms and babies in the US. 3 of our members made generous donations to help support this organization's endeavors. (New Initiative)

\*\*\*not listed above in meetings due to limited space:

on 4/12/2018 we had our last monthly meeting. it was a P4 student/resident panel. 4 p4 students and a current Xavier resident spoke to us about what awaits us when we get to where they currently are, and things we should know about applying for residencies/fellowships.

we also had a total of 7 formal E-board meetings throughout the year to plan the organization's activities and sort out logistics.

## **Financial Budgeting**

As per our treasurer, Codeigh Hunt: the information on the budget was obtained from pricing various restaurants/gift options and comparing them to previous budgets our Rho Chi Chapter

has came up with in the past. It was approved by both Dr. Onor (the chapter adviser) and the E-Board at the beginning of both semesters. It supported our chapter activities to cover food/drinks and gifts for each of our guest speakers as a token of gratitude for their time during our regular Rho Chi Meetings. The Spring 2018 budget was different, as we had to also incorporate estimates for the Rho Chi Initiation Banquet's expenses.

Fundraising initiatives that we conducted to meet this budget consisted of selling Rho Chi Polos to both the E-Board and members, selling white coats to faculty, and selling t-shirts at the P1 incoming freshman orientation. Those are listed in the Expenditures/Revenue for Fall 2017 Word Document. For Spring 2018, we collected new member fees and guest payments for the Rho Chi Initiation Banquet as part of fundraising for the Spring 2018 budget. Those are listed in the Expenditures/Revenue for Spring 2018 document. The T-shirt designs for fundraising are included in the document, however that ended up falling through due to pricing issues, so does not need to be accounted for (it has just been left in for documentation purposes)

### **Rho Chi August 2017 Treasurer Report**

Category	Expenses	Revenue	Net Profit
E-Board Polos (5)	\$23.95 per polo for 5 members= \$119.75	\$27 per polo for 5 members=\$135	\$15.25
XULA COP Faculty White Lab Coat Sale (11)	\$558.35*	\$619.47	\$61.12
P1 Orientation T-Shirt Sales (8)	N/A	\$15 per t-shirt for 8 non-members= \$120	\$120
<b>Total</b>	<b>-\$678.10</b>	<b>\$874.47</b>	<b>\$196.37</b>

\*From Dr. Onor's Table

Deposited \$805.82 on August 22, 2017

Current Balance as of August 22, 2017: \$4,300.04

### **Rho Chi Fall 2017 Anticipated Semester Budget**

Category	Expenses	Revenue	Net Profit
Food for Meetings (3)	\$75 on food for 3 meetings=\$225	N/A	-\$225
Gifts for Guest Speakers (3)	\$22 per speaker for 3 meetings=\$66	N/A	-\$66
Polo Sale for Members (27)	\$18.95 per polo for 27 members= \$511.65 (exempt sales tax)	\$22 per polo for 27 members=\$594	\$82.35
T-Shirt Sales for Members*	\$20.50 per t-shirt for 20 members= \$410	\$22 per t-shirt for 20 members=\$440	\$30



<b>Total</b>	<b>-\$1,212.65</b>	<b>\$1,034</b>	<b>-\$178.65</b>
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\*Minimum of 20 T-Shirts need to be ordered to secure an order for Graphic Cow\*

-Tried to negotiate a lower price, went from \$22.50 to \$20.50 per t-shirt is the lowest they would go for an order of 20-35 t-shirts.

-Tried to poll current members on new design with Xavier logo (only 14 were interested, as opposed to 18 that were interested in the previous design). We could bring it up at the September 14th meeting to get a better estimate. Designs for the Rho Chi T-shirt (new and old) are on the next two pages.

New Design with Xavier Logo (14 members were interested so far):

# The Graphic Cow

WEB ORDER:

**571376**

DATE: 9-1-17

ARTIST: JHP

ACCT REP: SARA

SIZE: 12.2 x 13



SIZE: 2 x 2

GARMENT: COMFORT COLORS 6030 GRANITE

BACK DESIGN: NUMBER OF COLORS: 3

FRONT DESIGN: NUMBER OF COLORS: 1



For Questions or Changes, call 1.800.GRAFCOW (472-3269) or email [sales@grafcow.com](mailto:sales@grafcow.com). Thanks!

Previous (Old) T-Shirt Design without Xavier Logo (18 members were interested):

# The Graphic Cow

WEB ORDER:

**571376**

DATE: 8-1-17

ARTIST: JHP

ACCT REP: SARA

SIZE: 12.2 x 13



SIZE: 2 x 2

GARMENT: COMFORT COLORS 6030 GRANITE

BACK DESIGN: NUMBER OF COLORS: 4 FRONT DESIGN: NUMBER OF COLORS: 1

 ROYAL  WHITE  
 LT. GOLD  PURPLE

 PURPLE

For Questions or Changes, call 1.800.GRAFCOW (472-3269) or email [sales@grafcow.com](mailto:sales@grafcow.com). Thanks!

Ideas to Increase Revenue:

-Due to the expected negative net loss predicted for Fall 2017, solution to offset the loss could be another T-shirt design for non-members.

-Could possibly use the previous/old T-shirt design but instead of “The Rho Chi Society,” we could put Xavier University of Louisiana College of Pharmacy on the back and place Xavier’s logo on front pocket).

-Sell remaining t-shirts from inventory in COP Lobby during semester. (Sold them for \$15 at orientation).

Updated T-Shirt Inventory listed below:

Rho Chi Grey Faces Long Sleeve T-Shirts	
Size	Quantity
XL	5

Rho Chi Blue State T-Shirts	
Size	Quantity
Small	3
Medium	4

Rho Chi Grey T-Shirts*	
Size	Quantity
XL	7
2XL	5

\*1-AS shirt someone paid for (Ahlam Ayyad)

Rho Chi Navy/Black Faces T-Shirts	
Size	Quantity
Small	3
Medium	1
Large	2
2XL	1
3XL	1

## Expenditures and Revenue for Rho Chi Society Fall 2017

### Expenditures:

**\$119.75** to Monogram Express for Rho Chi E-Board Polo’s

**\$558.35** to Uniforms by Bayou for Faculty White Coats

**\$70.31** on Domino's Pizza (Food) for Meeting #1

**\$42.83** on XULA Bookstore Travel Tumblers (2)+ Pens (2) (Gifts) for Meeting #1

**\$41.75** on New Orleans Go Cups (3) (Gifts) for Meetings #2 and #3

**\$454.80** to Monogram Express for Rho Chi Member Polo's (24)

**\$124.54** on Rouse's Catering (Food) for Meeting #3

Expenditure total: **\$1412.33**

## Revenue:

**\$135** in E-Board Polo sales

**\$155** in P1 Orientation T-Shirt Sales

**\$619.47** in Faculty White Coat Sales

**\$528** in Rho Chi Member Polo Sales

**\$30** in leftover P1 Orientation T-Shirt Sales (2)

**\$23** given from previous Treasurer

**\$100** given from previous Treasurer in leftover change

**\$220** from Emoji T-Shirt Sales (2016-2017 E-Board)

Revenue total: **\$1810.47**

Net Revenue-Net Expenditure= \$1810.47-\$1412.33=+**\$398.14 for Fall 2017**

### **Rho Chi Gamma Epsilon Chapter Budget**

Date: January 19, 2018

Gamma Epsilon Chapter: Region VI- Gulf Coast

Faculty Advisor: Dr. Ifeanyi Onor

President: Bree Bergeron

Vice President: Gabriela Andonie

Secretary: Lynn Hoang

Treasurer: Codeigh Hunt  
 Historian: Isabel Sbeiti

<b>Spring 2018</b>	<b>Expenses</b>	<b>Revenue</b>
Meeting Food/Refreshments	\$270	
Gift for Guest Speakers	\$70.00	
Cash Box	\$0.00	
Total Expenses	\$340	
Total Revenue	<u>\$0</u>	
Total Profit	<b>-\$340</b>	

Balance as of 1/9/2018 is \$3,915.21.

Fundraising Ideas?

- T-Shirt sale for whole XULA COP
- Kickball Tournament
- Trivia Night
- Silent Auction
- Etc.

#### Rho Chi Gamma Epsilon Chapter Initiation Banquet Budget

Zea's Rotisserie& Grill	100 guests		120 guests		140 guests	
Rotisserie Chicken (House Rub) (37.50 ea) 12 quarter chickens per order (1/4 pp)	9	\$337.50	10	\$375	12	\$450
Corn grits (12.95 ea) Quart serving 6- 8pp	13	\$168.35	15	\$194.25	18	\$233.10
Red Beans and Rice (12.95 ea) Quart serving 6- 8pp	13	\$168.35	15	\$194.25	18	\$233.10

Steamed Broccoli (12.95 ea) Quart serving 6-8pp	13	\$168.35	15	\$194.25	18	\$233.10
Shrimp Breaux Bridge Pasta (41.95 ea) ½ pan serving 6-10pp	4	\$167.80	6	\$251.70	8	\$335.60
<b>Total Cost</b>	<b>\$1,010.35</b>		<b>\$1,209.45</b>		<b>\$1,484.90</b>	

Additional info for 100: Sides serve 78-104.

Additional info for 120: Sides serve 90-120.

Additional info for 140: Sides serve 108-144

### **Delivery Options:**

Delivery available on orders of \$200 or more in a 10-mile radius or 30-minute drive

*Delivery Drop Off:* 10% (minimum \$30)

“Dropped off on time at the front door with a smile.”

*Delivery with Set Up:* 18% (minimum \$50)

“We make it easy for you. Our professional delivery staff will deliver items promptly, lay everything out to client’s preference, toss salads and sauces on site for freshness.”

## **Expenditures and Revenue for Rho Chi Society Spring 2018**

### **Expenditures:**

**\$41.57** on Rouse’s For Water for Meeting #1

**\$74.11** on Domino’s Pizza for Meeting #1

**\$42.83** on Gifts For Meetings #1 and #2

**\$116.26** on Rouse’s For Food for Meeting #2

**\$20.00** on Starbuck’s Gift Cards as Gifts for Meeting #3

**\$155.05** on Jimmy John's For Meeting #3  
**\$52.80** on Rouse's for New Member First Meeting Food/Drinks  
**\$1737.60** on Zea's for Rho Chi Initiation Banquet  
**\$1950.00** on payment to National Rho Chi Society Honor Cords/Pins

Expenditure total: **\$4,190.22**

## Revenue:

**\$2855** from New Member Fees for Rho Chi  
**\$2120** from Guest Payments for Rho Chi Initiation Banquet

Revenue total: **\$4,975**

Net Revenue-Net Expenditure= \$4,975- \$4,190.22 =+**\$784.78 for Spring 2018**

## Installation Function

The initiation banquet was held on 4/6/2018 in the Administration auditorium. 30 new members were initiated into the Gamma Epsilon chapter of Rho Chi that evening. Our new inductees brought along friends, family and loved ones to share their joy in this accomplishment. Faculty and staff also attended and extended their regards to the new initiates and their guests.

Our guest speaker of the evening was Dr. Christopher Gillard. Dr. Christopher Gillard is Clinical Assistant Professor in the College of Pharmacy. He graduated Summa Cum Laude with his Doctor of Pharmacy Degree from Xavier University in 2011. After earning his Pharm.D., Dr. Gillard completed a Pharmacy Practice Residency with Xavier and LSU Health Sciences Center. He has been a faculty member here at Xavier College of Pharmacy for more than 5 years. Dr. Gillard currently teaches topics in Cardiology Disease Management, Pharmacogenomics, and Self Care Medicine.

Dr. Gillard is a licensed pharmacist registered in the state of Louisiana and a Board Certified Pharmacotherapy Specialist. He maintains an internal medicine clinical pharmacy practice site at University Medical Center in New Orleans where he trains pharmacy students and residents and he also serves as residency director for one of Xavier University's residency programs. Dr. Gillard's interests are research in cardiology, infectious disease, and mentoring pharmacy students on their career paths. Dr. Gillard is a 2009 Rho Chi Pharmaceutical Honor Society inductee.



Following the ceremony, we had a catered dinner from Zea's rotisserie and grill for all attendees, and our new initiates got to interact with some old members, and take photos with their guests and enjoy the rest of the evening.

## **Evaluation/Reflection**

I think overall, we were able to accomplish some very rewarding things. One thing we are proud of is the diversity we were able to offer our members. We tried not to focus exclusively on too much of one thing, but instead gave everyone a taste of various topics and activities. We tried to bring in guest speakers who have pharmacy careers that are different from the standard hospital/retail path that we are most familiar with. We got to hear from the corporate management side, the industry side, the specialty pharmacy side, and the P4 students/residents to gain some perspective from a student's point of view. We also got to hear from a medical nutritionist, and even got some other valuable formation other than pharmacy-related talk from some of the different speakers.

As far as community service goes, and as our above summary shows, we tried to do a little bit of everything. Some walks to support different causes, some events targeted towards children, some targeted to adults, some targeted towards disaster relief etc. There were many good causes to support and we attempted to touch on a little bit of everything. Our members were very enthusiastic to attend and help, and overall we as an e-board believe that being in Rho Chi this year was very rewarding to both all of them, and us. One thing we wish we focused on more was fundraising so that we could be able to do a little bit more, but hopefully next year's e-board will do more in the way of that. Otherwise, we feel like it was a great year with Rho Chi, and hope the new incoming initiates and e-board feel the same sense of community that we did.

Some new initiatives that we took up were the vitamin drive, STEM NOLA and boo at the zoo. I think those were some of everyone's favorite events that we hope the future e-board will stick with because we feel like they were among the most rewarding. The vitamin drive was a new initiative which we felt was directly related to the profession of pharmacy in the sense that we were "dispensing tablets" to patients in need, so we hope to continue that. STEM and boo at the zoo directly dealt with children, and we feel like children are some of the most impressionable people, so we feel like there is a certain sense of importance to be a positive role model for a child in our local community so that we could inspire the generation of the future to do great things when they grow up.

## **Other Information**

N/A