



**The Rho Chi Society
Annual Chapter Report**

Date of report submission: May 2015

Name of School/College: School of Pharmacy
Medical Sciences Campus
University of Puerto Rico

Chapter name and region: Gamma Eta – Region III-S

Chapter advisor's name and e-mail address:

Kyle Melin, Pharm. D., BCPS, AE-C
Adjunct Professor
School of Pharmacy
Medical Sciences Campus University
of Puerto Rico Email:
kyle.melin@upr.edu

Delegate who attended the Rho Chi Annual Meeting: Alexandra Velez Feliciano

Date delegate's name submitted to Rho Chi: March 12, 2014

Past year's officers and e-mail addresses:

<u>Names:</u>	<u>Emails:</u>
President: Caroline Mejías	caroline.mejias@upr.edu
Vice President: Carlos Ocasio	carlos.ocasio2@upr.edu
Secretary: Loida Portalatín	loida.portalatin@upr.edu
Treasurer: Juan C. Padilla	juan.padilla2@upr.edu
Historian: Stefanie Rosado	stefanie.rosado@upr.edu

New officers and e-mail addresses for next academic year:

To be elected during next academic semester in September.

Number of Rho Chi student members at college or school, listed by class year and program:

Pharm D 2015- 10 students
Pharm D 2016- 9 students
Pharmacy Masters Degree- 4 students

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National Office Contact Information:
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Meetings:

Date	Attendance	Agenda	Action Steps
08/26/2014	18 members Chapter advisor	1. Introductory presentation about Rho Chi 2. Assembly for nominations of new officers and committee directors	<ul style="list-style-type: none"> • New officers nominated • New officers elected by Rho Chi members through an online survey
09/24/2014	Members Dean of the School of Pharmacy Chapter advisor Invited speaker Faculty member	1. Initiation of new Rho Chi Gamma Eta members	<ul style="list-style-type: none"> • The Initiation Ritual was completed successfully
10/07/2014	Officers Chapter advisor	1. Proposal of new activities for the 2014-2015 calendar	<ul style="list-style-type: none"> • Agreed on the date for the first official meeting with the officers and committee directors
10/20/2014	Officers Committee directors Chapter advisor	1. Health fair in Farmacia Ruiz Belvis 2. Coordination for bank account transfer	<ul style="list-style-type: none"> • Dates were selected • Objectives were accomplished
12/08/2014	Officers Committee directors Chapter advisor	1. Organize the CV workshop 2. Organize the SOAP note workshop	<ul style="list-style-type: none"> • Dates were selected • Objectives were accomplished
01/28/2015	Officers	1. Decide the student delegate for the Rho Chi National Meeting	<ul style="list-style-type: none"> • Objective was accomplished
02/23/2015	Officers Committee directors Chapter advisor	1. Organize the orientation to PY1 and PY2 students about the next pharmacy year	<ul style="list-style-type: none"> • Dates was selected • Objective was accomplished
05/05/2015	Officers Committee directors Chapter advisor	1. Work on the Annual Chapter Report 2. Organize the NAPLEX Jeopardy	<ul style="list-style-type: none"> • Dates were selected • Objectives were accomplished

Strategic Planning: Goals set that relate to the Rho Chi mission

1. Raise awareness of the importance of developing pharmacy leaders in the academic and professional aspect.
2. Develop and organize activities that encourage pharmacy student's intellectual capacity.
3. Develop community service with other professional organizations to promote and provide pharmacy services.

Activities:

A **Curriculum Vitae workshop**, offered by faculty member Dr. Marianela Pérez, was sponsored by the Rho Chi chapter. This activity was offered in the School of Pharmacy and included the participation of 55 pharmacy students. Pizza and beverages were provided by the chapter. The purpose of this activity was providing information about the creation of a very important document, the Curriculum Vitae (CV). The presentation included the do's and don'ts related to the CV, as well as some excellent examples. This is the second year this activity was offered, since it began in 2014. The feedback for this activity was very positive and the pharmacy students learned essential information about the creation of their first CV.

Dr. Vélez, faculty member of the School of Pharmacy, offered a workshop on how to write a **SOAP note**. This activity was offered in the School of Pharmacy and included the participation of 50 pharmacy students. It was designed to help prepare students who were just beginning their longitudinal clinical learning experiences. The purpose of this activity was to explain the parts of the SOAP note and the importance of it for communicating medication and health-related needs between pharmacists and with other health care providers. The presentation also included the do's and don'ts related to the SOAP note and a patient case was offered to the workshop participants to put in practice what they learned during the workshop.

During our last semester we conducted an interactive **NAPLEX review**. We accomplished this by adapting the review to a Jeopardy like presentation. We split participants into teams of 5-6 members, in which one representative of each team was asked a question from subjects commonly seen in the NAPLEX, and was given points if they answered correctly, but points were subtracted if they answered incorrectly. This activity stimulated members to think critically while providing a great team environment that fostered collaboration. We received very positive feedback from the participants. This is the second year that the NAPLEX Jeopardy was provided by our chapter.

As part of the Community Service Activities, we organized a **Health Fair** to take place at Ruiz Belvis Community Pharmacy in Las Piedras, Puerto Rico. This activity was a new initiative that took place on November 1st, 2014. The activity was planned as a health educational event to provide outreach outside the academic community. It consisted in providing medication therapy evaluation ("brown bag"), blood pressure measurements and hypertension prevention and management information. Four members of our society participated in the event where approximately 25-30 patients attended. By exerting our leadership to organize an activity that uses our intellectual abilities and knowledge to provide a service to our community, this activity

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aligns with the society's mission. Moreover, it promotes leadership, ethical conduct and desire to service in our society's members while it contributes to the advance of our profession.

A **Health Clinic** was organized by the association "Pharmacy in your Community" conducted in the apartment community of Borinquen Towers in San Juan, Puerto Rico. Several other student societies from different colleges and other professional organizations were also part of this clinic. Information was provided to patients about several topics of interest and health screenings for hypertension, blood sugar, and cholesterol were also performed in the clinic. Rho Chi members provided information to patients about hypercholesterolemia for which a brochure and other written materials were developed. This included information about prevention and management of high cholesterol, proper food label reading, and MyPlate food selection. In addition, evaluation and counseling about total cholesterol levels obtained from the medical technologist's booth were provided.

During the month of May 2015, a 15-minute **Orientation Lecture** was offered to the first and second year students of the pharmacy school about what to expect the next academic year 2015-2016 on their respective professional year curriculum. Information of the different courses was provided and some studying recommendations were given so that students could prepare themselves. Many questions were answered during the lecture and many of the students felt more secure about what to expect on the next academic year. The total of students that participated by both lectures was 50, and the lecture was offered by three Rho Chi members. This was the first time this type of event was offered and it had positive results. The goals of the lecture were accomplished by transmitting resourceful information to the pharmacy students.

Rho Chi's participation in the **Open-House of the School of Pharmacy** has been an ongoing activity for the past two years. This took place on October 25th, 2014 with the collaboration from all the student's organizations to provide information about the pharmacist role in different settings and the opportunities available within each professional organization. Rho Chi Gamma Eta Chapter presentation encompassed the importance of good academic performance, overall curriculum organization, and the recognition this organization provides to intellectual achievement. Approximately, 80 students attended the Open-House, which included high-school students, college undergraduates, college graduates, and family members. A session of questions and answers was also provided.

As required on the By-Laws, this year the Gamma Eta Chapter designated a delegate for attendance to the **Rho Chi Society Annual Meeting** held in San Diego, California. Among the various items presented in the agenda, the delegate participated in the approval votes for new chapter petitions and Chapter Delegate Discussion on challenges shared with other region chapters.

Regarding the funds needed for the initiation ceremony of the future members, a fundraiser will be held in August, where the whole pharmacy school, including students and faculty, will be invited to participate. The fundraiser will consist on reserving a date in a selected restaurant, where the participants will be given a period of time to visit the location. A percent of the revenue from that period will be given to the association by the restaurant, for providing the guests. No financial investment will be needed to conduct this activity. All of the participants will benefit from a time shared among peers. The chapter will benefit by receiving more exposure and the additional funds.

Financial/ Budgeting:

Our chapter had one primary financial goal: to manage existing funds appropriately, so as to have enough capital to carry out planned activities as well as to cover expenses incurred as part of the initiation ceremony. In past years the largest expenses were typically providing food and beverages for students attending workshops or other activities; so to minimize expenditures our chapter cooperated with other associations, while having the additional bonus of reaching a broader student body. Additionally the chapter is planning a fundraising activity to recuperate funds spent. This activity was originally planned to occur in May but due to unforeseen circumstances the activity had to be postponed and will be carried out in August.

Initiation Function:

Initiation function took place on September 24th, 2014 in a room of the School of Pharmacy. In attendance was the Dean of the School of Pharmacy, Dean of Academic Affairs, Chapter advisor, past year's officers, speaker, new members, family, and friends. The program of the activity was prepared in accordance with the Initiation Ritual as approved by the Executive Council Action. The invited speaker was Dr. Daled Serrano-Bahri, a new practitioner member of the Rho Chi Honor Society and former chapter advisor in our institution. She is currently a Clinical Pharmacist of the University Pediatric Hospital and offered a motivational talk about the challenges after completing the Doctor of Pharmacy Program and the importance of becoming an intellectual leader to excel in the profession. The initiation concluded with a time of refreshments and fraternization among attendees.

Evaluation/Reflection:

Among the activities organized by our chapter, most of them have been successful in fulfilling their purpose since they appeal to the interests of our audience. In activities such as the SOAP Workshop, CV Workshop, PY1 and PY2 Students Orientations and the NAPLEX Jeopardy, the classrooms were filled to capacity. In such activities the audience showed active participation and at the end they seemed to be satisfied with the content. We recognize that such observations are not enough to measure the effectiveness of such activities. One way we can improve our performance is by obtaining feedback at the end of each activity through short questionnaires assessing the usefulness of the content, the resources, and promotion of the activities among other parameters. This way we can consider any suggestion at the time of organizing new activities.

Other information: N/A

Most Improved Chapter Award

Name of School/College: School of Pharmacy

Medical Sciences Campus

University of Puerto Rico

Chapter name and region: Gamma Eta – Region III-S

Name of member submitting statement: Caroline M. Mejías-De Jesús

Name of Chapter Advisor: Dr. Kyle Melin

During the 2014-2015 academic year, the Rho Chi Gamma Eta chapter of the University of Puerto Rico's School of Pharmacy showed significant improvement from previous years. The chapter's focus was not only on the academic excellence promoted through workshops or meetings, but also on using that knowledge in community service activities that could impact many lives. One of the improvements was the higher number of meetings among the Rho Chi members, which allowed for better communication and successful activities. Both the Curriculum Vitae and SOAP note workshops had very high participation from all pharmacy school classes due to the promotion of the activity through e-mails and by Rho Chi members visiting the different classes to explain the importance of the skills that could be acquired by attending the workshops. We also showed great improvement in the NAPLEX Jeopardy activity offered by the Rho Chi chapter since last year. The participation went from 10 students that participated last year to 41 students that attended this year.

This year we selected Alexandra Velez as our chapter's delegate to the Rho Chi Annual Meeting. This was a great opportunity to network with other Rho Chi chapters and be aware of the activities sponsored by this society in other Schools of Pharmacy. We also participated in our School of Pharmacy activities by offering support to the Open House organized every year for prospective pharmacy students. We had the opportunity to talk to the participants about academic performance and time management.

In this academic year giving back to the community was really important for us. This is why we organized a health fair in a community pharmacy where we educated the patients about hypertension and evaluated their drug therapy. Also, we were invited to a health clinic by another pharmacy association and supported the activity by educating patients about hypercholesterolemia. Both health clinics were great opportunities to communicate and impact many lives with what was learned during this year in class.

The Rho Chi Gamma Eta Chapter has improved greatly during this academic year by becoming more involved with the community and with the School of Pharmacy. In particular, we were able to dramatically improve attendance to a variety of events that, while held previously, were not well attended. We have provided tools necessary for pharmacy students to become the great pharmacists they want to be in the future. Our goal is to continue improving as a chapter in providing service to both the school and our community during the next academic year.



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Appendix 1

Chapter Activities Report Template

[Rho Chi Gamma Eta, University of Puerto Rico School of Pharmacy] Activity Table								
Category of Activity ¹	Title of Activity	Brief Description ²	How Does This Activity Align With the Rho Chi Mission Statement?	Years the Activity has Been Ongoing?	If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?	How Many Members Participated in the Activity?	How Many Students (non-members) and/or Patients were impacted by the Activity?	Financial Information for the Activity [Budget Required, Fundraising Amount]
Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	Curriculum Vitae workshop	Dr. Pérez, faculty member of the School of Pharmacy	This activity promotes intellectual excellence by directing pharmacy students in the creation of a CV. This document portrays the achievements and accomplishments of the student.	2 years	No evaluations were done to assess the success of the activity. The improvement was related to the promotion of the activity which increased the participation.	7 members	48 students	Required \$74.80 for pizza and beverages

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	Jeopardy (NAPLEX VERSION)	We provided a short NAPLEX review, utilizing an interactive activity such as the game of Jeopardy. The questions were obtained from review books such as RxPrep.	This activity stimulated members to think critically while provided a great team environment that fostered collaboration.	2 years	At this time, no evaluations have been completed about the activity. But the student assistance was significantly increased.	8 students	33 non-member students	There was no money required to complete the activity. Professors and students loaned all the materials required.
	SOAP note workshop	Dr. Vélez, faculty member of the School of Pharmacy, offered a workshop on how to write a SOAP note. A patient case was presented so that the workshop participants could put into practice what they learned.	This activity promotes intellectual excellence by directing pharmacy students in how to document and communicate medication and health-related needs.	First time	No evaluations were done to assess the success of the activity.	9 members	41 students	Required \$74.50 for pizza and beverages
College of Pharmacy Events [non-academic, non-patient outreach]	Open-House: School of Pharmacy	Rho Chi intervention for this activity consisted in providing information to interested undergraduate students about the importance of good academic performance and time management. A brief description of this student organization was provided.	Prospective students for the School of Pharmacy were encouraged for intellectual achievement before and after their application process. In addition, the importance of developing and becoming an intellectual leader was highlighted.	2 years	Evaluation of the intervention was based on the Dean's of Academic Affairs feedback. Improvements include time management to fit the designated schedule and incorporating more examples.	2 members	~80	None

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	Rho Chi Society Annual Meeting	Chapter delegate representation for the annual meeting.	Intellectual achievement recognition and development of intellectual leaders.	Absent last year	N/A	1 member	none	\$1,000 provided by the School of Pharmacy
Patient Outreach Events/ Community Service	Health Fair- Ruiz Belvis Community Pharmacy	Health Educational event that consisted in providing medication therapy evaluation ("brown bag"), blood pressure measurement and hypertension prevention and management information.	By exerting our leadership to organize an activity that uses our intellectual abilities and knowledge to provide a service to our community, this activity aligns with the society's mission.	The activity took place in November 1 st , 2014 for the first time.	N/A	Four members of our society participated in the activity.	An approximate of 25-30 patients were impacted by the activity.	The pharmacy where the activity was organized collaborated with some of the materials needed such as tables, chairs and blood pressure monitors.
	Health Clinic: Borinquen Towers	The topic assigned for this health clinic was hypercholesterolemia. Brochures that contained information for disease prevention and management were prepared and distributed to patients.	This activity promoted collaboration between student organizations to provide patients quality information for health promotion.	First time	N/A	2 members	33 patients	\$5 funded by the chapter
Fundraising Events	Rho Chi Fundraising	A fundraiser will be held in August and will consist on reserving a date in a selected restaurant, where the participants will be giving a period of time to visit the location. A percent of the revenue will be given to the association by the restaurant.	It aligns with the Rho Chi Mission Statement, because this activity will let our local pharmacy community become aware of the society. It also will provide the necessary funds so that a commendable initiation ceremony could be conducted next year.	N/A	N/A	All of the members of the society and their guests will participate in the activity.	The whole Pharmacy School population will be impacted by providing an adequate time for fraternization among peers.	There is no budget required for this activity and the revenue cannot be estimated, because it is based on the participation rate.

Appendix 2

Rho Chi Chapter Annual Report Template and Example.

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance	Comment
Balance forward		\$551.89	\$551.89	Balance from last year
Pizza / Soda for CV workshop	\$74.80		\$477.09	55 students and 1 faculty member attended
Pizza/ Soda for SOAP workshop	\$74.50		\$377.59	50 students and 4 faculty member attended and
*** Fundraising activity pending				This activity will be carried out in the upcoming months.
Actual Balance			\$377.59	Current balance