Annual Chapter Report - 2017

Please complete your Annual Chapter Report, adhering strictly to the format below, and submit it to the National Office via e-mail (RhoChi@unc.edu) by May 15.

General formatting guidelines:

* Adhere to the page/word limitations specified in each section.
* Use 12 point, Times-New Roman, font.
* Do not include any attachments or appendices.
* Submit as a Word Document.

Date of report submission: May 15th, 2017

**Name of School:** University of Puerto Rico Medical Sciences Campus School of Pharmacy

**Chapter name and region:** Gamma Eta Chapter – Region III-S

**Chapter advisor’s name and e-mail address:**

Marla K. Sáez Rivera, PharmD

Assistant Professor

School of Pharmacy

Medical Sciences Campus

University of Puerto Rico

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**Delegate who attended the Rho Chi Annual Meeting:** Nicole M. Del Toro Pagán

**Past year’s officers and e-mail addresses:**

President: Esteban Aquino; esteban.aquino1@upr.edu

Vice President: Julio Cedeño; julio.cedeno@upr.edu

Secretary: Natcha Vicente; natcha.vicente@upr.edu

Treasurer: Nicole M. Del Toro; nicole.deltoro@upr.edu

Historian: Daris Rivera; daris.rivera@upr.edu

**New officers and e-mail addresses for next academic year:**

To be elected during next academic semester in September.

**Number of Rho Chi student members at college or school, listed by class year and program:**

PharmD 2017 – 9 students

PharmD 2018 – 9 students

Pharmacy Master's Degree – 11 students

**Meetings**: Provide information on meetings held in the following tabular format (Limit 1.5 page)

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Attendance | Agenda | Action Steps |
| August 26, 2016 | 14 new members  Past officers  Chapter advisor | Introductory presentation about the Rho Chi Society  Assembly for nominations of new officers and committee directors | Nominations  New officers elected by Rho Chi Society members |
| September 20, 2016 | New members  Past officers  Chapter advisor  Speakers  Faculty members  Family members of the new members of the chapter. | Initiation of new Rho Chi Society Gamma Eta Chapter members | Initiation ritual |
| September 27, 2016 | New officers  Chapter advisor | Meeting for proposal of new activities for 2016-2017 | Brainstorming for possible activities Agreed on the date for some of these |
| September 28, 2016 | New members  Chapter advisor | “Un café por el Alzheimer’s” & Color Day | Coffee and donuts were sold and a color day was held using purple with a $1 donation of the participants. The money collected was donated to OPAPA a non-profit organization. |
| November 11, 2016 | President: Esteban Aquino  Treasurer: Nicole Del Toro  Member: Zoriely Amador  Member: Valerie Velez | Respiratory conditions educative table | Patient counseling and education in a local community pharmacy. Main focus was on conditions such as asthma, COPD. |
| December 20, 2016 | Past and current  Treasurers | Close current bank account | Transfer of funds to new account in *Banco Popular.* |
| December 13, 2016 | Officers  Chapter advisor | Meeting to discuss participation in Adherence Challenge and possible fund raising activities | Agreement about our participation in the Adherence Challenge alongside School of Medicine (January-March 2017) |
| January 24, 2017 | 8 members  Chapter advisor | Breakfast fundraiser | Fundraiser at the School of Pharmacy. Sold breakfast to students and faculty members. |
| January-March 2017 | 12 members  Chapter advisor  Collaborators of different healthcare professions: nursing, medicine etc. | Script your future Adherence Challenge | Different activities were coordinated during this period for the challenge: brown bag events and informative sessions to discuss the importance of medication adherence |
| April 16, 2017 | 7 members  Chapter advisor  Collaborators of different healthcare professions: nursing, medicine etc. | Health Fair in *Iglesia de Jesucristo El Caballero de la Cruz* | Different activities were coordinated during this activity: medication review, immunization education, blood pressure and pulse evaluations, glucose monitoring, weight and BMI measurement, and general patient education. |
| April 26, 2017 | 9 members  Chapter advisor | Core Elements: Antimicrobial Stewardship | Together with our school’s ASHP and APhA chapters, two of our members discussed the importance of the Antimicrobial Stewardship Program (ASP) and the Joint Commission requirements. We had an invited director of pharmacy who discussed her experience with the implementation of the ASP. |
| April 29, 2017 | 2 members | Brown Bag Day, Health Fair at Borinquen Towers | In a joint effort with multiple organizations, members educated patients about proper medication use. |

**Strategic Planning**: What goals were set that relate to the Rho Chi mission? (Limit 0.5 page)

1. To promote and encourage recognition of the pharmacy profession amongst other health professionals.
2. Strengthen the relationship with the community and other organizations to continue offering pharmaceutical care.
3. To emphasize the importance of becoming leaders in our practice field.
4. Promote, develop and offer activities that help and inspire colleagues to continue developing their intellectual abilities.

**Activities**:

For the first time, Rho Chi Society introduced a new activity focused on Alzheimer’s disease. “Un Café por el Alzheimer” (A coffee for Alzheimer's) as a local effort to create consciousness in the community about these disease. The chapter sold coffee and donuts to students and faculty members in the School of Pharmacy and everyone was encouraged to wear the color purple and donate a dollar. During the activity, the members distributed facts about the disease to all the participants and encouraged them to share personal experiences and knowledge about it while drinking their coffee. All the profits were donated to *Organización en Pro de la Atención a la Persona con Alzheimer* (OPAPA), a non-profit association that helps Alzheimer's patients and their family members. The total amount raised was of $143.62.

On November 11, 2016, the members of the Gamma Eta Chapter reached asthma and COPD patients in a local Community Pharmacy. The member Zoriely Amador contacted patients that were being treated for these conditions and received their medication at Farmacia Medina and invited them to receive counseling and education. Advice was given about the adequate techniques when using inhalers. Moreover, flow meter tests were conducted and written printed education was distributed to the patients.

From January to March 2017, we participated in an interprofessional effort to raise awareness about medication adherence especially in patients with diabetes. We had the opportunity of working together with students from the School of Medicine Student organization *Asociación De Estudiantes al Servicio de la Comunidad* (AESCo), students doing rotations in the Pediatric Hospital of Puerto Rico and Dental Medicine students. In each activity, pharmacy and medicine students worked interprofessionally to provide patient education. Also, we had the opportunity to work hand in hand with other entities from different parts of the island. These are the External Clinics of the Medical Sciences Campus of the University of Puerto Rico, the Dental Medicine Clinics, Kmart Pharmacy, CVS Pharmacy, Farmacia San Sebastian, Farmacia del Pozo and the Ashford Presbyterian Hospital. The specific roles of the students were assigned according to their area of study to assure the best quality in the education provided. Medicine Students were given the responsibility to educate about diabetes and its complications, Dental Medicine students educated about how diabetes could affect dental health, and Pharmacy Students educated about the use of diabetes medication and reinforced the importance of medication adherence.

On April 16, 2017, our chapter was invited to coordinate a health fair at *Iglesia de Jesucristo El Caballero de la Cruz*, Bayamon, PR. It was a great educational opportunity since this church has more than a thousand members. In 2.5 hours, 8:00-10:30am, we impacted more than 70 participants. Different activities were performed during this activity, such as: brown bag medication review, immunization education, blood pressure, pulse, oxygen saturation, glucose, weight, BMI, fat and muscle percent evaluation, and education based on the results assessments. After registration of the participant, they were handed a form that was filled with the participant results in each of the above areas. The activity was sponsored by a local pharmacy, Farmacia Jardines, which donated the medical equipment (glucometer, oximeter, and body composition monitor), and gifts for the participants. Also, they donated three baskets with medical supplies and OTC drugs that were raffled. *Coalición de Vacunas de Puerto Rico* (VOCES), a nonprofit organization which seeks to raise awareness and educate about the importance of vaccination, donated the immunization education material and t-shirts for the participants.

On April 26th, 2017, in a joint effort with ASHPs local chapter, our chapter helped organize a lunch talk titled “Core Elements: Antimicrobial Stewardship”, where information about the Joint Commission's requirements for these program was discussed. Thirtythree students were present in this activity. On April 29th, 2017, our chapter worked together with students from other organizations of the School of Pharmacy to provide patient education to the residents at Borinquen Towers apartment complex. Several patients were educated about their medications and wallet cards were prepared for patients to keep their medication list.

**Financial/ Budgeting**:

The primary financial goals of our chapter were to manage existing funds appropriately to have enough capital to carry out planned activities, donate money to nonprofit health organizations and to cover the expenses for the initiation ceremony of next year members. Largest expenses were to provide food and beverages for students attending workshops. To minimize this expenditure, our chapter has decided to cooperate with other student organizations and share lunch expenses. A breakfast sale was held on January to raise funds. **Initiation Function**:

The chapter’s initiation was celebrated on September 27th, 2017 at the School of Pharmacy of the University of Puerto Rico. Attendees included the Dean of the School of Pharmacy, the Dean of Academic Affairs, faculty members, our chapter advisor, new members and their friends and family. This year’s invited speaker was Dr. Suzette Vélez, alumni, professor and Gamma Eta Chapter member. Dr. Vélez talked about the responsibility that comes with being a Rho Chi member and how important it is to be more than a student, and get involved in different activities that will benefit us and the community. Members were given their pins and certificates, and the new officers were sworn in for the new year. Afterwards, guests were invited to enjoy some refreshments.

**Evaluation/Reflection**:

During this year our chapter had the opportunity to organize and participate of activities such as community outreach health fairs, education to students and fundraisers. We also established collaboration with other associations in the School of Pharmacy and participated in interdisciplinary activities in which we worked with students from the School of Medicine and other healthcare professionals. It was a year full of new activities and we participated in the Script Your Adherence Team Challenge which we hope will become a tradition in the following years since it was one of the most rewarding experiences we’ve had. On the other hand, we also had one fundraiser and an activity to raise money for a local Alzheimer’s organization. During both events we got to interact with students and faculty, who made donations and shared their time with us. Even though our academic calendars were demanding, we still found the determination to get involved and demonstrate our chapter’s commitment with patients and students. We feel satisfied with our efforts thi year, and hope upcoming years are equally or more successful for our chapter.

**Other information**: N/A

Name of School/College: University of Puerto Rico School of Pharmacy

Chapter name and region: Gamma Eta Chapter – Region III-S

Name of member submitting statement: Esteban Aquino, PharmDc 2018, RhoChi Gamma Eta Chapter President

Name of Chapter Advisor: Marla K. Sáez Rivera, PharmD

**Appendix 1**

**Chapter Activities Report Template**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [Chapter Name, School Name] Activity Table | | | | | | | | |  |
| Category of Activity1 | Title of Activity | Brief Description2 | How Does This Activity Align With the Rho Chi Mission Statement? | Years the Activity has Been Ongoing? | If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year? | How Many Members Participated in the Activity? | How Many Students (non-members) and/or Patients were impacted by the Activity? | Financial Information for the Activity [Budget Required, Fundraising Amount] | |
| College of Pharmacy Event | Un café por el Alzheimer’s (A coffee for Alzheimer’s) and Color Day | Coffee and donuts sale where all the proceeds were donated to OPAPA. Color day using the color purple, with a $1 donation from those who participated. | Strengthen the relationship of the pharmacy students with the community educating with new strategies. | First time |  | 9 members and chapter advisor | 60 | Raised:  $143.62 | |
| Patient Outreach Events/Community Service | Health Fair:  Asthma Education | Provide education about the correct and safe use of inhalers to patients of the *Farmacia Medina* | Strengthen the relationship with the community and other to continue offering pharmaceutical care. | First time |  | 4 members | 23 patients | n/a | |
| Fundraising Event | Breakfast Sale | Fundraiser at the School of Pharmacy sold breakfast to students and faculty members. | N/A | First time |  | 8 members and chapter advisor | 34 students and faculty members | Budget required: $122.75  Raised: $280.00 | |
| Patient Outreach Events/Community Service | Script your Future Adherence Challenge | Different activities were coordinated during this period for the challenge: medication review  and informative sessions to discuss the importance of adherence | Strengthen the relationship with the community and other organizations and to promote and encourage recognition of the pharmacy profession. | First time |  | 12 members and chapter advisor | 204 patients | Budget:  $17.17 | |
| Patient Outreach Events/Community Service | Health Fair in *Iglesia de Jesucristo El Caballero de la Cruz* | Different activities were coordinated during this activity: medication review, immunization education, blood pressure, pulse, oxygen saturation, glucose, weight, BMI, fat and muscle percent, following a education based on results. | Strengthen the relationship with the community and other organizations to continue offering pharmaceutical care. | First time |  | 7 members and chapter advisor | 70 patients | Budget:  $25.65 | |
| Intellectual Leadership Activities | Antimicrobial stewardship | In a conjoined effort with our school’s ASHP and APhA chapters, two of our members discussed the antimicrobial stewardship (ASP) and the Joint Commission requirements. We had an invited director of pharmacy who discussed her experience implementing the ASP in her institution. | To emphasize the importance of becoming leaders in our practice field and  promote, develop and offer activities that help and inspire colleagues to continue developing their intellectual abilities. | First time |  | 9 members and chapter advisor | 31 students | Budget:  $36.98 | |
| Patient Outreach Events/Community Service | Brown Bag Day, Health Fair at Borinquen Towers | Collaboration with multiple student organizations to educate about and promote good medication use by medication reconciliation | Strengthen the relationship with the community and other organizations to continue offering pharmaceutical care. | 3 years | Added brown bag event and a presentation about medication safety | 2 members | 7 | N/A | |

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** | **Amount Debited**  **($ spent)** | **Amount Credited**  **($ raised)** | **Balance** |
| **Balance from last year** |  | **$465.81** | **$465.81** |
| **Amount collected in Coffee and Donuts Sale** |  | **$143.62** | **$609.43** |
| **Amount donated to *Un Café por el Alzheimer* from coffee and donut sale** | **$143.62** |  | **$465.81** |
| **Break Fast Sale** | **$122.75** | **$280.00** | **$623.06** |
| **Script your future adherence challenge** | **$17.17** |  | **$605.89** |
| **Health Fair in *Iglesia de Jesucristo El Caballero de la Cruz*** | **$25.65** |  | **$580.24** |
| **Antimicrobial Stewardship Conference** | **$36.98** |  | **$543.26** |
| **Actual Balance** |  |  | **$543.26** |

Rho Chi Chapter Annual Report.