

## Annual Chapter Report

Please complete your Annual Chapter Report, adhering strictly to the format below, and submit it to the National Office via e-mail (RhoChi@unc.edu) by May 15.

Date of report submission: **May 15, 2017**

Name of School/College: **Albany College of Pharmacy and Health Sciences**

Chapter name and region: **Gamma Gamma – Region 1**

Chapter advisor's name and e-mail address:

**College-wide Advisor (on New York campus):**

Dr. Gina Garrison- Associate Professor of Pharmacy Practice [gina.garrison@acphs.edu](mailto:gina.garrison@acphs.edu)

**Campus Advisor - New York**

Dr. Katie Cardone - Associate Professor of Pharmacy Practice [katie.cardone@acphs.edu](mailto:katie.cardone@acphs.edu)

**Campus Advisor – Vermont**

Dr. Joanna Schwartz- Assistant Professor of Pharmacy Practice [joanna.schwartz@acphs.edu](mailto:joanna.schwartz@acphs.edu)

Delegate who attended the Rho Chi Annual Meeting: Christopher Blum (**Albany Campus**)

Date delegate's name submitted to Rho Chi: **2/1/17**

Past year's officers and e-mail addresses:

**NY Campus Officers: 2016-2017**

President: Christopher Blum [Christopher.blum@acphs.edu](mailto:Christopher.blum@acphs.edu)

Vice President: Jacquelyn Turturo [Jacquelyn.turturo@acphs.edu](mailto:Jacquelyn.turturo@acphs.edu)

Secretary/Treasurer: Connie (Kangni) Wang [Kangni.wang@acphs.edu](mailto:Kangni.wang@acphs.edu)

Historian/Events Coordinator: Stephanie Lombardi [Stephanie.lombardi@acphs.edu](mailto:Stephanie.lombardi@acphs.edu)

**VT Campus Officers: 2016-2017**

President: Piao Zhuge [piao.zhuge@acphs.edu](mailto:piao.zhuge@acphs.edu)

Vice President: Megan Meyer [megan.meyer@acphs.edu](mailto:megan.meyer@acphs.edu)

Secretary/Treasurer/Historian: Lindsey Richards [lindsey.richards@acphs.edu](mailto:lindsey.richards@acphs.edu)

New officers and e-mail addresses for next academic year:

**NY Campus Officers: 2017-2018**

Tyler Hertz, President [tyler.hertz@acphs.edu](mailto:tyler.hertz@acphs.edu)

Nicolina Labella, Vice-President [Nicolina.Labella@acphs.edu](mailto:Nicolina.Labella@acphs.edu)

Hugh Quinn, Secretary/Treasurer [Hugh.Quinn@acphs.edu](mailto:Hugh.Quinn@acphs.edu)

Amanda Mascitelli, Historian/Events Coordinator [Amanda.Mascitelli@acphs.edu](mailto:Amanda.Mascitelli@acphs.edu)

**VT Campus Officers: 2017-2018**

Y-Kim Chu-Bedard, President [Y-Kim.Chu-Bedard@acphs.edu](mailto:Y-Kim.Chu-Bedard@acphs.edu)

Aman Saini, Vice-President [Aman.Saini@acphs.edu](mailto:Aman.Saini@acphs.edu)

Hetty Udeh, Secretary/Treasurer [Hetty.Udeh@acphs.edu](mailto:Hetty.Udeh@acphs.edu)

Number of Rho Chi student members at college or school, listed by class year, program (campus):

\* all students inducted in P2 spring semester

Graduation*	Induction*	NY Campus	VT Campus	Program
Class of 2019	Spring 2017	37	8	PharmD
Class of 2018	Spring 2016	37	6	PharmD
Class of 2017	Spring 2015	40	7	PharmD

**Meetings:** (E-board: executive board with officers and advisors, only)

### 1. NY Campus

Date	Attendance	Agenda/Action Steps
9/2/16	Campus E-board	Planned information to present at our first general meeting and started coordinating our “Balance Beyond the Books” program, as well as set goals and presented ideas for the year.
09/27/16	General Campus Member Meeting	Reviewed planned chapter activities in context of Rho Chi vision/mission statement. Discussed budget. Opened sub-committee opportunities and discussed ideas for the Joint Project and its advertising. The Joint Project is a campus-wide initiative, where professional organizations work together to develop events within a common theme. The topic for Fall 2016 was opioid abuse.
10/7/16	Campus E-board	Finalized Advanced Pharmacy Practice Experience (APPE) Round Table Event, ordered Balance Beyond the Books prizes, and finished planning Joint project in collaboration with Phi Lambda Sigma (PLS) chapter.
11/04/16	Campus E-board	Booked Induction Ceremony date. Discussed the organization of upcoming Joint Project with PLS.
11/09/16	Joint Project: Narcan Legislation with PLS	Discussed legislation regarding Narcan and how students can be active bystanders in combatting current Opioid Crisis.
11/16/16	APPE Round Table Event	Organized a panel of current P4 Pharm.D. students and 1 faculty preceptor to share advice and tips with current P3 Pharm.D. students as they enter the selection process for APPEs.
12/01/16	General Campus Member Meeting	Reviewed past events, offered members opportunity to help in Balance Beyond the Books ticket raffle organization
12/02/16	Campus E-Board	Discussed Balance Beyond the Books prize allocation, budget reimbursement, and reviewing feedback of our events.
2/3/17	Campus E-board	First meeting of the semester. Discussed the goals for the semester, ordering of prizes in advance for the semester’s events
02/14/17	General Campus Member Meeting	Advertised upcoming events (Step Challenge, Balance Beyond the Books), and volunteer opportunities to help with signups and ideas for prizes.
2/17/17	Campus E-board	Interpreted officer election results, finalized Balance Beyond the Books raffle and Step Challenge timeline. Discussed ideas for the Joint Project (topic: legislative day).
4/7/17	Campus E-board with PLS E-board	Induction Ceremony meeting and run-through; organization of Charity Banquet and Spring Semester Joint Project.
04/13/17	General Campus Member Meeting	Recapped the year's events and previewed the incoming E-board’s plans for the coming semester, introduced incoming Rho Chi class to tenets of national Rho Chi Society
5/26/17	Campus E-board meeting	Transitioned roles and responsibilities and discussed upcoming year’s activities and budget with incoming and outgoing officers.
5/26/17	Spring Semester Joint Project with PLS, AMCP, and Rho Pi Phi	Educated all who attended event about CLIA waivers and point of care testing along with the pharmacist’s role in them.
9/2/16	Campus E-board	Planned information to present at our first general meeting and started coordinating our “Balance Beyond the Books” program, as well as set goals and presented ideas for the year.

## 2. VT Campus

Date	Attendance	Agenda/Action Steps
9/6/16	Campus E-board	Planned academic year activities, scheduled first general meeting, delegated officer responsibilities for all club events
9/16/16	Officer meeting with ASHP-SSHP officers	Discussed joint journal club including delegation of tasks for preparation and setup of the event
10/3/16	General campus member meeting	Discussed events for the semester including OTC/Pharmacist Role trivia night; submitted event forms for fall semester events
10/17/16	Officer meeting with PLS officers	Discussed joint trivia night including delegation of tasks for preparation and setup of the event
11/28/16	General campus member meeting	Discussed recent journal club and trivia night and future events including balance challenge and induction.
1/23/17	Campus E-board meeting	Planned/scheduled spring events including induction ceremony, balance challenge, and general member meetings
2/13/17	General campus member meeting	Discussed keynote speaker for induction; discussed joint trivia night with CAC and balance challenge
2/21/17	Officer meeting with CAC officers	Discussed joint trivia night including delegation of tasks for preparation and setup of the event
3/20/17	General campus member meeting	Voted on new E-board members
3/21/17	Campus E-board meeting	Planned final details of induction ceremony
3/23/17	Campus E-board with PLS E-board	Discussed induction ceremony details, schedule of events, and roles/duties of the officers
3/30/17	New member meeting	Discussed induction ceremony details and schedule of events
4/25/17	Incoming & Outgoing E-boards	Transitioned officer roles and responsibilities; upcoming year activities and budget

### **Strategic Planning:**

The ACPHS Gamma Gamma chapter continued to strive for more visible recognition of the Rho Chi mission among our New York and Vermont campuses, our local community, and our profession to differentiate ourselves from the other organizations on campus. Gamma Gamma Chapter focuses its efforts on our *Balance Beyond the Books*, which encourages well-roundedness of student pharmacists. Our chapter developed this theme in 2010 with the support of a ***Rho Chi Project Proposal award***. The premise is that well-balanced student pharmacists will become well-balanced pharmacists who can educate others about healthy choices and the value of strong work-life balance. We focus on the following five facets:

- 1) Habits of mind**
- 2) Social interaction & collegiality**
- 3) Professional advocacy**
- 4) Community outreach, and**
- 5) Personal health and wellness**

All chapter events focus on the various facets of our *Balance Beyond the Books* theme, providing a framework for planning activities and sharing the mission of Rho Chi on both campuses. This year *Balance Beyond the Books* was expanded with new ideas (described later).

**Activities:** Please see the completed **Appendix 1** (campus-designations are included where applicable). Each activity listed has been ongoing for at least 3 academic years on both campuses.

**NY CAMPUS:** Worked to significantly increase the number of campus-based events within the same “theme” of *Balance Beyond the Books* compared to previous academic years.

**VT CAMPUS:** Worked to develop more community and professional outreach activities.

**Financial/ Budgeting:** Please see **Appendix 2**.

**Initiation Function:**

**NY CAMPUS:** An Induction Ceremony was held on Sunday April 9, 2017 in the Albert White Gymnasium at the Albany College of Pharmacy and Health Sciences - Albany Campus, where 37 Rho Chi members were inducted into our Gamma Gamma chapter. The keynote speaker was Dr. Marisa Rahn Winther, an alumna of Albany College of Pharmacy, and an Associate Director and Medical Science Liaison with Boehringer Ingelheim Pharmaceuticals.

**VT CAMPUS:** The Induction Ceremony took place on Friday March 31, 2017 at the Albany College of Pharmacy and Health Sciences Vermont Campus Classroom 101 to induct 8 Rho Chi members into our Gamma Gamma chapter. The keynote speaker was Dr. Angela Dominelli, an Associate Professor in the ACPHS Pharmacy Practice department and alumna of Albany College of Pharmacy.

**Evaluation/Reflection:** We continue to foster and expand initiatives and activities to engage the campus community and our members within the *Balance Beyond the Books* theme on both campuses.

## **Most Improved Chapter Award**

No submission this year.

## Chapter Activities Report – Appendix 1

### Appendix 1

#### Chapter Activities Report (NY and VT campuses listed in sequential order)

[Chapter Name, School Name] Activity Table								
Category of Activity <sup>1</sup>	Title of Activity	Brief Description <sup>2</sup>	How Does This Activity Align With the Rho Chi Mission Statement?	Years the Activity has Been Ongoing?	If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?	How Many Members Participated in the Activity?	How Many Students (non-members) and/or Patients were impacted by the Activity?	Financial Information for the Activity [Budget Required, Fundraising Amount]
NY CAMPUS								
Intellectual Leadership Activities  <i>Panel to educate P3 students</i>	APPE Round Table Event	Collaborated with current P4 students on rotation and faculty preceptors for them to come in and provide advice and answer questions regarding APPE rotations. This event was offered for P3 students about to select their APPE site selections.	This event supported students who wished to gather the most advice they could before embarking on APPE. The event fostered collaboration among students on rotation and preceptors. This opportunity allowed P3 students to gain more insight to make rotation selections most fitting to their career aspirations.	First year	N/A	16 Rho Chi members	31 students overall	\$81 spent for light refreshments

College of Pharmacy Events <i><b>Fitness Balance</b></i>	Step Challenge	<p>Teams of four (three students and one faculty) were made, free of admission fee.</p> <p>Pedometers were provided (utilized from past years) to those in need of one, otherwise participants were welcome to using their own pedometer/Fitbit/equivalent phone app. Daily steps were recorded and the total team average was calculated at the end of the challenge. Teams recorded their own daily steps via a google spreadsheet that was created and sent to each team.</p>	<p>This event helps build social interaction amongst colleagues and faculty.</p> <p>Furthermore, it provides an opportunity to advocate for personal health and wellness for each individually.</p> <p>This challenge provided a healthy competition for students and in addition, supported fellow clubs and organizations on campus. The challenge was scheduled to align with APhA-ASP's American Heart Month celebrations and Colleges Against Cancer's Relay for Life.</p>	5 years	<p>This year, the method to record points has been updated. A google excel spreadsheet was utilized for each team, giving members more readily accessible access to enter steps on their own time.</p> <p>In addition, a steps conversion chart was provided for participants who partook in activities not picked up by a pedometer.</p> <p>In the future, a more confidential form would be beneficial to keep the results a surprise from the rest of the team. In addition, standardizing the method in which steps are recorded (pedometer vs. app) would be helpful.</p>	15 Rho Chi members participated	60 total students and faculty participated	\$1084 for prizes
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College of Pharmacy Events/Encouragement of Community Service <b><i>Balance</i></b>	Balance Beyond the Books	Semester long program, in teams of 3 students. Students received 1 point/each extracurricular activity they attended per week (tracked via weekly submission of a google form). At the end of the semester, winning teams and individuals were announced, and participants could convert their points into raffle tickets to win prizes.	This theme focuses on 5 facets that we believe are critical to professional development; including: personal health & wellness, habits of mind, social interaction and collegiality, community outreach, and professional advocacy. We believe this promotes well-balanced future pharmacists, and encourages intellectual growth.	3 years	Each semester we send out a survey to participants to improve. Raffle tickets were given this year in an easier, more convenient method. Ticket number ranges were tracked, therefore it was unnecessary for participants to write their names on each ticket. In addition, ticket distributions were taken both in person and via e-mail. Another change this semester included giving a weekly mini-prize to an underclassman to encourage continued participation.	First semester: 14 Rho Chi members  Second semester: 12 Rho Chi members	First semester: 89 total participants  Second semester: 78 total participants	\$1777 for winning team prizes, and d individual raffle prizes for the year
Education/Advocacy <b><i>Legislation Day</i></b>	<b><i>CLIA Waiver and Point of Care Testing</i></b>	Provided educational presentation on the pharmacist's role in providing point of care testing via CLIA waived tests.	This event provided students with information to help advocate to advance our profession in NYS. It also helped develop intellectual leaders by providing them with current legislation they can come across during New	First year	N/A	Approximately 10 Rho Chi members	Approximately 30 students present at speaker presentation  Pamphlets provided to ~150 students	\$220 14 gift cards were given to students who actively participated in the event



			York Pharmacy Lobby Day.					
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VT CAMPUS

Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	PTPM Cardiovascular Review Sessions	P3 Rho Chi members shared review questions in the form of powerpoint with P2 students in this 4 credit module on therapeutics and pharmacology. Rho Chi members were also available via email to answer more specific questions.	The event aims to help students succeed academically. This event signifies the peer mentor and leadership roles Rho Chi members take on.	6 years	Used student suggestions to improve vs. last year; provided powerpoints with questions and explanations were provided for all P2 students. Those with further questions emailed Rho Chi members.  Evaluated level of Rho Chi member participation.  Spoke to students to discuss the effectiveness and if this tactic should be extended to provide resources for more students.	~5 Rho Chi Members	~20 students	\$0
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College of Pharmacy Events [non-academic, non-patient outreach]	Trivia Night with Colleges Against Cancer	Trivia night held on campus with local trivia host. The event coincided with Balance Challenge and was held in conjunction with Colleges Against Cancer.	The event emphasizes balancing school and life. This event focuses on raising money for Relay for Life as well as providing a fun environment for students to take a break from the books.	4 years	N/A	~5 Rho Chi members	~40 students	\$250 for food and prizes
Education/Advocacy/ Patient Outreach	OTC/Pharmacist Role Trivia Night	Developed over 50 trivia questions in various OTC categories as well as a category devoted to the Pharmacist's Role in Healthcare. Teams of 4 competed for prizes.	Reinforced students' knowledge with OTC topics in a fun, competitive environment. Tied in the Pharmacist Role in Healthcare as a new trivia category	3 Years	Discussed with students on campus about topics they would like to see included.  Used Kahoot for the trivia for the first time.	~5 Rho Chi Members	30 students	~\$150 for food and prizes
	Colchester Wellness Fair	Brown Bag Event at the Colchester Wellness Fair where Rho Chi members helped community members identify medications and discussed with them the purpose of the	Educated patients about their medications and answered questions about medical conditions the patients had.	Second Year	N/A	~7 Rho Chi Members	~35 patients	\$0

		medications.						
Encouragement of Community Service/Fitness Challenge/ Professional Advocacy	Balance Challenge	Balance challenge emphasizes a focus on health, academics, and community outreach. Students compete in a month-long challenge counting steps and earning points for attending tutoring sessions, organization meetings, and participating in club events.	This challenge focuses on academic excellence by encouraging attendance of tutoring sessions. This challenge also focuses on professionalism and community outreach by encouraging participation in pharmacy events and community service events.	4 years	Positive feedback were received last year so continued with the new rules of last year that incorporated school events.	~3 Rho Chi Members	~40 students	~\$830

Appendix 2 -  
Rho Chi Chapter Annual Report

NY CAMPUS

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance*	Comment
<b>NY CAMPUS</b>				
<b>Balance Beyond the Books &amp; Step Challenge</b>	<b>\$2861.00</b>	<b>\$0</b>	0	<b>160+ participants/semester Purchased prizes</b>
<b>Food for General Meetings</b>	<b>\$238.00</b>	<b>\$0</b>	0	<b>22 members for the first general meeting, 36 members for the second general meeting, 52 members for the third general meeting, 45 members for the fourth general meeting.</b>
<b>APPE Round Table</b>	<b>\$81</b>	<b>\$0</b>	0	<b>Current P4 students and a faculty preceptor were able to give advice to P3 students regarding APPEs. Light refreshments were provided at this event.</b>
<b>Charity Banquet</b>	<b>\$150</b>	<b>\$0</b>	0	<b>Participants traded in a non-perishable food item for a fresh meal provided by local caterer. We were able to provide a substantial amount of food to the Ronald McDonald House.</b>
<b>Member Recognition</b>	<b>\$98</b>	<b>\$0</b>	0	<b>Prizes to award members who have shown involvement and dedication to the organization</b>
<b>Joint Project Fall 2016 Semester</b>	<b>\$0</b>	<b>\$0</b>	0	<b>34 students attended the event and learned about recent naloxone legislation and Narcan administration.</b>
<b>Joint Project Spring 2017 Semester</b>	<b>\$220</b>	<b>\$0</b>	0	<b>48 students attended the event in collaboration with PLS, AMCP, and Rho Pi Phi to learn about CLIA waivers and point of care testing</b>

(\*using balance of money allocated from Student Government for our Organization;  
money not used is forfeited at the end of the academic year)

## VT CAMPUS

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance*	Comment
<b>VT CAMPUS</b>				
<b>Journal Club</b>	<b>\$10</b>		<b>0</b>	<b>8 students discussed a current journal article with a faculty.</b>
<b>Induction Ceremony</b>	<b>\$630</b>		<b>0</b>	<b>8 members inducted plus members from Phi Lambda Sigma.</b>
<b>Balance Challenge</b>	<b>\$834.28</b>	<b>\$180</b>	<b>+180</b>	<b>40 Students/Faculty participated and received a T-shirt and pedometer; prizes were given to the top 3 place teams.</b>
<b>OTC Trivia Night</b>	<b>\$140</b>		<b>0</b>	<b>30 Students participated and prizes were given to the 1<sup>st</sup> place team.</b>
<b>Trivia night with Colleges Against Cancer</b>	<b>\$250</b>		<b>0</b>	<b>40 students participated in a trivia night to raise money for Relay for Life of the American Cancer Society and prizes were given to the 1<sup>st</sup> place team.</b>

(\*using balance of money allocated from Student Government for our Organization;  
money not used is forfeited at the end of the academic year)  
+ fundraising money goes into a private organizational account.