

## Annual Chapter Report

Please complete your Annual Chapter Report, adhering strictly to the format below, and submit it to the National Office via e-mail (RhoChi@unc.edu) by May 15.

Date of report submission: **May 15, 2018**

Name of School/College: **Albany College of Pharmacy and Health Sciences**

Chapter name and region: **Gamma Gamma – Region 1**

Chapter advisor's name and e-mail address:

**College-wide Advisor (on New York campus):**

Dr. Gina Garrison- Associate Professor of Pharmacy Practice [gina.garrison@acphs.edu](mailto:gina.garrison@acphs.edu)

**\*\*Campus Advisor - New York**

Dr. Katie Cardone - Associate Professor of Pharmacy Practice [katie.cardone@acphs.edu](mailto:katie.cardone@acphs.edu)

**Campus Advisor – Vermont**

Dr. Joanna Schwartz- Assistant Professor of Pharmacy Practice [joanna.schwartz@acphs.edu](mailto:joanna.schwartz@acphs.edu)

**\*\*Please note we will also have an update in our advisor for the Albany campus, with Dr. Matthew Stryker ([matthew.stryker@acphs.edu](mailto:matthew.stryker@acphs.edu)) replacing Dr. Katie Cardone. All other faculty advisors will remain the same.**

Delegate who attended the Rho Chi Annual Meeting: **Jenny Chikalos (Vermont Campus)**

Date delegate's name submitted to Rho Chi: **2/15/18**

Past year's officers and e-mail addresses:

**NY Campus Officers: 2017-2018**

Tyler Hertz, President [tyler.hertz@acphs.edu](mailto:tyler.hertz@acphs.edu)

Nicolina Labella, Vice-President [Nicolina.Labella@acphs.edu](mailto:Nicolina.Labella@acphs.edu)

Hugh Quinn, Secretary/Treasurer [Hugh.Quinn@acphs.edu](mailto:Hugh.Quinn@acphs.edu)

Amanda Mascitelli, Historian/Events Coordinator [Amanda.Mascitelli@acphs.edu](mailto:Amanda.Mascitelli@acphs.edu)

**VT Campus Officers: 2017-2018**

Y-Kim Chu-Bedard, President [Y-Kim.Chu-Bedard@acphs.edu](mailto:Y-Kim.Chu-Bedard@acphs.edu)

Aman Saini, Vice-President [Aman.Saini@acphs.edu](mailto:Aman.Saini@acphs.edu)

Hetty Udeh, Secretary/Treasurer [Hetty.Udeh@acphs.edu](mailto:Hetty.Udeh@acphs.edu)

New officers and e-mail addresses for next academic year:

**NY Chapter Officers: 2018-19**

Lydia Ware, President [Lydia.ware@acphs.edu](mailto:Lydia.ware@acphs.edu)

Madyson Allard, Vice-President [Madyson.Allard@acphs.edu](mailto:Madyson.Allard@acphs.edu)

Benjamin Bratek, Secretary/Treasurer [Benjamin.Brateg@acphs.edu](mailto:Benjamin.Brateg@acphs.edu)

Emily Kronau, Historian/Events Coordinator [Emily.Kronau@acphs.edu](mailto:Emily.Kronau@acphs.edu)

**VT Chapter Officers: 2018-19**

David Polson, President, [David.Polson@acphs.edu](mailto:David.Polson@acphs.edu)

Courtney Gilmore, Vice-President, [Courtney.Gilmore@acphs.edu](mailto:Courtney.Gilmore@acphs.edu)

Jaden Dickinson, Secretary/Treasurer, [Jaden.Dickinson@acphs.edu](mailto:Jaden.Dickinson@acphs.edu)

Number of Rho Chi student members at college or school, listed by class year, program (campus):

\* All students are inducted in P2 spring semester for the ACPHS chapter.

<b>Graduation*</b>	<b>Induction*</b>	<b>NY Campus</b>	<b>VT Campus</b>	<b>Program</b>
Class of 2020	Spring 2018	29	13	PharmD
Class of 2019	Spring 2017	37	8	PharmD
Class of 2018	Spring 2016	37	6	PharmD

**Meetings:** (E-board: executive board with officers and advisors, only)

### **1. NY Campus**

<b>Date</b>	<b>Attendance</b>	<b>Agenda/Action Steps</b>
9/14/18	Officer Meeting	Discussed officer roles and ideas for semester.
9/28/17	General Campus Meeting	Discussed events for semester. Solicited ideas for upcoming events.
10/11/17	E-Board meeting with campus advisor	Discussed ideas for campus events such as Balance Beyond the Books.
1/13/18	E-Board meeting with Campus Advisor	Discusses ideas for campus events and for the semester.
2/8/18	General Campus Meeting with inductees	Discussed events for semester. Welcomed new inductees and provided information on campus elections.
3/22/18	Meeting with Rho Chi and PLS E-boards and advisors	Discussed logistics of induction. Delegated roles for each officer and discussed other relevant information.
4/2/18	General Campus Meeting with inductees	Provided induction information. Congratulated new inductees and E-Board. Gave information on upcoming Step Challenge.
4/4/18	Officer Meeting	Discussed Step Challenge ideas. Planned next steps to implement initiative.
4/25/18	Meeting with incoming E-Board and Advisors	Discussed new event ideas. Talked about roles of officers and advisors. Welcomed new campus advisor and provided information on our role on campus. Discussed plans for transition of chapter projects and development of new initiatives, with plan for budget through Student Government Association. Welcomed new NY campus advisor.

## 2. VT Campus

Date	Attendance	Agenda/Action Steps
9/11/17	Campus E-Board	Planned academic year activities, scheduled first general meeting, delegated officer responsibilities for all club events
9/12/17	General Campus Meeting	Discussed events for the semester including OTC/Pharmacist Role trivia night and cardio reviews for the P2 class; submitted event forms for fall semester events. Set goals for the next year.
9/26/17	Officer Meeting with P2 Class Officers	Discussed need for pre-exam review session for PTP401001 Principle of PharmC/ Med Chem
10/5/17	Officer Meeting with ASHP-SSHP Officers	Discussed joint journal club including delegation of tasks for preparation and setup of the event
10/18/17	Officer Meeting with P2 Class Officers	Discussed need for pre-exam review for PTP440001 Cardiovascular. Planned/ Scheduled review session.
11/7/17	General Campus Meeting	Discussed strengths and weaknesses of review sessions given during the semester. Brainstorming for Balance Challenge, Trivia Night and Inductions
1/16/18	Campus E-Board	Planned/scheduled spring events including induction ceremony, balance challenge, Trivia Night with CAC and general member meetings
1/18/18	General Campus Meeting	Overlook of campus events for the semester and unofficial scheduling to avoid overlapping of club events. Dates set for Balance Challenge, Trivia Night with CAC and Inductions.
1/30/18	General Campus Meeting	Discussed events for the semester and goals for the next semester. Encouraged P1 and P2s to reach out if needed for pre-exam review sessions
3/6/18	Officer meeting with PLS officers	Discussed induction ceremony details, schedule of events, and roles/duties of the officers
3/9/18	Officer meeting with CAC officers	Discussed joint trivia night including delegation of tasks for preparation and setup of the event
3/19/18	General campus member meeting	Voted on new E-board members
3/21/18	New member meeting	Discussed induction ceremony details and schedule of events
4/24/18	Incoming & Outgoing E-boards	Transitioned officer roles and responsibilities; upcoming year activities and budget

### **Strategic Planning:**

The ACPHS Gamma Gamma chapter continued to strive for more visible recognition of the Rho Chi mission among our New York and Vermont campuses, our local community, and our profession to differentiate ourselves from the other organizations on campus. Gamma Gamma Chapter focuses its efforts on our *Balance Beyond the Books*, which encourages well-roundedness of student pharmacists. Our chapter developed this theme in 2010 with the support of a ***Rho Chi Project Proposal award***. The premise is that well-balanced student pharmacists will become well-balanced pharmacists who can educate others about healthy choices and the value of strong work-life balance. We focus on the following five facets:

- 1) Habits of mind**
- 2) Social interaction & collegiality**
- 3) Professional advocacy**
- 4) Community outreach, and**
- 5) Personal health and wellness**

All chapter events focus on the various facets of our *Balance Beyond the Books* theme, providing a framework for planning activities and sharing the mission of Rho Chi on both campuses. This year *Balance Beyond the Books* was expanded with new ideas (described later).

**Activities:** Please see the completed **Appendix 1** (campus-designations are included where applicable). Each activity listed has been ongoing for at least 3 academic years on both campuses.

**NY CAMPUS:** Worked to significantly increase the number of campus-based events within the same “theme” of *Balance Beyond the Books* compared to previous academic years.

**VT CAMPUS:** Worked to develop more community and professional outreach activities.

**Financial/ Budgeting:** Please see **Appendix 2**.

### **Initiation Function:**

**NY CAMPUS:** An Induction Ceremony was held on **Sunday April 8, 2018** in the Albert White Gymnasium at the Albany College of Pharmacy and Health Sciences - Albany Campus, where **29** NY campus Rho Chi members were inducted into our Gamma Gamma chapter. The keynote speaker was **Mary Euler, PharmD, Executive Director for the national Phi Lambda Sigma Leadership Society**. A small reception was hosted after the event.

**VT CAMPUS:** The Induction Ceremony took place on **Friday March 23, 2018** at the Albany College of Pharmacy and Health Sciences Vermont Campus Classroom 101 to induct **13** VT campus Rho Chi members into our Gamma Gamma chapter. The keynote speaker was **Dr. Joseph Carreno**, Assistant Professor of Pharmacy Practice at ACPHS. A small reception was hosted after the event.

**Evaluation/Reflection:** We continue to foster and expand initiatives and activities to engage the campus community and our members within the *Balance Beyond the Books* theme on both campuses.

**Most Improved Chapter Award**

No submission this year.

# Chapter Activities Report – Appendix 1

## Appendix 1

### Chapter Activities Report (NY and VT campuses listed in sequential order)

Albany College of Pharmacy and Health Sciences, Gamma Gamma Activity Table								
Category of Activity <sup>1</sup>	Title of Activity	Brief Description <sup>2</sup>	How Does This Activity Align With the Rho Chi Mission Statement?	Years the Activity has Been Ongoing?	If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?	How Many Members Participated in the Activity?	How Many Students (non-members) and/or Patients were impacted by the Activity?	Financial Information for the Activity [Budget Required, Fundraising Amount]
NY CAMPUS								
Encouragement of Community Service / Professional Advocacy	Balance Beyond the Books	Rewarded students who exhibit balance outside the classroom. Opportunity to earn prizes for staying active and involved and participating in community service.	This challenge promotes student engagement outside the classroom. Rewards students for professional development, community service and participating in events on campus. This challenge also supported other clubs and organizations by promoting student engagement.	5 years.	Solicited ideas from those involved. Requested ideas from members at general meetings. Aside from providing a grand-prize for the most balanced student team, also provided weekly prizes for the most involved student of that week. This kept students engaged who may be worried about their teams performance.	12	30	

Fitness Challenge	Step Challenge	Rewards students for engaging in a healthy lifestyle outside of the classroom.	This challenge promotes the idea of a healthy and well-balanced student. This promoted social interaction between students and encouraged physical activity.	6 years.	Solicited ideas from from members. Some students were concerned about “the honor system” of reporting steps and thus we used private excel docs for each team so other teams could not know how many steps each team reported. Allowed for “step conversion” meaning that certain activities like biking could be converted to a certain number of steps to count in the challenge thus promoting all forms of physical activity.	12	34	
College of Pharmacy Event /Education	Spelling Bee	Promotes friendly competition among students to practice listening skill and hone ability to accurately spell various drugs.	This challenge promoted student engagement and allowed for practice of skills required in the majority of pharmacy settings.	0 years.	--	4	4	\$50 for prizes

**VT CAMPUS**

Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	PTPM Princ of Pharmc/Med Chem Review Sessions	P3 Rho Chi members shared review questions with P2 students in this module on therapeutics and pharmacology. Rho Chi members were also available via email to answer more specific questions.	The event aims to help students succeed academically. This event signifies the peer mentor and leadership roles Rho Chi members take on	First year	Inspired from the previous year Cardiology reviews. Used the same model.	2 Rho Chi Members	10 Students	\$0
Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	PTPM Cardiology Review Sessions	P3 Rho Chi members shared review questions with P2 students in this module on therapeutics and pharmacology. Rho Chi members were also available via email to answer more specific questions.	The event aims to help students succeed academically. This event signifies the peer mentor and leadership roles Rho Chi members take on	7 years	Previous years had used powerpoints with questions but P2s this year preferred to come in with their own questions.  Rho Chi members responsible for the review were also tasked with preparing cases and review questions in order to better help students as needed. Those with further questions	2 Rho Chi Members	~ 15 students	\$0



					emailed Rho Chi members. Evaluated level of Rho Chi member participation. Spoke to students to discuss the effectiveness and if this tactic should be extended to provide resources for more students.			
Encouragement of Community Service/Fitness Challenge/ Professional Advocacy	Balance Challenge	Balance challenge emphasizes a focus on health, academics, and community outreach. Students compete in a month-long challenge counting steps and earning points for attending tutoring sessions, organization meetings, and participating in club events	This challenge focuses on academic excellence by encouraging attendance of tutoring sessions. This challenge also focuses on professionalism and community outreach by encouraging participation in pharmacy events and community service events.	5 years	<p>Positive feedback from last year so continued with the same format.</p> <p>Added a fun twist to the Balance Challenge by encouraging competition between teams.</p> <p>Feedback from last year prompted for increase chances to gain points so incorporated weekly challenges including social media challenges, educational</p>	8 Rho Chi Members	41 Students 5 Faculty members	794 \$

					<p>poster challenges and points for sanitary drive donation.</p> <p>Increased reminders about Balance Challenge activities including weekly email and Facebook posts on the General Campus page.</p>			
College of Pharmacy Events [nonacademic, nonpatient outreach]	Trivia Night with Colleges Against Cancer	Trivia night held on campus with local trivia host. The event coincided with Balance Challenge and was held in conjunction with Colleges Against Cancer.	The event emphasizes balancing school and life. This event focuses on raising money for Relay for Life as well as providing a fun environment for students to take a break from the books.	5 years	N/A	6 Rho Chi Members	43 Students 4 Faculty Members	250\$ for prizes and food

Appendix 2 -  
Rho Chi Chapter Annual Report

**NY CAMPUS**

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance*	Comment
<b>Balance Beyond the Books</b> <b>- Balance Challenge</b> <b>- Step Challenge</b> <b>- Spelling Bee</b>	\$1419.64	\$	0	<b>86 participants/semester</b> <b>Purchased prizes</b>
<b>Food for General Meetings</b>	\$585.09	\$	0	<b>Approximately 25-60 members attended 3 general meetings over the course of the academic year.</b>
<b>Induction Ceremony</b>				<b>29 members initiated. Guests of Rho Chi and PLS inductees attended. Food provided at reception held following the ceremony.</b>

**VT CAMPUS**

ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance*	Comment
<b>Induction Ceremony</b>	<b>\$450</b>	<b>\$0</b>	<b>\$0</b>	13 members inducted plus members from Phi Lambda Sigma. A total of 70 people attended the event including inductees, guest and faculty
<b>Balance Challenge</b>	<b>\$794</b>	<b>\$230</b>	<b>+ \$230</b>	46 Students/Faculty participated and received a T-shirt and pedometer; prizes were given to the top 2 place teams.
<b>Trivia Night with Colleges Against Cancer</b>	<b>\$250</b>	<b>\$0</b>	<b>\$0</b>	47 students participated in a trivia night to raise money for Relay for Life of the American Cancer Society and prizes were given to the 1st place team.

(\*using balance of money allocated from Student Government for our Organization;  
Outstanding money is forfeited at the end of the academic year. \$\$ Raised is placed in a personal Rho Chi account with ACPHS)