



## The Rho Chi Society

### Annual Chapter Report - 2018

Please complete your Annual Chapter Report, adhering strictly to the format below, and submit it to the National Office via e-mail (RhoChi@unc.edu) by May 15.

#### General formatting guidelines:

- Adhere to the page/word limitations specified in each section.
- Use 12 point, Times-New Roman, font.
- Do not include any attachments or appendices.
- Submit as a Word Document.

Date of report submission: May 15, 2018

Name of School/College: Shenandoah University

Chapter name and region: Gamma Omicron, Region III - East

Chapter advisor's name and e-mail address: Dr. Robert Kidd, [rkidd@su.edu](mailto:rkidd@su.edu), Dr. Jeremy Fox, [jfo2@su.edu](mailto:jfo2@su.edu)

(If chapter has a co-advisor, please list name and email address):

For split campuses, please list advisor and email address for each campus, if applicable: Dr. Robert Kidd, [rkidd@su.edu](mailto:rkidd@su.edu), Dr. Jeremy Fox, [jfo2@su.edu](mailto:jfo2@su.edu) for both the Winchester and Fairfax campuses of the Bernard J. Dunn School of Pharmacy of Shenandoah University

Delegate who attended the Rho Chi Annual Meeting: Gamma Omicron chapter did not have a delegate attend the 2018 Rho Chi annual meeting.

(Note: Any chapter failing for three successive years to have a delegate at the National Convention shall be declared "inactive" by the Executive Council and may not elect members unless and until reinstated – Article 4, Section 3, Rho Chi Society Bylaws) Note that

**The Rho Chi Society**  
**National Office Contact Information:**

**Email: [RhoChi@unc.edu](mailto:RhoChi@unc.edu)**

**Telephone: (919) 843-9001**

**Fax: (919) 962-0644**

**The Rho Chi Society  
Annual Chapter Report**

Advisors attending the National Conventions may serve as delegates in the absence of a student or non-student member delegate—  
Article 7, Section 7, Rho Chi Society Bylaws.

Date delegate's name submitted to Rho Chi.: None.

Past year's officers and e-mail addresses: for 2017-2018\*

President: Kamran Mehta, [kmehta15@su.edu](mailto:kmehta15@su.edu)

Vice President: Katelyn Bridge, [kbridge15@su.edu](mailto:kbridge15@su.edu)

Secretary: Lauren Wright, [lwright15@su.edu](mailto:lwright15@su.edu)

Treasurer Dr. Robert Kidd, [rkidd@su.edu](mailto:rkidd@su.edu)

Historian: Amanda Pettyjohn, [apettyjo12@su.edu](mailto:apettyjo12@su.edu)

\*Initiated and inducted March 31, 2017 when they were P2 year students.

New officers and e-mail addresses for next academic year: 2018-2019\*\*

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

President: Edward Lee, [elee162@su.edu](mailto:elee162@su.edu)

Vice President: Ashli Livermore, [alivermo15@su.edu](mailto:alivermo15@su.edu)

Historian: Historian: Amanda Eggers, [aeggers16@su.edu](mailto:aeggers16@su.edu)

Treasurer: Dr. Robert Kidd, [rkidd@su.edu](mailto:rkidd@su.edu)

Historian: Historian: Shyreen Kamal, [skamal16@su.edu](mailto:skamal16@su.edu)

\*\*Initiated and inducted April 6, 2018 when they were P2 year students.

Number of Rho Chi student members at college or school, listed by class year and program (and by campus if more than one campus):

2017-2018 P4 year Inova Center for Personalized Health, ICPH, in Fairfax, VA as of June 2017 (formerly Ashburn, VA): 9

2017-2018 P4 year Winchester: 5

2017-2018 P3 year Inova Center for Personalized Health, ICPH, in Fairfax, VA as of June 2017 (formerly Ashburn, VA): 6

2017-2018 P3 year Winchester: 7

**The Rho Chi Society**  
**Annual Chapter Report**

Meetings: Provide information on meetings held in the following tabular format (Limit 1.5 page)

Note: If your chapter is part of a split campus, please list the meetings with campus reference under the Attendance (i.e. A, B or 1, 2 with a note to indicate the campus of reference).

Date	Attendance	Agenda	Action Steps
4/21	A & B (P2s only)	Plans for upcoming year	-Jubilee Kitchen: Spring and Fall -Tutoring requirements -Social event ideas
8/21	E-board	E-Board to discuss plans for the fall semester	- Discuss plans with members for upcoming semester
9/6	A & B (All P3 members)	Plans for Jubilee kitchen/tutoring schedule/T-shirts	-Tutoring schedule -Jubilee Kitchen: free flu shots, BP screening, and glucose screening -Order T-shirts - Goals for the year
1/10	E-board	E-board meeting to discuss plans for spring semester	-Submit ideas at the general meeting
2/5	A & B (All P3 members)	General meeting to discuss plans for the spring semester	-Faculty Jeopardy -White Coat Fundraiser - New member voting process
4/20	A & B (P3 and P2 members)	Elections	-Voted for new officers

**Revised 9-12-14**

**The Rho Chi Society  
Annual Chapter Report**

A – Winchester campus

B – ICPH Fairfax campus

Strategic Planning: What goals were set that relate to the Rho Chi mission? (Limit 0.5 page)

The Gamma Omicron chapter has set forth several goals to help promote the mission of Rho Chi and our chapter itself. One goal was to increase our overall presence on both campuses through increasing the awareness of our tutoring and studying habits. We looked to encourage leadership and intellectual achievement. We also looked to encourage intellectual achievement by recognizing PIs who achieved a 4.0 during the spring semester school award ceremony. To foster collaboration we aim to have health fairs with CPFI and APhA to provide service to an underserved population. To enhance the field of pharmacy, we aimed to have events such as the research symposium and faculty jeopardy.

Activities: This section is usually the primary focus of the report. The chapter reports should contain detailed descriptions of all activities developed and conducted to further the society's mission (See Appendix 1 for Chapter Activities Report Template). (For split campuses, please reference the activities by campus.) It may contain a combination of activities within the college and/or university as well as activities that provide outreach outside the academic community. School-wide events that provide evidence of intellectual leadership (e.g., a sponsored lecture, symposium, poster session, etc.) may be included. Service activities for non-members such as tutoring may be included. It is recommended that students also provide at least one community service activity outside of the academic institution (e.g., volunteering at a long-term care facility, providing health information to patients/citizens in the community, etc.) provided that it is consistent with the mission of the Rho Chi Society. The description must include whether these activities are on-going (if so, for how long) or are new initiatives. (Limit 1500 words)

Please refer to Appendix 1.

Financial/ Budgeting: Provide information on how your budget was determined and approved and how it supported your chapter's activities. Include information on fund-raising that was conducted to meet this budget. (Limit 250 words) (See Appendix 2 for Budget Example Template.) (For split campuses, please reference the budget items by campus.)

The chapter advisor and officers deliberate and approve the annual budget. It was managed generally based on expenditures and revenue from the past two years when planning and conducting similar activities in 2017-2018. The major fundraising activities were a white lab coat sale and \$55.00 lifetime Chapter dues from each new initiate.

**The Rho Chi Society  
Annual Chapter Report**

Initiation Function: Describe the initiation function, including when and where it took place, who attended it (not specific names), information on the speaker (if applicable), etc. (Limit 250 words)

The annual Gamma Omicron Chapter initiation was held Friday, April 6, 2018 in auditorium 2203 of the ICPH Fairfax, VA campus of the Bernard J. Dunn School of Pharmacy of Shenandoah University. The new initiates included 13 P2 students (6 from Fairfax and 7 from Winchester) and 3 faculty members. Attendance of approximately 100 persons included all 16 new members, all chapter officers and advisor, several other chapter members, family members and friends of the initiates, and faculty members. The ceremony was followed by a fellowship with of light refreshments and celebratory photographing.

Evaluation/Reflection: Provide a reflective paragraph that evaluates the effectiveness of your activities and ways to improve. (Limit 500 words)

Increasing our awareness and campus presence was a big focus this year. This began with advertising out tutoring service and increasing its efficacy and efficiency through the year. Every member agreed to sign up for a designated time slot and members were given the option of tutoring for certain courses catered to their strengths. This allowed a more efficient tutoring session to students who needed assistance. We were able to provide tutoring service to approximately 35 students this year including during breaks. An area of improvement for our tutoring service would be to have a more variety of time sessions available for students needing assistance.

We also collaborated with CPFI, and APhA in having a health fair at a local church in Winchester. Our members focused on providing free flu vaccines and provided education on blood pressure, dietary habits and diabetes education. We also provided gift bags containing items to promote a healthy lifestyle, such as hand sanitizer, tissues, Chap Stick and more. We were able to provide 25 free flu shots and provided help to over 50 people. An area of improvement for this event would be to get more chapter participation as this event takes place on weekends so due to prior obligations not all members were able to be present.

Our activities promoting intellectual achievement, study strategies presentation, and faculty jeopardy, we successful as well as we had great attendance at these events and received positive feedback that these events were executed well and the audience enjoyed the events. An area of improvement for these events in the future are to increase advertisements to increase awareness amongst other health professional students within our building who may be interested in attending these events. Fundraising we took a step back this year as we raised slightly less money than last year from our White Coat Fundraiser. We experienced a snowstorm, which canceled classes for 4 consecutive days and hindered sales. By having more funds our chapter may be able to offer more resources to the community at our health fairs.

**The Rho Chi Society  
Annual Chapter Report**

Other information: If you would like to provide other information about your chapter that was not included in the above categories (e.g., development of a new website, organizing a regional meeting, etc.), add it here: (Limit 500 words)

If your chapter would like to be considered for the Most Improved Chapter Award, please complete the following form on a separate page.

**Most Improved Chapter Award**

Some chapters have been relatively inactive in past years, but current students/advisors have made great strides to increase the activities/projects of their chapters. Rho Chi has instituted a designation for the “Most Improved Chapter Award” to recognize such strides. In order to be eligible for this award, a chapter must meet all the basic chapter requirements requested within the chapter annual report. Furthermore, the chapter annual report, names of elected officers, and the name of the chapter delegate to the Rho Chi Society National Office must be submitted to the Rho Chi National Office by the respective deadlines for each of these items. The chapter must send a representative to the Rho Chi Society Annual Meeting. In addition, chapters must have “active” chapter status for at least 2 consecutive years (e.g., new schools must be in at least the third year of chapter activity).

If your chapter would like to be considered for the “Most Improved Chapter Award,” indicate the significant improvement(s) of your chapter below. Limit to one page.

Name of School/College:

Chapter name and region:

Name of member submitting statement:

Name of Chapter Advisor:

**Appendix 1**

**Chapter Activities Report Template**

<b>Gamma Omicron, Shenandoah University Activity Table</b>								
<b>Category of Activity<sup>1</sup></b>	<b>Title of Activity</b>	<b>Brief Description<sup>2</sup></b>	<b>How Does This Activity Align With the Rho Chi Mission Statement?</b>	<b>Years the Activity has Been Ongoing ?</b>	<b>If Activity has Been Ongoing for &gt;1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?</b>	<b>How Many Members Participated in the Activity?</b>	<b>How Many Students (non-members) and/or Patients were impacted by the Activity?</b>	<b>Financial Information for the Activity [Budget Required, Fundraising Amount]</b>
Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	Tutoring	Rho chi members provided study strategies and clarified material pertaining to courses	Tutoring may help “contribute to the development of intellectual leaders” by helping students recognize their potential to succeed. Tutoring also “promotes highest ethical standards” by providing help for those who need it.	Approx. since 2005	All of the tutoring requests are documented on an Excel spreadsheet. The tutor coordinators contacted each student after each session to make sure that the session was helpful and successful. An area of improvement for our tutoring service would be to have a more variety of time sessions available for students needing assistance.	15	35	N/A

**The Rho Chi Society  
Annual Chapter Report**

Intellectual Leadership Activities (i.e., tutoring, sponsored lectures, poster sessions, etc.)	Studying Strategies	Members of the society gave a presentation about various studying strategies/habits during P1 orientation	This activity “contributes to the development of intellectual leaders” by providing tips to succeed in pharmacy school.	Since 2016	No evaluations were done for this event. Proposed changes would be to increase awareness of studying strategies through our tutoring service.	13	50	N/A
College of Pharmacy Events [non-academic, non-patient outreach]	Faculty Jeopardy	3 teams of 2-3 faculty and one student team of 3 members compete to answer questions about material taught at the pharmacy school.	This event “encourages and recognizes intellectual achievement” by allowing faculty members to compete by answering questions about therapeutics. This also “fosters collaboration” between Rho chi members and faculty.	Since 2015	No evaluations are done for this event. Success is confirmed by the reaction of the audience.	15	170	N/A

**Revised 9-12-14**



**The Rho Chi Society  
Annual Chapter Report**

Patient Outreach Events/ Community Service	Jubilee Kitchen	Fall - Free flu shots, diabetes/ BP education	These events “stimulate critical inquiry to advance pharmacy” by allowing people to recognize that pharmacist can administer vaccinations and provide vital health information	Approx. since 2010	N/A	10	Fall – 35	N/A (donations)
Fundraising Events	White Coat Fundraiser	Fundraise r for new white coats	N/A	Estimate since 2010	Success is determined by the amount of profit. Orders were processed through an online company to achieve a greater profit.	9	40	Budget – 1480 Fundraising Profit – \$200

**Guidelines:**

1. For each activity within a category use a separate line in the table (you may add more lines as you see fit)
2. Keep your descriptions of each activity brief limiting overall table to 3 pages or less.

**The Rho Chi Society  
Annual Chapter Report**

Appendix 2

Rho Chi Chapter Annual Report Template and Example.

DATE ITEM	Amount Debited (\$\$ spent)	Amount Credited (\$\$ raised)	Balance*	Comment
May 1, 2017			2328.20	Bank Statement Balance
September. 1, 2017	\$280.00		2048.20	Rho Chi logo t-shirts to wear at School and community service activities
Mar. 1, 2018		1820.00	3868.20	Chapter dues from 14 new member candidates
Mar. 2, 2018	\$910		2958.20	National dues for 19 new members
Mar. 6, 2017		\$1480	4438.20	Proceeds from white lab coat sale
Mar. 10, 2017	\$1240		3198.20	Payment to Uniform City (Scrubs & Beyond) for white lab coats and monograming
Mar 30, 2018	\$98.00		3100.20	Stethoscopes for 2 P1 students who earned first semester 4.0 GPA
Mar. 30, 2018	\$267.33		2832.88	Food/Decorations for Apr. 6, 2018 new members induction ceremony
Apr. 30, 2017			2832.88	Bank statement balance

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**The Rho Chi Society  
Annual Chapter Report**

**Revised 9-12-14**