

## Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

**Date of report submission:** 2018-05-14

**Name of School/College:** North Dakota State University

**Chapter Name & region:** Kappa Chapter Region V

**Delegate who attended the Rho Chi Annual Meeting:** Amanda Kuhn

**Date Delegate's name submitted:** 2018-03-13

Past year's officers and e-mail addresses

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New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

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Last Name

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Chapter advisor's name and e-mail address

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### Chapter advisor's name and e-mail address

[chapter-advisors]

### Introduction

The Kappa Chapter at North Dakota State University had a fantastic year, as we partook in numerous activities throughout the community and campus. We sought to develop strong leadership and character development in our members through involvement in our local community and through the intellectual development of our peers.

**Meetings** Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-01	14/14	Discussed the upcoming year's activities/orientation. MAPP project planning. Be The Match Drive planning. SLACK tutoring ideas. Mentorship ideas/activities.	Formed committee for Be the Match Drive. Formed SLACK tutoring committee. Formed mentorship group.
2017-10-23	10/14	Be the Match Drive. Expanding your Horizon's event. Volunteer work at Churches United.	Be the Match Drive training. Planning events for Expanding your Horizons. Planned activities for the Initiation Ceremony. Planned when/where to hand out acceptance letters. Recruited/fleshed out Expanding Your Horizon's activities.
2018-01-22	13/14	Initiation Ceremony . Mentorship activities. Expanding your Horizon's planning	Expanding Your Horizon's planning. Planned hand-off activities for next meeting for new members.
2018-02-12	11/14	Discussed DLC meeting items. SLACK tutoring. Lack of pharmacy interview day tours	

**Strategic Planning:** What goals were set that relate to the Rho Chi mission?

The Kappa Chapter stimulated critical inquiry into the practice of pharmacy by engaging middle and high school aged girls in pharmaceutical practice activities at the annual Expanding Your Horizon's event. We fostered collaboration with our community by volunteering with Churches United in helping disadvantaged families receive food-pantry items. We developed our leadership skills by planning and executing a Be the Match Bone Marrow drive. We enhanced

the intellectual achievement of our peers by setting up and engaging underclassmen in a mentorship program.

### **Activities**

The "Be the Match Drive" is an ongoing yearly collaboration between Rho Chi at NDSU and Sanford Health that seeks to enlist new members into the national bone marrow registry. Young college students are prime donors and generally are the most sought after donors. Our group held a sign-up drive on two separate occasions, once in Sudro Hall (home of the School of Pharmacy) and another at the Memorial Union on campus. We were able to sign up a total of 12 new members.

The Mentorship Program is an ongoing yearly effort that brings together P1s with upperclassmen. The program seeks to establish an informal link through which P1s can solicit advice, information, and support as they start their new student pharmacy careers. Our Mentorship Chair planned and held two formal get-togethers where P1s and their P3 mentors could build their relationships.

The "Expanding Your Horizons" conference has been held at NDSU for 39 years and seeks to increase young women's interest in STEM majors. These young girls come from all over North Dakota – especially from smaller communities that may not have robust science programs built into their curriculum. Our society holds a popular workshop entitled "I want to Hold Your Hand" that teaches girls about non-sterile compounding. The girls make a lip balm and a urea lotion that they are allowed to take home. This workshop explores necessary calculations, non-sterile techniques, non-sterile equipment, prescriptions requirements, and label requirements. This workshop tends to be one of the most highly rated workshops out of the approximately 60 that are held that day.

Our volunteer efforts included helping Churches United filling food-pantry items for disadvantaged families in the Fargo-Moorhead area. We assisted families in picking out food, household items, and basic toiletries in accordance with Churches United guidelines.

### **Financial Budgeting**

Our chapter generally does not have many (if any) expenditures throughout the year. As a result of our financial stability and liquidity, we elected to not host any fundraising efforts this year.

### **Installation Function**

The initiation ceremony was held on March 27th, 2018 at 6pm in the Arikara Room at the Memorial Union. Current members along with the new inductees, their families, our Chapter Adviser Dr. Jeanne Frenzel, Pharm.D., and our keynote speaker Dr. Natasha Petry, Pharm.D., BCACP were all in attendance. Dr. Petry is an Assistant Professor of Practice in the Pharmacy Practice Department at North Dakota State University and a Patient Centered Medical Home Pharmacist at Sanford Health Internal Medicine Clinics in the Fargo-Moorhead area. Dr. Petry holds a PharmD and two BS degrees in Pharmaceutical Sciences and Microbiology all from

North Dakota State University in Fargo, ND. She completed a one year post-graduate Pharmacy Practice Residency at Trinity Hospital in Minot, ND. She is a board certified ambulatory care pharmacist. Previously she worked at Bismarck State College. She is a member of many professional pharmacy organizations and is licensed to practice pharmacy in North Dakota, Minnesota, Indiana and Wisconsin. In her clinical practice she practices under a collaborative practice agreement allowing her to adjust diabetes medications for her consult patients without the need to first get provider approval. She also serves as a reference for drug information questions, performs medication reconciliation along with transitions of care phone calls and patient education visits. She also works closely with Sanford Imagenetics, which is the first program of its kind in the nation to fully integrate genetics and genomic medicine into primary care for adults. Her research focuses on diabetes and depression and also the integration of pharmacogenomics into clinical practice

### **Evaluation/Reflection**

The Expanding Your Horizon's Conference was the most gratifying activity that we partook in this year. The joy on the girls' faces was awesome to experience as they learned about our profession and how it means so much more to be a pharmacist than counting to 5 over and over. In an informal assessment after the workshop, most of the girls said their perceptions of what we as pharmacists do had changed.

The Be the Match Drive was also quite gratifying. It was fun to hear everyone's motivation for signing up – many times it as a friend, relative, or neighbor who needed a transplant and for one reason or another their struggles sparked something in these young men and women to give of themselves to help someone else. It was quite touching to hear. It conferred a sense of importance to what we were doing even if the numbers were small.

As for our shortcomings, I would have liked to host more mentorship activities. We talked at length at our meetings about what we could do but no single activity ever garnered enough support to move forward outside of the two events that we did hold. Additionally, I think we could have done a better job of advertising our activities to the student body at large.

### **Other Information**