

Annual Chapter Report

Date of report submission: May 15th, 2018

Name of School/College: Virginia Commonwealth University School of Pharmacy

Chapter name and region: Lambda, Region III - E

Chapter advisor's name and e-mail address:

Krista Donohoe, Pharm.D., BCPS, CGP
kldonohoe@vcu.edu

Delegate who attended the Rho Chi Annual Meeting: David Lee

Date delegate's name submitted to Rho Chi: March 9th, 2018

Past year's officers and e-mail addresses:

David Lee, President
leedh4@vcu.edu

Casey Boyer, Vice President
boyercl@vcu.edu

Katlen Kim, Secretary
kimk29@vcu.edu

Adam Robinson, Treasurer
robinsonac3@vcu.edu

Lana Ittner, Historian
ittnerll@vcu.edu

Carrier Carter, Inductions Chair
clcarter2@vcu.edu

Meghan Gill, Scholarship Chair
gillme@vcu.edu

Heather Rucker, Events Chair
ruckerhm@vcu.edu

Rebecca Peng, INOVA Representative
pengr@vcu.edu

Stewart Foster, UVA Representative
fostersw2@vcu.edu

Crystal Leibrand, Graduate Representative
leibrandcr@vcu.edu

New officers and e-mail addresses for next academic year: (Will be changed)

Taylor Ferguson, President
fergusont@vcu.edu

Sydney Prezioso, Vice President
preziosos@vcu.edu

Francine Kim, Secretary
kimfm@vcu.edu

David Poehler, Treasurer
poehlerd@vcu.edu

Widad Mohammed, Historian
mohammedwh@vcu.edu

Jacqueline Gruber, Inductions Chair
gruberja2@vcu.edu

Dena Kota & Christian Ruiz, Scholarship
Chairs
heathdm@vcu.edu, ruizcw@vcu.edu

Jaymin Patel, Events Chair
pateljj2@vcu.edu

Durga Dahal, INOVA Representative
dahald@vcu.edu

Preeti Paudel, UVA Representative
paudelp@vcu.edu

Xiaomeng Xu, Graduate Representative
xxu3@vcu.edu

Number of Rho Chi student members at college or school, listed by class year/program:

3rd year Pharm.D.: 22 (Richmond: 17, UVA: 2, INOVA: 3)

4th year Pharm.D.: 28

Graduate: 5

Introduction:

Hello National Board Members,

Below you will find the annual report for the Rho Chi Lambda Chapter at the Virginia Commonwealth University. This year we tried to focus on increasing participation at both our school wide and organization only events. Overall, we feel that we were quite successful and laid some great foundations for the next year's executive board to build upon. It is our hope that you all will feel the same as you peruse our annual report. Please feel free to contact me (David Lee, leedh4@vcu.edu), if there any questions or concerns regarding our report. Thank you for your time.

Meetings:

Date	Attendance	Agenda	Action Steps
9/12/17	Executive Board	<ul style="list-style-type: none"> - Recap Prescription for Success P1 and P2 - Discuss upcoming years' events and tentative dates - Discuss tutoring system for the year - Discuss finances (how to handle reimbursements) 	<ul style="list-style-type: none"> - Finalized date of P2 recognition lunch - Used feedback to improve Rx for Success for the next year - Created sign-up sheet and planned for Central Virginia Asthma Coalition Camp
9/13/17	General Body Meeting R: 15 C: 1 I: 1	<ul style="list-style-type: none"> - Review past events with all members present - Review upcoming events and dates 	<ul style="list-style-type: none"> - Encouraged participation in tutoring given increased need for it this year
10/10/17	Executive Board	<ul style="list-style-type: none"> - Discuss new Student Executive Council (SEC) requirements for all school organizations - Discuss ongoing plans for the P2 recognition lunch - Discuss tutoring needs - Discuss Faculty Trivia Lunch logistics 	<ul style="list-style-type: none"> - Finalized attendance at new required SEC meetings - All executive members to read bylaws by beginning of spring semester - Recruited more tutors for high request subjects - Finalized date and list of faculty that would be asked to participate for Trivia Lunch.
10/11/17	General Body Meeting R: 14 C: 1 I: 1	<ul style="list-style-type: none"> - Review past events with all members present - Review upcoming events 	<ul style="list-style-type: none"> - Encouraged more people to volunteer for tutoring - Gave Rho Chi members first access to Faculty Trivia sign-up sheet.
11/14/17	Executive Board	<ul style="list-style-type: none"> - Discuss upcoming events - Discuss continuing need for tutors - Discuss potential service-learning opportunities for members 	<ul style="list-style-type: none"> - Prepared poll for P3 class on topics for APPE Bootcamp - Created short list of possible faculty inductees - Set tentative dates for

		<ul style="list-style-type: none"> - Discuss logistics for Inductions in the spring - Discuss APPE Bootcamp logistics 	Spelling Bee and Pharmacy Bowl <ul style="list-style-type: none"> - Reminded executive board to read over bylaws before spring semester - Set date for P2 induction ceremony in the spring
11/15/17	General Body Meeting R: 15 C: 1 I: 1	<ul style="list-style-type: none"> - Review past events with all members present - Review upcoming events 	<ul style="list-style-type: none"> - Encouraged more people to volunteer for tutoring - Sent sign-up sheet for APPE Bootcamp Taskforce
1/9/18	Executive Board	<ul style="list-style-type: none"> - Discuss spring semester events - Discuss bylaws and potential revisions - Discuss APPE Bootcamps - Discuss initiation of journal clubs - Discuss signing up for tutoring - Discuss upcoming inductions 	<ul style="list-style-type: none"> - Set dates for the Pharmacy Bowl and Spelling Bee - Reviewed dates for APPE Bootcamp subjects, created form to allow volunteers to sign up to make presentations - Began reviewing Rho Chi Lambda's bylaws
1/10/18	General Body Meeting R: 17 C: 1 I: 1	<ul style="list-style-type: none"> - Review past events with all members present - Review upcoming events - Discuss APPE Bootcamps 	<ul style="list-style-type: none"> - Encouraged more people to volunteer for tutoring - Encouraged members to sign up to create presentations for APPE Bootcamps - Encouraged members to sign up for journal club
2/13/18	Executive Board	<ul style="list-style-type: none"> - Discuss upcoming events - Discuss induction ceremony - Discuss continuing need for tutors 	<ul style="list-style-type: none"> - Finished up planning for Spelling Bee and gave Rho Chi members first access to sign-up sheet - Set roles for Inductions Ceremony
2/14/18	General Body Meeting R: 20 C: 0 I: 0	<ul style="list-style-type: none"> - Review past events - Review upcoming events - Drug Spelling Bee 	<ul style="list-style-type: none"> - Crowned this year's 1st, 2nd, and 3rd place winners for the Drug Spelling Bee
3/13/18	Executive Board	<ul style="list-style-type: none"> - Discuss upcoming events - Discuss Rho Chi items in 	<ul style="list-style-type: none"> - Finalized graduation cord order for P4 students

		storage - Discuss finalized plans for induction ceremony	- Voted on donation of items in storage - Reaffirmed plan for all executive members to arrive early to inductions
3/14/18	General Body Meeting R: 18 C: 0 I: 0	- Review past events with all members present - Review upcoming events - Discuss APPE Bootcamps - Celebrate Pie Day/Tutor Appreciation Day	- Encouraged members to attend APPE Bootcamps
4/10/18	Executive Board	- Discuss upcoming events - Discuss elections logistics	- Created google forms for nominations and elections
4/11/18	General Body Meeting R: 28 C: 1 I: 1	- Prospective executive board member speeches - New executive board elections	- Elected new executive board members

Abbreviations: R = Richmond campus; C=Charlottesville/UVA Satellite campus; I=Inova Fairfax Satellite campus

Strategic Planning:

This year, the Lambda Chapter set a goal to increase our presence in Virginia Commonwealth University's (VCU) School of Pharmacy (SOP) by encouraging participation in organization-sponsored events. To do this, we built on the accomplishments of previous Lambda executive and general members. We continued our chapter's recreational pharmacy/academic related events (Pharmacy Bowl, Drug Spelling Bee) as well as brought back our Faculty Trivia event. The chapter continued these in an effort to encourage involvement on school-wide level. These events not only allowed the collaboration of students from different classes, but student-faculty collaboration as well. Additionally, we held a journal club open to the entire P3 class in efforts to help prepare them for APPE rotations. Due to the generosity of our faculty advisor in donating prizes for competitions, we were able to eliminate participation fees, which allowed us to dramatically improve access to our events. We also improved the ability of members to pay dues, and the ability of non-members to purchase study packets, by continuing the use of Venmo®. This year our chapter initiated "Prescription for Success P2", in hopes of better preparing the P2 class for the start of their clinical therapeutics modules. Furthermore, the chapter continued previous events and ceremonies. In this way, Lambda Chapter was able to encourage and recognize the intellectual achievements of our members and the SOP student body, and contribute to the development of intellectual leaders.

Activities:

This year, Lambda Chapter continued the majority of events held during previous years. In addition, we held the Rx for Success 2. The following is a list of the activities which we held or participated in over the course of the 2017-2018 school year, along with descriptions.

Prescription for Success (Rx for Success P1):

Category: Intellectual Leadership Activity

Description: Our chapter organizes a presentation for early in the fall semester for P1 students, with tips for how to succeed in pharmacy school. This presentation is edited every year to make sure it remains relevant for the new incoming class, taking into account syllabus and course coordinator changes. We work with current P1 professors, as well as rising P2 students to make sure all information presented is correct. The presentation also includes general information about study habits to ensure effective and efficient studying. Finally, we use this event to inform P1's of our tutoring services and to promote the sale of our medicinal chemistry/pharmaceutical calculations packets.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes the scholarship of P1 students.

Years: Annual event (held within the first two weeks of the fall semester)

Evaluation: The presentation is reviewed and adjusted each year, with feedback from rising P2 students and P1 professors. Verbal feedback is collected from P1 students in attendance.

Participation: 2 members participated in the activity.

Impact: 81 P1 students were in attendance.

Financial: N/A

Prescription for Success 2 (Rx for Success 2):

Category: Intellectual Leadership Activity

Description: Our chapter organizes presentation for P2 students, with tips/expectations for their therapy module. This presentation will be edited every single year to make sure it remains relevant for the new class. We work with professors, as well as rising P3 students, to make sure the information is correct. The presentation includes what to expect from modules and how they differ from the P1 coursework they have been exposed to so far. We offer various tips and hints to help ensure effective and efficient studying.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes the scholarship of P2 students.

Years: Annual event (held within the first two weeks of the fall semester)

Evaluation: The presentation is reviewed and adjusted each year, with feedback from rising P3 students and professors. Verbal feedback is collected from P2 students in attendance.

Participation: 2 members participated in the activity.

Impact: 25 P2 students were in attendance.

Financial: N/A

VCU SOP Open House

Category: School of Pharmacy Event; Fundraising Event

Description: During this school event, which is held on a Saturday afternoon, our chapter's representatives help welcome incoming P1 students. We use a trifold poster to introduce these students and their families to Rho Chi, its mission statement and values, and work in the school. We also sell our medicinal chemistry and pharmaceutical calculations packets during this time.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes the scholarship of P1 students.

Years: Annual event (hosted by the VCU SOP early in the fall semester)

Evaluation: No feedback was obtained this year. The chapter's Venmo ® account was used to increase the accessibility of payment.

Participation: 3 members participated in this activity.

Impact: Approximately 50 P1 students and their family members were impacted.

Financial: A small amount of funds was used to print the packets; as this was the only fundraising activity we undertook this year, we were pleased with the amount we were able to raise. Please see Appendix 1 for further information on financial impact.

Fall P2 Recognition Ceremony

Category: School of Pharmacy Event

Description: This event is held on a weekday during the lunch hour to recognize the top 25% of the P2 class. The Dean of the Admissions, chapter advisor, and our generous Rite Aid donor offered congratulatory remarks. A short Halloween-themed trivia game was held as an "icebreaker" before the presentation of recognition certificates. Boxed lunches were provided to all in attendance. Attendees were then given the opportunity to take photos with the Dean and chapter advisor along with their certificates.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes and recognizes the scholarship of P2 students as well as motivate them to continue to pursue academic excellence.

Years: Annual event (held in the fall semester)

Evaluation: No feedback was obtained immediately following the lunch.

Participation: 9 members participated in this activity.

Impact: 30 P2 students were recognized at this lunch.

Financial: Organizational funds were used to pay for the lunch and certificates. Please see Appendix 1 for further information on financial impact.

Drug Spelling Bee

Category: Educational Activity

Description: This activity was continued for the third time this year. There were no restrictions on who could participate. Participants were asked to spell generic or brand drug names (whichever was more difficult); they were given the brand/generic name and pharmacologic category upon request. First place, second place, and third place winners were given prizes.

Mission: This activity aligns with the Rho Chi Mission Statement because it recognizes scholarship in all current SOP students in a fun and engaging way.

Years: Annual event

Evaluation: No feedback was solicited, though verbal feedback was positive; one change that occurred was the difficulty level of the drug names. Last year's competition went on for a very long time, because many of the drugs were on the Top 200 list, and therefore many students knew the proper spelling. This year, the executive board member in charge of organizing the activity ensured that the drugs were of a higher difficulty level.

Participation: 2 members participated in organizing and hosting this activity.

Impact: 20 students participated in this activity; approximately 5 others were in the audience; our Chapter Advisor, Dr. Donohoe, hosted the ceremony

Financial: N/A

Pharmacy Bowl

Category: Educational Activity

Description: This event is a jeopardy-style trivia competition that challenges students on their pharmacy knowledge. Competing teams were required to consist of a P1, P2, and P3 student. This promotes collaboration among the different classes. The questions were created so that each team would have to rely on the knowledge of each member.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes scholarship in all current SOP students, as well as fostering collaboration among students.

Years: Annual event (traditionally held in the fall, it was held in the spring this year)

Evaluation: No feedback was solicited; no major changes occurred since last year.

Participation: 5 members participated in organizing and hosting this activity.

Impact: 51 students participated in this activity.

Financial: N/A

Faculty Trivia Lunch

Category: Educational Activity

Description: This event is a jeopardy-style general trivia competition. Competing teams consisted of 6 students along with a faculty member. This promotes collaboration among the different classes and faculty. It provides an opportunity to get to know our professors outside of the classroom in a fun environment.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes scholarship in all current SOP students, as well as fostering collaboration among students and faculty.

Years: Annual event (brought back after a year absence)

Evaluation: No feedback was solicited; no major changes occurred since last time.

Participation: 5 members participated in organizing and hosting this activity.

Impact: 48 students and 8 faculty participated in this activity.

Financial: N/A

APPE Bootcamps

Category: Intellectual Leadership Activity

Description: Review sessions were prepared and presented by chapter members on topics chosen by the P3 class. These reviews serve to help the P3 class prepare in the last few weeks before their APPEs begin. They also provide our members the unique

opportunity to give a lecture-like presentation. A needs survey was sent out at the end of the fall semester to the entire P3 class to determine which topics would be reviewed. The class selected cardiology and infectious disease. Teams consisting of chapter members then created short presentations (less than 50 minutes) on each topic, and presented to the class during two separate lunch hours at the end of the spring semester.

Mission: This activity aligns with the Rho Chi Mission Statement because it promotes scholarship in the P3 class, as well as encouraging intellectual leadership among those chapter members who prepared the presentations.

Years: Annual event (held at the end of the spring semester, just prior to the beginning of APPE rotations)

Evaluation: No feedback was obtained, aside from the initial needs survey taken by current P3 students; no major changes occurred since last year.

Participation: 7 members participated in preparing and presenting at the two review sessions.

Impact: Approximately 35 P3 students attended each of the two review sessions.

Financial: N/A

Tutoring

Category: Intellectual Leadership Activity

Description: Tutoring requests are submitted to the Dean's office, either by the course professor or by an individual student. Once reviewed and approved, this request is forwarded to the Scholarship Chair, the executive board member in charge of organizing tutoring. The majority of P1 students who requested tutoring needed assistance in medicinal chemistry and biopharmaceutics. The P2 students who requested tutoring needed assistance in a variety of their therapeutics modules, such as cardiology, renal, and infectious diseases. Tutoring sessions were designed to help the student with specific class material as well as with overall study habits. Tutors contacted the tutees using a preset template created by the scholarship chair, in order to assure the tutees understood the limitations of the service (tutors are not able to help with homework assignments, tutors will not reveal old test information, etc).

Mission: This activity aligns with the Rho Chi Mission Statement because it advances the scholarship of P1 and P2 students, as well as help P3 students fortify/review their own knowledge.

Years: Ongoing (occurs throughout the school year on an as-needed basis)

Evaluation: The Scholarship Chair solicited feedback from tutees and tutors after the spring semester in order to evaluate their experience of the tutoring system. This information may be used to implement changes in future.

Participation: 10 members were involved over the course of the year as tutors.

Impact: 22 students (in the P1 and P2 classes) were tutored over the course of the year. Some of these students had recurrent sessions; some only required one tutoring session.

Financial: N/A

Journal Club

Category: Intellectual Leadership Activity

Description: Journal Clubs held by the chapter give students the opportunity to engage with and critique medical literature. This allows students to expand upon what they learn

in the mandatory evidence-based medicine courses that form part of the curriculum at the SOP. Students choose their own article to read, and work through it with the help of a faculty mentor. They then present on the article to any students from the entire school who choose to attend. The chapter secretary is responsible for promoting journal clubs to the student body, and arranging dates, times, and room reservations.

Mission: This activity aligns with the Rho Chi Mission Statement because it advances the scholarship of students at the school, encourages intellectual leadership, and stimulates intellectual inquiry.

Years: Ongoing (occurs throughout the school year at students' request)

Evaluation: No feedback was obtained; no major changes occurred since last year.

Participation: 6 members participated in journal club this year.

Impact: 3 non-chapter members participated.

Financial: N/A

Lambda Chapter intends to continue these events in future years. Feedback overall has been positive from both students and faculty members regarding our chapter's events. It is our mission to have a strong presence through helpful as well as fun academic events.

Financial/ Budgeting:

The sale of comprehensive medicinal chemistry and pharmaceutical calculations packets to the incoming P1 class was the only form of fundraising undertaken by Lambda chapter this year. The majority of funding came from the SOP and Rite Aid Pharmacy, which donated \$500 in sponsorship of the Fall P2 Recognition Ceremony. Prizes for our various competitions were graciously donated by our faculty advisor. The majority of our purchases were expected (such as graduation cords, certificates for the recognition ceremony, and pins and certificates for new members). Therefore, these purchases were covered by chapter funds without being put to a vote. The larger purchases (such as venue deposit and catering for the spring induction ceremony) were paid for by new member dues and the funding from the school. Despite the lack of fundraising events, Lambda chapter ends this school year with approximately \$145 less than we began it. For specific details concerning chapter finances, please see Appendix 1.

Initiation Function:

The 2018 Induction Ceremony was held in March at Maggiano's Little Italy restaurant in Short Pump Town Center, Richmond, Virginia. Each new member was invited to attend and bring two guests. All present enjoyed a lunch catered by Maggiano's, which was followed by the induction and initiation ceremony. All executive board members, as well as Lambda Chapter's advisor, Dr. Donohoe, were in attendance. The Dean of VCU School of Pharmacy, Joseph DiPiro, and the Associate Dean for Admissions and Student Services, Kelechi C. Ogbonna, gave congratulatory addresses during the ceremony. Lambda Chapter was proud to induct 20 P2

students, 4 P3 students, 6 graduate students, and 1 faculty member. Our keynote speaker was Dr. Michael Hindle, a distinguished professor at the VCU School of Pharmacy in the Department of Pharmaceutics. He is our fourth faculty member inductee.

Evaluation/Reflection:

Our chapter's goal this year was to increase our outreach to non-Rho Chi members in the VCU SOP. In order to accomplish our goal, we continued the majority of events held in previous years, and brought back Faculty Trivia. Participation in these events was spectacular, often there were more students that wanted to partake than spots available. The participants were comprised both chapter members and students from the general student body. This greatly helped increase our presence in the SOP as we planned for our more academic events, such as tutoring, APPE Bootcamps, and journal club. We utilized our Facebook page, as well as the pages of each specific class (ex. VCU SOP Class of 2019) to advertise events. In the future, we are considering announcements in person or sent out reminders with the weekly school announcements to increase our reach. However, as the previous year's president noted in her report, it is always difficult to encourage participation in our General Body Meetings. The majority of our chapter members are involved in multiple different organizations, and have many different obligations. The newly elected president is aware of how scheduling conflicts can make participation difficult, and will take this into account when setting dates for chapter events. It is our hope to build upon the strong presence we have built this year in order to draw more participation in the upcoming year.

This year, our chapter instituted a new event: "Prescription for Success P2" for P2 students on how to approach therapeutics modules. This event is similar to our "Prescription for Success P1" in that it contains hints on how to approach therapeutics modules and general advice. Our chapter saw the need for this presentation because P2's often feel overwhelmed or even confused by the vastly different clinical therapeutics modules they are thrust into at the beginning of their semester. It is our hope that by building on the presentation every year we can guide the P2 class and set expectations so they will feel prepared. Ultimately, this presentation was created to encourage a higher level of scholarship in the P2 class.

For the first time this year, we held a pizza party for the tutors to show our appreciation for all the hours they put in over the course of the year. It is the chapter's hope that by investing in this small token of appreciation to our tutors, it will provide incentive for next year's members to be more vigilant and active in both tutoring as well as attending general body meetings.

Another proposal we hope to achieve for the next year is establishing (1) \$750 or (2) \$625 travel scholarships to members in good standing to attend the Rho Chi National Meeting held at the American Pharmacists Association (APhA) Annual Conference. The goals of this proposal are twofold. Firstly, by offering this scholarship we provide the opportunity for our members to experience a national conference as well as guarantee delegate representatives for our chapter. Secondly, by only allowing members in good standing to be eligible, we hope to foster more participation in our tutoring service and general body meetings. The money required for the scholarships would come from VCU Student Government Association (SGA) funds allocated specifically for travelling and would not affect our chapter's budget at all.

Overall, this year was a successful one for our chapter. We continued in the past tradition of excellence, and laid the foundations for the incoming executive board to do the same. We noted areas in which improvements can be made, and passed these recommendations on to the new board.

Appendix 1

Chapter Finances

<u>Rho Chi Lambda Chapter, Virginia Commonwealth University Finance Table</u>				
Item	Amount debited	Amount credited	Balance	Comment
Balance forward			\$3,721.20	
Selling study packets to students	\$138.35	\$810.00	\$4,392.85	(\$138.35 printing)
Rx Recognition Ceremony	\$401.00		\$3,991.85	
Recognition Certificates	\$67.00		\$3,924.85	
Funding from School		\$400.00	\$4,324.85	
Pizza for Faculty/Student Trivia Winning Team	\$50.38		\$4,274.47	
Rite Aid Sponsorship for recognition ceremony		\$500.00	\$4,774.47	
Maggiano's Deposit - RX induction	\$900.00		\$3,874.47	
Membership Induction Checks		\$4,200.00	\$8,074.47	
Payment to Rho Chi Nationals	\$1,885.00		\$6,189.47	
GBM Pizza	\$94.76		\$6,094.71	
Induction Catering (Maggiano's)	\$2,140.10		\$3,954.61	
Pharmacy Bowl Supplies	\$2.94		\$3,951.67	
Graduation Cords	\$375.00		\$3,576.67	
Ending balance			\$3,576.67	