

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-14

Name of School/College: The University of Texas at Austin, College of Pharmacy

Chapter Name & region: Nu Chapter, Region VI – Gulf Coast

Delegate who attended the Rho Chi Annual Meeting: Emily Sartain

Date Delegate's name submitted: 2018-03-18

Past year's officers and e-mail addresses

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New officers and e-mail addresses for next academic year

(If not yet elected, please indicate date of anticipated election and report names within one week of election)

New officers and e-mail addresses

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Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

The 2017-2018 year for the University of Texas' Rho Chi Nu Chapter was filled with success. The Annual Chapter Report below begins by outlining meeting agendas and speakers who dedicated time to provide insight on various aspects of the profession. Next, activities including our many service events, development of the Operation Vaccination committee, health screenings, fundraising events and more are described. Lastly, the Annual Chapter Report serves to reflect upon our goals and achievements over the year.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-09-06	41	Speaker: Dr. Karen Rascati, Ph.D., R.Ph. Chapter advisor and faculty member – spoke about her background and path to current position and provided advice and congratulated new members Agenda Welcome new members Promotion of fundraising items Election of new committee chairs	Transition in new committee chairs Start planning initiation ceremony, service events, and fundraising activities
2017-09-27	37	Joint Meeting with SNPhA, Austin Chapter Speaker: Michael Smith, PharmD Associate Dean for Academic Affairs and Associate Professor at University of Oklahoma – spoke about mindfulness and how to find relaxing rituals to become more self-aware. Agenda: Introduction of Dr. Smith Lecture by Dr. Smith	Initiate new members this evening Continue planning service and fundraising events Finalize plans for health screening
2017-10-18	17	Speaker: Kasey Pena, PharmD Clinical pharmacist practicing in the field of psychology – spoke to students about psychiatric pharmacy and how to gain experience Agenda: Announcements (administrative, upcoming events, etc.) Introduction of Dr. Pena Lecture by Dr. Pena Question/Answer session	Continue planning service and fundraising events
2017-11-08	14	Speaker: Jennifer Shin, PharmD Ambulatory care pharmacist at CommUnity Care – spoke about careers in ambulatory care and PGY1 and PGY2 residencies to pursue careers in ambulatory care. Agenda: Announcements	Continue planning service and fundraising events

(administrative, upcoming events, etc.)
Introduction of Dr. Shin Lecture by Dr. Shin
Question/Answer session

Strategic Planning: What goals were set that relate to the Rho Chi mission?

Rho Chi Nu Chapter's 2017-2018 goals were established to focus our chapter on Rho Chi's mission for members to serve as "lifelong intellectual leaders in pharmacy." Our main goals fell into three overarching categories: service, education, and involvement. For service and education, we hoped to create service events that focused on the education of our community and allowed members to encourage intellectual excellence in others. We continued initiatives such as the P1 Survival Guide, a peer-focused project intended to help incoming students adjust to the heavy curriculum of pharmacy school. Additionally, we began a new initiative to equip incoming pharmacy students with the tools necessary to succeed through "academic pods" during New Student Orientation. Each interactive presentation was 1.5 hours over 4 separate days and, overall, Rho Chi's presentation ranked the highest of all academic preparedness activities. In addition, we began volunteer work with the Austin Heart Walk to promote health advocacy among community members and promoted literacy among prisoners in Texas through the Inside Books Project. We also assisted in childcare for underserved women attending the Annual Women's Resource Fair. Finally, we continued to provide free health screenings and wellness education through our work with Project Collaborate. Our last goal was to increase involvement, both within our chapter and within our community. To do this, we focused on increasing the number of service and social events offered to our members throughout the school year. We also created a spotlight during each meeting where members could nominate someone that they felt represented Rho Chi's values and mission. In addition, we created a points sheet where members could earn points for contributing to events, created a Rho Chi google calendar for members to stay up-to-date with events, and completely recreated our e-mail template through MailChimp to be more organized and aesthetically pleasing.

Activities

Categories:

Title of Activity

Brief Description

How Does This Activity Align With the Rho Chi Mission Statement?

Years the Activity has Been Ongoing?

If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over Past Year?

How Many Members Participated in the Activity?

How Many Students (non-members) and/or Patients were impacted by the Activity?

Financial Information for the Activity [Budget Required, Fundraising Amount]

—

P1 Survival Guide

Handout aimed at incoming pharmacy students that provides advice on how to study, tips for balancing life in pharmacy school, and an introduction to the city of Austin.

Seeks to inspire academic excellence in the new P1 class and to assist new students in adjusting

to life in pharmacy school.

3 years

We expanded on the previous year by including the advice of both the Rho Chi executive board as well as Rho Chi members to encourage engagement among members.

124 P1 Students

Printing costs paid for directly by the Dean's Office, not our budget

Inaugural Rho Chi Lecture and Induction Banquet

P2 and graduate students were invited to celebrate their accomplishments and formal induction into Rho Chi. This year we invited Dr. Michael Smith from the University of Oklahoma College of Pharmacy to provide words of wisdom both at the induction dinner and at a Rho Chi Lecture event open to the whole college.

Recognizes members for their high academic achievement and hard work throughout school.

The induction banquet has occurred for over 13 years. This was the second year for the inaugural Rho Chi lecture.

The venue has been optimized to fit the budget and accessibility for students and the organization.

30 members inducted, 5 officers participated

34 guests: 7 faculty members, 27 Rho Chi members

Paid for by Dean's Allocation Funds

Educational Task Force – Operation Vaccination

The Educational Task Force, led by two Rho Chi members, created a poster on herd immunity and presented it to families at the College of Pharmacy's annual "Explore UT". In addition, the task force brought a phosphorescent powder and glow light for young children to understand the spread of germs and how vaccines can help protect people from harmful diseases.

This event promoted health literacy and vaccine awareness among community members.

This was a first-time event

5 members

Overall, over 150 people in the community attended Explore UT and 25 people approached the Operation Vaccination Booth to learn about Herd Immunity.

New Student Orientation Study Skills Presentation

Assisted the Dean of Admissions with providing a presentation on study skills for pharmacy school. Officers and P3 members discussed our different study methods and college resources for academic help at four, 1.5 hour academic sessions for new pharmacy students.

Promoting academic excellence as well as leadership and extracurricular involvement within the college of pharmacy.

This was the first year to provide four, 1.5 hour structured lessons to the new students. Previous years, Rho Chi has been involved in a single question/answer session for the new students.

This year, a pharmacy-related icebreaker game was developed to begin the lesson (trivia, filling fake "prescriptions" with skittles, etc.). Next, a lesson was developed alongside the Dean of Admissions regarding study skills and time management. Lastly, an interactive time management simulation completed the academic session.

8 members

124 P1 Students

No cost

Fireside Chat

This event serves as an informal intellectual event at the home of our advisor, Dr. Rascati. A college of pharmacy faculty member is invited as a special guest to discuss with the students pharmacy practice and his or her observations on the future of pharmacy.

This event brings members and faculty together to foster a sense of unity and serves as an opportunity for members to learn more about the profession of pharmacy.

More than 13 years

The speaker is selected to give members an opportunity to meet with a leader in pharmacy that they may not have frequent exposure too.

17 members

2 faculty members

Paid for by Dean's Allocation Funds

Austin Heart Walk

Volunteers talked to Heart Walk participants and asked them to sign cards in support of AHA and stroke smart policies.

Advocating for policies that have positive impact on people's health in Austin

1 year

5 members

Over 50 people signed cards to promote AHA and stroke smart policies

Inside Book Project

Read letters from inmates and selected books to fit their requests.

This program fosters literacy and a sense of connection between prisoners and the outside world.

1 year

3 members

There were 15 book recipients

Joint NCPA/Rho Chi Event: Forgotten Friends Adoption

Volunteered with Forgotten Friends to present dogs for adoption

This event supports mental health of members while providing the sense of contributing to the local community

1 year

2 members

None

Volunteer at the 11th Annual Women's Resource Fair

Watched children while their caregiver attended the fair.

Promoting accessibility to multiple resources including medical exams for parents

1 year

2 members

Over 20 children and their parents were helped

None

Promiseland Health Screening

Students performed blood pressure, glucose, cholesterol, A1C, BMI/body fat percentage, and diabetic food screenings for patients at the college of pharmacy.

Health screenings allow us to apply academic knowledge and collaborate with other organizations to impact the community.

1 year

N/A

11 members

54 patients screened

12 patients were referred for further counseling

No cost to organization

(covered by

Project

Collaborate)

—

Explore UT Health Screening

Students performed blood pressure, glucose, cholesterol, A1C, BMI/body fat percentage, and diabetic food screenings for patients at the college of pharmacy.

Health screenings allow us to apply academic knowledge and collaborate with other organizations to impact the community.

2 years

Evaluated Post Event forms

4 members

19 patients screened

2 patients were referred for further counseling

No cost to
organization
(covered by
Project
Collaborate)

Double Tree Fundraiser

Tabling done during breaks at the DoubleTree North Hotel to sell t-shirts to pharmacists and pharmacy technicians at a CPE seminar

Supports future service projects and socials to reward members and give back to the college and community

3 years

Have a more diverse range of items to sell to appeal to a wider audience

1 member

N/A

\$460

Financial Budgeting

Our budget is primarily determined through a process laid out by the College of Pharmacy Dean's Office. Our president and treasurer meet with our faculty advisor to look over the past year's budget and determine if any changes need to be made. That budget is then approved by our faculty advisor and sent to the Dean's Office for approval. The president must prepare a budget presentation for the Deans including a flyer with the organization's goals for the year. The final approved budget is then sent back to the organization. The money that we receive from the Dean's Office provides us with the funds to hold our Initiation Ceremony, Fireside Chat, and provides us with stipends to send our chapter delegate and alternate delegate to the Rho Chi Annual Meeting at the APhA Annual Meeting.

The rest of our funds come from member dues and fundraising activities. Our fundraising goals and budget are not explicitly laid out, but are estimated from past year sales. These funds go towards providing food at meetings and other miscellaneous expenses.

ITEM	Amount Debited (\$ spent)	Amount Credited (\$ raised)	Balance	Comment
Income				
Balance forward		\$1,791.94	\$1791.94	Fundraising account balance from previous year

Membership dues	\$2565.00	\$4356.94	\$95 one-time dues from 27 P2 and graduate students
Dean's allocations for initiation banquet	\$1700.00	\$6056.94	Added to separate Dean's Allocation account for banquet
Family member dinners at initiation banquet	\$210.00	\$6256.94	\$35 each for 6 guests
Fall fundraising earnings	\$800.00	\$7056.94	
Spring Fireside chat Dean's allocations	\$300.00	\$7356.94	Dean's allocate \$250 for event
Dean's allocations for APhA Annual	\$1100.00	\$8456.94	Stipend for APhA Annual
Total Income		\$8456.94	
Expenses			
Dues paid to national office	\$1755.00		\$65 one-time dues for 27 students
Induction ceremony cost	\$1113.45		
Food for meetings	\$1200.79		
Honor cords	\$375.00		
Fundraising cost	\$437.00		Fundraising items for different college wide events and inductees

Dean's allocations for APhA annual	\$970.00	Stipend for APhA Annual and Rho Chi Luncheon
Organization Registration	\$20.00	Required to register as a UT Austin student organization
Fireside Chat	\$300.00	
Total Expenses		\$6171.24
Income – Expenses =		\$2,285.7

Installation Function

This year's Rho Chi initiation banquet took place on October 2nd, 2017 at 6:00 pm. It was held in the Texas Union Quadrangle Room on the University of Texas at Austin campus. Attendees included incoming members, their family and friends, current executive officers of the Rho Chi Nu Chapter, and several faculty members from the College of Pharmacy, including a few of the deans from the college. Earlier in the day, before the event, Dr. Michael Smith, Associate Dean for Academic Affairs at the University of Oklahoma College of Pharmacy, gave a lecture open to the entire college as part of the celebration. In addition, Dr. Smith spoke at the initiation ceremony about the importance of leadership in academic excellence. The event culminated in Dr. Rascati reading the initiation speech and providing each new inductee with their certificates and pins.

Evaluation/Reflection

We were very successful this year at piloting a number of new initiatives and revamping some of our old ones in order to better serve our members and the community. We continued creating the P1 Survival Guide, a handout containing advice from the Rho Chi officers on how to succeed in pharmacy school and adjust to life in Austin. By updating the document to include an index of places to study around the city, as well as a list of various restaurants in the area, we hoped to make new students feel more comfortable and welcomed into the college. In addition, we helped to pilot a new student orientation interactive presentation. Rho Chi worked alongside the Dean of Admissions as well as Director of Assessment to create a program that would encourage students to make the most out of the resources provided at the College of Pharmacy. In addition, second and third year students were polled about their experiences and time commitments during the

first year courses. Over 100 students responded to the survey and this data was presented to incoming students during the Rho Chi presentation. In addition, we created an Educational Materials Task Force, which focused this year on promoting vaccine awareness and presented a poster to families in the community on herd immunity at the College of Pharmacy's annual "Explore UT" event.

Finally, our chapter held the annual Rho Chi Lecture for the University of Texas College of Pharmacy. By working with our chapter adviser and the Deans, we were able to bring in Dr. Michael J. Smith, associate Dean for Academic Affairs at the University of Oklahoma College of Pharmacy and co-coordinator of their renowned Leadership Institute. His lecture focused on mindfulness and promoted lifelong leadership in pharmacy among members. The series was well received by all those who attended and is something we hope to continue in the future. Overall, we were effective in carrying out our major planned activities and were able to increase the number of service events the organization participated in over the year. We effectively achieved our main goals of service, education, and involvement to varying degrees and laid a strong foundation for future projects and successes.

For areas of improvement, we are planning to expand the Educational Materials Task Force during the next school year and present vaccine education to local schools and PTA meetings in the community. Finally, we plan to continue to push for greater involvement of our members by creating more opportunities for professional development. This could be achieved through partnering with other student organizations to offer topic talk or journal club presentation opportunities.

Other Information

Additional meetings:

February 14, 2018

11 members

Speaker: Debbie Garza, R.Ph.

CEO of Texas Pharmacy Association – spoke about her many careers within pharmacy and her drive to progress the field of pharmacy through TPA

Agenda:

Announcements (administrative, upcoming events, etc.)

Introduction of Debbie Garza

Lecture by Debbie Garza

Question/Answer session

Begin planning for the fireside chat

Finish poster and interactive activity for Explore UT event in March

Finish planning the health screening for Explore UT this March

April 4, 2018

12 members

Speaker: Donna Jermain, PharmD

Senior Medical Director in neuroscience and pain for Pfizer – lead a discussion about her career

path to industry from psychiatric clinical pharmacy to a medical science liaison

Agenda:

Service event and fireside chat promotion

Introduction of Dr. Jermain

Lecture by Dr. Jermain – students gained exposure to careers in industry pharmacy

Question/Answer session

Finish planning fireside chat event

Finalize plans for the end of the year social

April 25, 2018

13 members

Speaker: Leticia Smith, PharmD, BCOP

Clinical pharmacy specialist in oncology – discussed her day-to-day work schedule and how to make team-based decisions for patient care

Agenda:

Service and social event promotion

Welcome next year's officers

Introduce Dr. Smith

Lecture by Dr. Smith

Question/Answer session

Wrap up year

Officer transition