Upsilon Chapter, The Ohio State University

Annual Report

Date of report submission: May 15, 2015

**Name of School/College:** The Ohio State University College of Pharmacy

**Chapter name and region:** Upsilon Chapter, Region IV-East

**Delegate who attended the Rho Chi Annual Meeting:** Jade Bensink

**Date Delegate’s name was submitted to Rho Chi:** 03/29/2015

**Past year’s officers and e-mail addresses:**

**President:** Brittany Kiracofe, kiracofe.22@osu.edu

**Vice President:** Abbey Strazar, strazar.3@osu.edu

**Treasurer:** Kristy Jackson, jackson.1018@osu.edu

**Secretary:** Catherine Walsh, walsh.195@osu.edu

**Historian:** Andrew Milner, milner.42@osu.edu

**New officers and e-mail addresses for next academic year:**

**President:** Mark Doles, doles.10@osu.edu

**Vice President:** Michael Griggs, griggs.83@osu.edu

**Treasurer:** Rebecca Rady, rady.2@osu.edu

**Secretary:** Malorie Deakins, deakins.7@osu.edu

**Historian:** Dung Vo, vo.49@osu.edu

**Chapter advisor’s name and e-mail address:** Milap C. Nahata, nahata.1@osu.edu

**Number of Rho Chi student members:** 57

**PharmD Class of 2016:** 25

**PharmD Class of 2017:** 23

**Graduate Students:** 9

**Meetings**: (selected)

|  |  |  |  |
| --- | --- | --- | --- |
| Date | Attendance | Agenda | Action Steps |
| 04/01/2014 | Outgoing Rho Chi officers, current general body, and advisor | General body meeting, Elections, Committees | Elected officers and formed committees for fundraising, mentoring, initiation, and service |
| 04/16/2014 | Outgoing and current Rho Chi officers and advisor | Executive Board transition | Discussed plan for next year and transferred information to new officers |
| 05/30/2014 | Rho Chi officers, Mentor-Mentee Committee, Joe Orozco | Mentor-Mentee planning | Planned for mentor applications and interviews |
| 06/04/2014 | Rho Chi officers, Mentor-Mentee Committee, Joe Orozco | Mentor-Mentee planning | Planned for mentor selection, organized “Open Doors” training |
| 09/10/2014 | P1 class, select Rho Chi members | P1 Survival Guide | Delivered Survival Guide |
| 09/17/2014 | P2 class, select Rho Chi members | P2 Survival Guide | Delivered Survival Guide |
| 09/30/2014 | P3 class, select Rho Chi members | P3 Survival Guide | Delivered Survival Guide |
| 10/14/2015 | Rho Chi general body and advisor | General body meeting | Conducted chapter business, planned for fundraising and service events |
| 11/18/2015 | Rho Chi officers, advisor | Spring semester planning | Planned for new member selection and initiation |
| 01/05/2015 | Rho Chi officers, advisor | New member selection | Approved all membership invitations |
| 01/21/2015 | Prospective initiates, Rho Chi officers, advisor | Prospective initiate informational meeting | Provided information on Rho Chi, selection criteria, and value of membership |
| 01/27/2015 | Rho Chi general body and advisor | General body meeting | Conducted chapter business, planned for service events |
| 03/25/2015 | Rho Chi officers, advisor | Initiation planning | Completed final preparations for initiation ceremony |
| 04/02/2015 | General body (incoming and current) and their family/guests, advisor, faculty/staff, Dr. Dennis Helling | Initiation Ceremony | Initiated all new Rho Chi members |
| 04/03/2015 | Current Rho Chi officers, incoming general body, and advisor | New initiate general body meeting, Elections, Committees | Elected incoming officers and formed committees for fundraising, mentoring, initiation, and service |
| 04/07/2015 | Rho Chi general body and advisor | General body meeting | Conducted chapter business, concluded and reviewed fundraising and service efforts |
| 04/10/2015 | Service Committee | Relay for Life | Contributed funds to the American Cancer Society and took part in 18-hour relay |
| 04/15/2015 | Current and incoming Rho Chi officers and advisor | Executive Board transition | Discussed plan for next year and transferred information to incoming officers |

**Strategic Planning**:

The Upsilon chapter targeted its activities during the 2014-2015 academic year to fulfill two major goals. First, the chapter focused on implementing a new college-wide mentor-mentee program to ease the transition for new first year students. Second, the chapter worked to revamp the service and fundraising committees to increase sustainability.

**Activities**:

Fundraising: During the summer of 2014, the executive board and members of the fundraising committee put much time and effort into updating Rho Chi “Pocket Guides,” which contain important lab and diagnostic values as well as other medication and disease state information that is useful for student pharmacists during IPPE and APPE rotations. In addition to the “Pocket Guides,” the Fundraising Committee created new “Counseling Tip Guides,” which hold key counseling points for the top 40 prescription and over the counter medications. These guides were sold to pharmacy students at the beginning of the year as a fundraiser. We hope the future members of Rho Chi will continue to update and sell these useful guides to fellow students.

Academics: During the first month of autumn and spring semester, Rho Chi members held “Survival Guide” sessions to share advice with incoming P1s, P2s, and P3s on what to expect from their professors, courses, and the experiential program during the coming year. Rho Chi members held hour-long question-and-answer sessions with each class and provided a handout with helpful tips concerning courses and professors. The “Survival Guide” program has been ongoing for six years, and we plan to continue this program in the future. This is the first year that our handouts have been reviewed and discussed with professors in advance. In addition, this is the first time that we have held two separate sessions – one session for each semester (as opposed to one session at the beginning of the year).

Mentor-Mentee Program: During the 2011-2012 academic year, the Rho Chi Society Upsilon Chapter took the leadership role in developing a much-needed Mentor-Mentee Program at the College of Pharmacy. This program was modified during the 2012-2013 academic year in an attempt to better meet the needs of students at the College. Instead of having formal mentor-mentee pairings, a group mentoring/tutoring program was run mainly via Facebook to coordinate group tutoring sessions on the basis of student requests. Last year, after failed attempts at group tutoring sessions, it was decided that a more formal program was needed. The most recognizable problem was that incoming P1 students struggled to adjust to professional school and developed excessive, unnecessary stress. Continuing in the footsteps of last year’s executive board, we identified second and third year students to be the most beneficial resources to help P1 students adjust to professional school, the College of Pharmacy, and the city of Columbus. We collaborated with our Director of Student Affairs, Joe Orozco, and the Student Affairs Office to help bring this new college-wide program to fruition. Student mentors, who applied for their positions, were placed with four to five P1 students for the 2014-2015 academic year. They were required to attend the first year student orientation and white coat ceremony to first meet their mentees, followed by activities throughout the year. The program was led by the Rho Chi Mentor-Mentee committee and the Office of Student Affairs, but all pharmacy students were welcome to apply for a position as a mentor.

Service: After continued difficulty maintaining an annual service project in years past, this year our service committee organized a team to participate in The Ohio State University’s annual Relay for Life. The event took place from April 10th at 6PM to April 11th, 2015 at 12 noon. In the days leading up to the relay, participant solicited donations to our team, and throughout the night of the event we held an ongoing bake sale. Rho Chi was able to raise just under $500 to support the American Cancer Society and the advancement of cancer research. On the day of the event, our team honored family, friends, and love ones whose lives have been impacted by cancer by symbolically keeping one team member in the relay at all times. The constant walk around the track acts as a representation of our dedication to finding a cure. We hope that next year’s service committee will continue this activity.

Initiation: The year ended with an initiation ceremony to welcome our incoming members into the society. The initiation took place on April 2, 2015. We were honored to have the nationally distinguished speaker Dr. Dennis Helling, PharmD, ScD (Hon), FCCP, FASHP, FAPHA, as our guest speaker. The initiation was held at the Biomedical Research Tower at the University. Families and friends were invited to the ceremony to congratulate the new initiates and celebrate with snacks and refreshments. This year we had over 75 guests and students in attendance.

Elections: The last phase of our yearly activities concluded with the election of our incoming officers. Elections were held in early April, soon after initiation. We look forward to the influence our new leaders will have on our Upsilon chapter at Ohio State.

**Financial/Budgeting**:

The budget for the 2014-2015 year was used towards the Rho Chi initiation ceremony, Rho Chi initiation dinner, cords for the graduates, and general body meetings. The initiation dinner was our biggest expense for the year, costing around $401. The initiation ceremony cost approximately $357. The chapter also spent around $557 on general body meetings, and $465 on graduation cords.

Income for the organization came from fundraising and funding provided through the University. The College of Pharmacy provided our organization with around $1,069 from the “Deans Match” program. Notably, we have already received next year’s 2015-2016 disbursement from the Dean’s Match. The Rho Chi executive board members have agreed to opt out from accepting operating funds through the university, due to restrictions and requirements that this would place on the chapter.

Finally, fundraising was done by selling Rho Chi “Pocket Guides”, and Rho Chi “Counseling Tip Guides” to fellow pharmacy students. The executive board revised the pocket guides to improve upon the previous year’s template with additional disease state modules. In this way, we provided a more comprehensive guidebook than ever before. We sold around 130 pocket guides, and made around $531 profit. Plans are being made to update the “Pocket Guides” and “Counseling Tip Guides” again next year in concordance with updated guidelines.

The organization started the year with roughly $4,942 and is ending the year with a balance of roughly $5,103, a net gain of $161. This net gain includes next year’s disbursement from the Dean’s Match. In the future, we plan to apply for university funds for reimbursement when applicable and reserve fundraising money for other organizational activities.

**Initiation Ceremony**:

The Rho Chi Upsilon chapter 2015 initiation ceremony brought 23 new PharmD Candidates and 9 graduate students into the society. The ceremony took place on Thursday, April 2nd in the Biomedical Research Tower at The Ohio State University. The current Rho Chi officers, current Rho Chi members, our chapter advisor Dr. Milap Nahata, faculty and staff of the Ohio State University College of Pharmacy, new initiates, and their family and friends all attended the ceremony and reception. The ceremony began with an introduction by the 2014-2015 Rho Chi officers, and then each initiate was called up to sign our chapter registry and received their certificate and pin. We were honored to have Dr. Dennis Helling, PharmD, ScD (Hon), FCCP, FASHP, FAPHA, address our new initiates. He delivered an invigorating speech to the initiates, welcoming them into the society and encouraging them to be the next generation of leaders in the field of pharmacy. The ceremony ended with light refreshments to welcome and celebrate our new Rho Chi initiates.

**Evaluation/Reflection**:

We are pleased with the progress made by the Rho Chi Upsilon chapter during the 2014-2015 academic year. We accomplished each of our two strategic goals, and we are excited for the future of our chapter.

Our first goal was focused on nurturing a developing college-wide mentor-mentee program to ease the transition for new first year students. The chapter worked with our Director of Student Affairs, Joe Orozco, along with Dean Henry Mann and chapter advisor Dr. Nahata to refine and give substance to the Mentor-Mentee Program. The new program will continue for the 2015-2016 academic year. Next year, the new executive board will continue to improve the program.

Our second goal was to revamp the service and fundraising committees. We raised funds for The American Cancer Society by participating in the University’s Relay for Life fundraising walk, and we raised funds for our chapter operations through Pocket Guide sales. Next year, we hope that the service and fundraising committees continues to expand current projects and implement new ones.

In summary, the Upsilon chapter of Rho Chi had a successful year at The Ohio State University, and we are encourage by our new initiates’ enthusiasm to continue the progress of our current and former leaders. As an executive board, we are confident that we are passing our responsibilities into the strong hands of the next class of student scholars.

**Appendix 1**

**Upsilon Chapter, The Ohio State University**

**Activities Report**

|  |  |
| --- | --- |
| Activity Table |  |
| Category of Activity | Title of Activity | Brief Description | How Does This Activity Align With the Rho Chi Mission Statement? | Years the Activity has Been Ongoing? | If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year? | How Many Members Participated in the Activity? | How Many Students (non-members) and/or Patients were impacted by the Activity? | Financial Information for the Activity |
| Intellectual Leadership Activities | Survival Guides | Share advice with incoming P1s, P2s, P3s on professors, courses, and experiential program | Promotion of academic excellence | 6 years | Recently changed to be held every semester as opposed every year, based on student feedback;Recently changed to include professor review of materials | 10 | 210 | Contributed to meeting costs which were debited from the Upsilon chapter budget – see Appendix 2 |
| Patient Outreach Events/ Community Service | Relay for Life | Generate funds for the American Cancer Society | Advancement of pharmaceutical sciences | 1 (First year) | N/A | 2 | innumerable | Funds were provided by non-member participants with no impact on the Upsilon chapter budget |
| Fundraising Events | Pocket Guide Sales | Sell therapeutics and patient counseling references  | Promotion of academic excellence | ≥5 years | Guidelines-based reference material and top drugs are updated annually | 5 | 130 | Generated net profit which was credited to the Upsilon chapter budget – see Appendix 2 |

**Appendix 2**

**Upsilon Chapter, The Ohio State University**

**Financial Report**

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| --- | --- | --- | --- | --- |
| **ITEM** | **Amount Debited ($$ spent)** | **Amount Credited ($$ raised)** | **Balance** | **Comment** |
| Balance Forward |  |  | $4,941.82 |  |
| Initiation Ceremony | $357.42 |  | $4,584.40 |  |
| Initiation Dinner | $400.54 |  | $4,183.86 |  |
| Graduation Cords | $465.00 |  | $3,718.86 |  |
| Meetings | $556.91 |  | $3,161.95 |  |
| Pocket Guide Supplies | $49.75 |  | $3,112.20 |  |
| Mentor/Mentee Program | $20.00 |  | $3,092.20 |  |
| Bank Checks | $23.99 |  | $3,068.21 |  |
| Dues to National Office | $2,015.00 |  | $1,053.21 |  |
| Membership Dues |  | $2,400.00 | $3,453.21 |  |
| Dean’s Match (2014 and 2015) |  | $1068.98 | $4,522.19 |  |
| Pocket Guide Sales |  | $581.00 | $5,103.19 |  |
| Final Balance |  |  | $5,103.19 |  |