

Annual Chapter Report Outline

Please complete your Annual Chapter Report and submit to the National Office by May 15.

Date of report submission: 2018-05-14

Name of School/College: The Ohio State University

Chapter Name & region: Upsilon Chapter, Region IV – East – Mid-Eastern

Delegate who attended the Rho Chi Annual Meeting: Kristine Duly

Date Delegate's name submitted: 2018-03-18

Past year's officers and e-mail addresses

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Historian

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New officers and e-mail addresses for next academic year
(If not yet elected, please indicate date of anticipated election and report names within one week
of election)
2018-03-28

New officers and e-mail addresses

President

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Chapter advisor's name and e-mail address

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Chapter advisor's name and e-mail address

[chapter-advisors]

Introduction

Upsilon Chapter continued to work hard this year to accomplish our goals. We feel we had great success as a chapter.

Meetings Please provide information on meetings held in the following tabular format

Date	Attendance	Agenda	Action Steps
2017-08-16	Rho Chi Officers and Advisor	Fall Executive Board Meeting	Discussed fall activities including, but not limited to: survival guides, fundraising, and service projects.
2017-09-19	Rho Chi General Body and Advisor	First General Body Meeting	Discussed upcoming fall events.
2018-01-10	Rho Chi Officers and Advisor	Spring Executive Board Meeting	Finalized planning for initiation, created deadlines for incoming members. Discussed spring activities including, but not limited to: fundraising and service projects.
2018-02-07	Rho Chi Officers, Prospective Initiates, and Advisor	Prospective Initiate Informational Meeting	Shared information with regards to our organization, selection criteria, member expectations, and the value of membership.

Strategic Planning: What goals were set that relate to the Rho Chi mission?

During our first executive board meeting in August we set several goals for the upcoming 2017-2018 school year. The first goal was to continue increasing the visibility of Rho Chi throughout the college of pharmacy. We accomplished this by hosting various events and continuing our annual fundraiser. We additionally offered tutoring sessions and advocacy opportunities. Our second goal was to continue collaborating with other student organizations. We did this through our newly established advocacy committee, and by continuing the SSHP-Rho Chi lecture series. The goal of our advocacy committee was to collaborate with advocacy chairs of all other pharmacy organizations within the college in an effort to advocate together for our profession. Rho Chi participated in writing letters to senators detailing why Provider Status is important, as well as, attended Senator Dolan's presentation this past spring semester. The third goal was to

continue fostering intellectual development for all pharmacy students. This was accomplished through our survival guide series at the beginning of the fall semester, our topic discussion collaboration with SSHP, with the improvement of our therapeutics pocket guides, and through our service project that provided students an opportunity to work with community members and pharmacy residents to complete comprehensive medication reviews.

Activities

Fundraising:

Pocket guides: During the 2017-2018 school year, Rho Chi Upsilon Chapter sold pocket guides to P1 through P4 students. This has been an ongoing fundraiser held by the Upsilon Chapter over the past several years. Our chapter sold two types of pocket guides: pharmacotherapy guides and drug counseling guides. The pharmacotherapy pocket guides contained updated guidelines and organized charts regarding the therapeutics of various disease states including diabetes, hypertension, asthma, and COPD. The drug counseling guides contained helpful counseling tips and recommendations for both prescription and OTC medications. Each pocket guide was sold at a cost of \$10 for one, or \$18 for both guides. To date our profit exceeds \$740.

Academics:

Survival guides: During the summer of 2017, Rho Chi Upsilon Chapter worked with students and faculty to collect advice from former P1s, P2s, and P3s on what one should expect from their professors and courses during the upcoming year. This information was compiled into Rho Chi "Survival Guides" to be discussed and distributed to the incoming classes. During the meeting sessions, P1 and P2 classes had a question and answer session. We had a total of 8 student volunteers and 80 students in attendance during the two meetings. This program has been ongoing for 9 years, and is one of our most effective outreaches to the Ohio State College of Pharmacy.

Topic discussion: In April 2018, Rho Chi Upsilon partnered with the Ohio State Student Society of Health-System Pharmacy (SSHP) for the third annual Topic Discussion and Case Study. We hosted Dr. Claire Murphy from the Wexner Medical Center who worked through a complicated sepsis patient case with our students. Students from all classes were welcome to attend.

Tutoring: In fall of 2017, Rho Chi responded to a request from the Office of Student Affairs for assistance with tutoring P2 students who were taking an independent learning physiology module. Five Rho Chi tutors were paired with five students. The majority of tutoring centered on physiology topics, however some pairs also spent time reviewing other topics including those relevant to Pharmacology and Therapeutics. At the end of the semester, a P1 student requested tutoring in pharmacokinetics, physiology, and drug delivery. One of the tutors took on a second student. While meeting times were left up to the Rho Chi member and their student, most met at least once a week and some met twice a week. Both the tutors and students reported their time and content to the supervisor appointed by the Office of Student Affairs. Members who may be interested in continuing this work for the upcoming school year have been identified should the need arise.

Service:

Annual Community Service Project: In March 2018, Rho Chi Upsilon Chapter organized a new service event. We collaborated with The Ohio State University Hospital East to organize a MTM service at a local long term care facility located in an underserved area of Columbus, Ohio. Student pharmacists were paired with pharmacy residents to meet with community members to review their medication lists and answer any questions they had with regards to it. The event was open to the entire community; approximately 5 patients were reached and 4 Rho chi members participated.

Mentor-Mentee Program:

Rho Chi Upsilon Chapter partnered with the College of Pharmacy Office of Student Affairs to coordinate the Mentor-Mentee Program. This ongoing initiative pairs around 28-30 second- and third-year PharmD students with small groups of approximately five to six incoming first-year students. The P2 and P3 mentors complete a training program prior to meeting with their mentees during the P1 orientation week. All mentors meet their groups of mentees during orientation week and take part in the White Coat Ceremony, placing the white coats on each of their mentees. The mentors also meet with their mentees throughout the year in various settings including individual group meetings and a scheduled mentor-mentee lunch. Mentors serve as a resource for questions or concerns about school, Columbus, pharmacy, or other topics.

Advocacy:

A new advocacy committee was created in an effort to join a movement within the college of pharmacy to bring all pharmacy organizations together to advocate for the pharmacy profession. Our committee chair created opportunities for Rho Chi members to participate in letter writing to senators detailing why Provider Status is important, to attend a seminar led by senator Dolan as he addressed SB265 (Provider Status), and to attend student legislative day at the Ohio State House.

Misc:

Elections:

In March 2018, we held elections of our incoming officers from the new candidates in the PharmD Class of 2020. We utilized a Google Form in order to facilitate voting and provide instant results to our new chapter officers. We look forward to the influence our new leaders will have on the Rho Chi Upsilon Chapter at the Ohio State University.

Financial Budgeting

Since we started the year with a significant amount of money in the organization bank account, our budget for the year was fairly flexible. Our major goals were to have profitable pocket guide sales, to break even for the year, and to fund a service project at an underserved hospital in the Columbus area. Our major fundraisers were the pocket guide sales during the 2nd semester of the school year.

Installation Function

This Rho Chi Upsilon Chapter initiation ceremony took place this year on March 1st, 2018 in the Biomedical Research Tower at The Ohio State University, where we welcomed incoming members into the society. We were honored to have Dr. Julie Johnson, B.S. Pharm., PharmD, Dean and Distinguished Professor at the University of Florida College of Pharmacy, as our keynote speaker. Additionally, we were joined by our chapter advisor, Dr. Milap Nahata, current Rho Chi Upsilon members, and the families and friends of the incoming members. This year we had approximately 70 guests in attendance. The ceremony was filled with many congratulations for the academic achievements of the members. To signify their induction, initiates were called to the stage one by one to sign the Rho Chi Upsilon Chapter book. To celebrate, wraps, fruit, cookies, and other light refreshments were provided for guests. Program guides detailed with the Class of 2020 initiates names, historical information about Rho Chi Society, and a schedule of events were provided. The initiation ceremony was made possible through the efforts of the Rho Chi Upsilon executive board through extensive planning and preparation, participating in speaking, handing out pins, and ensuring smooth flow of the ceremony.

Evaluation/Reflection

Overall, we felt that our chapter and executive board were extremely effective this past year. We worked well together and made significant progress towards the goals set this year and in previous years. We increased our role within the college through two new programs including a tutoring service and an advocacy committee. Through the newly established tutoring program, Rho Chi members were able to help first and second year pharmacy students understand topics of which started with physiology and grew to include several course topics included in the new curriculum. Additionally, our newly formed advocacy committee offered opportunities to get Rho Chi members involved in promoting our profession. Over 100 letters were written to Ohio senators detailing Provider Status and its importance to us. We also served our community through an organized MTM event that allowed for interprofessional collaboration between community members, pharmacy students, pharmacists, pharmacy residents, and nurses.

Much of our success could be attributed to the fact that our executive board worked together very well. In our transition meetings, we tried to emphasize this to the incoming officers. We shared the importance of working together, helping each other accomplish goals, and getting started early! We hope that our experience will allow Rho Chi at Ohio State to continue to grow and improve.

Other Information

This year we created a new website that included information about Rho Chi Upsilon chapter, the past history of our chapter, as well as, the events we host and opportunities we offer. Additionally, it includes resources including links to our college's library, NAPLEX resources, residency advice, and CV guides.