



## The Rho Chi Society

### Annual Chapter Report

Date of report submission: May 15, 2018

Name of School/College: Roosevelt University College of Pharmacy

Chapter name and region: Epsilon Theta, Region IV - West - Mid-Eastern

Chapter advisor's name and e-mail address: Dr. Yana Labinov; ylabinov@roosevelt.edu

Delegate who attended the Rho Chi Annual Meeting: N/A

Date delegate's name submitted to Rho Chi: N/A

Past year's officers and e-mail addresses:

President: Fiona Costello .....fcostell@mail.roosevelt.edu  
Vice President: Alex Heinz.....aheinz@mail.roosevelt.edu  
Secretary: Alaa Sulh.....asulh@mail.roosevelt.edu  
Treasurer: Victoria Nguyen.....vnguyen1@mail.roosevelt.edu  
Historian: Jaclyn Rinehart.....jrinehart02@mail.roosevelt.edu

New officers and e-mail addresses for next academic year:

President: Patrick Tednes .....ptednes@mail.roosevelt.edu  
Vice President: Shayna Cruz .....scruz1@mail.roosevelt.edu  
Secretary: Ashley Stefanski .....astefans@mail.roosevelt.edu  
Treasurer: Yash Desai .....ydesai@mail.roosevelt.edu  
Historian: Lauren Makare .....lmakare@mail.roosevelt.edu

Number of Rho Chi student members at college or school, listed by class year and program (and by campus if more than one campus):

- Total members: 28
- P4 members (Class of 2018): 16
- P3 members (Class of 2019): 12

#### Meetings

| Date    | Attendance   | Agenda  | Action Steps   |
|---------|--|---|--|
| 5/13/17 | 13 members + chapter advisor                               | <b>Elections</b> <ul style="list-style-type: none"><li>- Candidate speeches</li></ul>   | <ul style="list-style-type: none"><li>- Schedule meeting for new chapter</li></ul>   |
| 6/22/17 | Executive board (5 officers) + 2 members + chapter advisor | <b>E-board Organizational Meeting</b> <ul style="list-style-type: none"><li>- Induction ceremony planning</li><li>- GPA requirements to be considered for membership</li><li>- Tutoring program</li><li>- Bulletin board</li><li>- Fundraising ideas</li><li>- Upcoming Game Nights</li></ul> | <ul style="list-style-type: none"><li>- Sending out a poll to find out t and consider potential catering</li><li>- Reach out to current members regarding minimum GPA requ</li><li>- President will work with the De possible tutoring program</li><li>- Treasurer will get pricing for ID</li><li>- Historian will continue updatin</li><li>- Vice-President and Secretary upcoming Game Nights</li></ul> |
| 7/13/17 | 5 officers + chapter                                       | <b>E-board Meeting</b>  | <ul style="list-style-type: none"><li>- Secretary to schedule next ch</li></ul>  |

*The Rho Chi Society*  
*National Office Contact Information:*  
*Email: rhochi.epsilontheta@gmail.com*



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|----------|--|--|--|
|          | advisor  | <ul style="list-style-type: none"> <li>- GPA requirements: finalize decision</li> <li>- Tutoring program: participation and specifics</li> <li>- Fundraising updates</li> <li>- Ask Rho Chi and website</li> </ul>   | <ul style="list-style-type: none"> <li>- Treasurer to finalize plan for a Game Nights</li> </ul>   |
| 9/07/17  | 4 chapter officers + chapter advisor             | <b>Pharmacy Game Night</b> <ul style="list-style-type: none"> <li>- Update from chapter advisor and dean</li> </ul> <b>Induction Ceremony</b> <ul style="list-style-type: none"> <li>- Finalization of date</li> <li>- Catering arrangements and reserving classroom</li> </ul> <b>Fundraising</b> <ul style="list-style-type: none"> <li>- Hurricane Harvey or Hurricane Irma care packages</li> <li>- Walk for Autism</li> <li>- Canned Food Drive</li> <li>- Gift for preceptor - coffee mug</li> </ul> | <ul style="list-style-type: none"> <li>- Discuss with chapter advisor on fundraising with ID badge reel</li> <li>- Vice-president to contact College to find out available times for induction</li> <li>- Secretary to create Google Doc for Class of 2018 members and advisors</li> </ul>   |
| 11/09/17 | 5 Chapter officers + 3 members + chapter advisor | <b>Funding from College of Pharmacy update</b> <ul style="list-style-type: none"> <li>- Update from Dr. Singla</li> </ul> <b>Fundraising</b> <ul style="list-style-type: none"> <li>- Badge reels</li> </ul> <b>Game Nights</b> <ul style="list-style-type: none"> <li>- Requirements for participation for future members</li> </ul>  | <ul style="list-style-type: none"> <li>- Treasurer to get bulk order price for badge reels</li> <li>- President to design emblem for poster/flyer for advertising</li> <li>- President to compile new requirements and send to the new members</li> <li>- Historian and Secretary responsible for Facebook announcements and posts</li> <li>- Vice-president to create chapter calendar for upcoming events</li> </ul> |
| 1/20/18  | 5 chapter officers                               | <b>Welcome 13 new members (1 P4 and 12 P3's)</b> <ul style="list-style-type: none"> <li>- Presentation of introductions</li> </ul> <b>Pharmacy Game Night Update</b> <ul style="list-style-type: none"> <li>- Planned 20 Game Nights for 2018 (January - May)</li> </ul>   | <ul style="list-style-type: none"> <li>- President to create and submit forms</li> <li>- Historian and Secretary to create presentation via Google Slides</li> <li>- Treasurer and Vice-President to plan Game Nights and send out requirements to the new members</li> </ul>  |
| 2/1/18   | 3 chapter officers                               | <ul style="list-style-type: none"> <li>- Planning specifics for the Class of 2019 Executive Board elections</li> </ul>   | <ul style="list-style-type: none"> <li>- Executive board election platform for 2019 with deadline of March 31</li> <li>- Elections planned for April 4, 2018</li> </ul>  |
| 2/28/18  | 14 members + chapter President + chapter advisor | <ul style="list-style-type: none"> <li>- Questions from new members</li> <li>- Participation requirements for game nights</li> <li>- Upcoming elections and induction ceremony</li> </ul>  | <ul style="list-style-type: none"> <li>- Class of 2019 will utilize sign-up sheets for game nights</li> <li>- 1 event organizer for each game night for assistance, and in the case of a cancellation</li> <li>- All members will be required to attend game night</li> <li>- Elections will be held at school</li> <li>- President will work with new members and advisors in classroom for election</li> </ul>       |
| 4/4/18   | 10 members + chapter advisor                     | <b>Executive board elections were held and 5 new chapter officers were elected to their positions</b>  | <ul style="list-style-type: none"> <li>- Upcoming induction ceremony</li> </ul>  |

**Strategic Planning: What goals were set that relate to the Rho Chi mission?**

Following the election of a new Executive Board for the Rho Chi Epsilon Theta Chapter, a discussion was held to state the plans and ultimate goals for the upcoming year. Similar to the previous Executive Board,  
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the newly appointed chapter officers were asked to submit their proposals for goals related to the Rho Chi mission for the 2017-2018 school year. From the submitted platforms, it was obvious that there was a trend present - *to enhance and expand the Pharmacy Game Night program into a regular school-wide event that would become part of the planned curriculum for each of the required clinical courses.*

Supplementary chapter goals included fostering relationships between Rho Chi members and students at the College of Pharmacy through Pharmacy Game Nights and additional tutoring sessions, to enhance existing relationships with faculty and staff to encourage communication about material to review during the review sessions, and to continue building a strong foundation as a new chapter with a focus on academic excellence and upholding the Rho Chi mission. In an attempt to encourage and recognize intellectual achievement, the Epsilon Theta chapter officers proposed the creation of chapter-specific requirements for consideration as members that was approved by the chapter advisor and distributed to the members.

Fundraising was a primary focus on goals for the upcoming year and some ideas that were proposed included the sale of Roosevelt College of Pharmacy ID badge reels and holding canned food drives. Finally, newly elected executive board members hope to foster collaboration between chapter members from the Class of 2018 and Class of 2019 through a Rho Chi chapter-specific Facebook page and chapter website, as well as through periodic updates through the BlackBoard Rho Chi Epsilon Theta online resource.

### **Activities:** *see also Appendix 1*

During the 2017-2018 year, the Epsilon Theta Chapter of Roosevelt College of Pharmacy aimed to uphold the academic excellence and to contribute to the development of intellectual leaders expected of all members of Rho Chi. This was mainly done by providing students with review sessions also known as Game Night. This year we expanded on that concept by conducting a Game Night before every major IS exam, prior to this year it was only conducted before finals. Students found this review session extremely helpful. Many students participated and felt that we provided them with guidance on what to focus on for the upcoming exams. We were told that without game night they would not have done nearly as well on exams. The board members also provided students with information pertaining to clinical situations that were experienced during their rotations relating to the subject matter that was being reviewed.

Rho Chi members were able to participate once again in the GEMS career fair. This year, we were provided with a classroom to provide a presentation and lab activity to the young girls participating in this event. The presentation included facts about the world of pharmacy like the different dosage forms and fields of pharmacy, as well as encouraging pharmacy as a potential career choice. The girls were enthusiastic about the many opportunities available in pharmacy and were very excited to compound their own lip balms. After the short presentation about pharmacy, the girls were able to create their own lip balm by choosing a color and fragrance. Many of the girls were intrigued by the use of the heating plates and beakers as well as the coloring dyes. We were able to provide a different view of what pharmacists do and were able to share our love for pharmacy to younger generations in the community.

### **Financial/ Budgeting:**

At the start of 2017-2018, Rho Chi Epsilon Theta Chapter was allocated \$800. This money is used to provide pizza and drinks to students attending the Pharmacy Game Nights hosted by Rho Chi members. In the Spring 2018, 14 new members were inducted adding \$910 to our account in the form of member dues. The induction ceremony was sponsored by Office of Student Services. Rho Chi Epsilon Theta Chapter greatly appreciates the financial support we have received from Roosevelt University College of Pharmacy. Our aim is to be able to sustain our organization through fundraising events in the coming year.

### **Initiation Function:**

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The second induction ceremony for the Epsilon Theta Chapter took place on Friday, May 4, 2018 from 4:00PM to 6:00PM and was sponsored by the Roosevelt University College of Pharmacy Office of Students Services. Friends and family of the new inductees were invited to attend as well as current Rho Chi members, chapter advisor, College of Pharmacy faculty, associate Dean, and Dean. The ceremony took place at Roosevelt University in the Schaumburg Campus. The induction was conducted by Dr. Yana Labinov, the chapter advisor, and the officers of the executive board: Fiona Costello, Alex Heinz, Alaa Sulh, Victoria Nguyen, and Jaclyn Rinehart. A reception with refreshments was provided after the ceremony, while introductions were made between new and current chapter members. Of those inducted, twelve third-year students and one fourth-year student received packets which included Rho Chi certificates, pins, and additional chapter information discussing the mission and history of Rho Chi Honor Society.

### **Evaluation/Reflection:**

We continued to promote and encourage academic success through Rho Chi game nights. Each game night was led by at least one E-board member. Game nights were provided on the Schaumburg campus as this was most accessible to the students attending the game nights. Rho Chi would host one game night per 2 exams of Integrated Sequence courses, which encompassed pharmacology, medicinal chemistry, and clinical applications. However, as the content increased in difficulty, the Rho Chi E-board along with Dr. Labinov/Dr. Singla, determined the need for more game nights. The number of games nights increased to one game night per exam, which equated to approximately 7 game nights per 12 week term, and we accomplished this for the final 2 terms of the 2017-2018 school year. Providing these game nights were beneficial for those members (mainly P4's until new members were elected) who participated in formulating Game Night questions and for the students attending the events. The P4 members commented on the utility of the game nights as they are preparing for the NAPLEX in the upcoming weeks and stated that going through their lectures a second time has helped tremendously in their review efforts. The students who were present for every game night provided feedback about the content and content availability of the game nights, and we did our best to accommodate to their needs and wishes of all students. Several students requested individual clarification following particular game nights via the email service. Their questions were addressed and answered quickly and included helpful resources for students as they continue preparing for their exams. The newly elected E-board chapter officers have begun utilizing sign-up sheets for all the current members and are sharing the responsibilities with every active member. Game nights were Rho Chi's strongest contribution to the development of intellectual achievement and made a large impact on the school. Many messages were received from professors and students, thanking the members of Rho Chi for their hours of dedication and service during these Game Nights.

A few eligible chapter members were able to attend and participate in Legislative Day at the state capitol building in Springfield, Illinois this year and advocate for the practice of pharmacy in Illinois. Our members were able to advocate for relevant pharmacy-related laws through open communication with legislative members and other pharmacy students. The chapter members were able to personally meet with state representatives as well as observe debates among contradicting opinions regarding these potential policies. It was a great opportunity to not only gain an understanding of how new laws and policies relating to pharmacy practice are developed and enacted, but also an exciting experience to network with other schools of pharmacy.

In the future, the newly elected E-board will have more time while on campus to coordinate, plan, and develop community events, volunteer and fundraising opportunities, and study groups. Performing quarterly evaluations and surveys on chapter events will allow for continued improvement and development of a successful and impactful program for students and teachers. Their presence on campus will encourage other Rho Chi members to be active in this chapter as well as be inclusive to other class members. The Epsilon Theta chapter has already composed a list of events they plan to support as well as numerous volunteer opportunities to strengthen Rho Chi bonds in the community. This will be a very proactive year for this chapter and it will provide the momentum to continue to carry Rho Chi commitment onto future inducted members!

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**Other information:**

Our chapter president, Fiona Costello, created a tutorial for future members to utilize to provide successful game nights as well as how to create attractive posters to encourage member and non-member participation in game nights. Newly elected chapter president, Patrick Tednes, proposed the creation of a electronic sign-up form for future game nights to ensure equal participation from all members.



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**Appendix 1: Chapter Activities Report Table**

| The Rho Chi Society Epsilon Theta Chapter, Roosevelt University College of Pharmacy Activity Table |                             |   |  |                                      |   |  |  |  |
|--|-----------------------------|---|--|--------------------------------------|---|--|--|--|
| Category of Activity <sup>1</sup>  | Title of Activity           | Brief Description <sup>2</sup>  | How Does This Activity Align With the Rho Chi Mission Statement? | Years the Activity has Been Ongoing? | If Activity has Been Ongoing for >1 Year, What Evaluations Have Been Done to Assess the Success of the Activity and What Improvements Have Been Done Over the Past Year?  | How Many Members Participated in the Activity?               | How Many Students (non-members) and/or Patients were impacted by the Activity?   | Financial Information for the Activity [Budget Required, Fundraising Amount] |
| Intellectual Leadership Activities   | Pharmacy Game Night         | Game Night (exam review sessions) were held for all clinical courses for both the Class of 2019 and Class of 2020   | Encourages intellectual achievement                              | 1 year and 6 months                  | <ul style="list-style-type: none"> <li>New members of the Class of 2019 were asked to complete a survey after observing one of the events.</li> <li>The survey results contained valuable information regarding improvements that can be made.</li> </ul> | 23 members: all current members from the P4 and P3 classes.  | More than 80 students, approximately 40 students from the Class of 2019 and 40 from the class of 2020.   | Depending on attendance- food was provided: \$20-40                          |
| College of Pharmacy Events   | Rho Chi Initiation Ceremony | An induction ceremony for the Class of 2019 members was held at school.   | Encourages intellectual achievement                              | 2 years                              | <ul style="list-style-type: none"> <li>Poll of the Class of 2019 was administered to determine the best date to hold the event</li> </ul>   | Approximately 25 members, students and faculty, were present | N/A  | Sponsored by the College of Pharmacy   |
| Volunteering   | Feed My Starving Children   | This non-profit organization provided the tools to provide food for less fortunate countries. With the help of willing volunteers, bags of rice, veggies, | Encourages proactive roles in the community and the World        | 1 year                               | <ul style="list-style-type: none"> <li>To continue this event, coordination of member and facility availability is pertinent to the success of this helpful activity.</li> </ul>  | Approximately 5-10 members                                   | 100+, this event provided meals for over 45 children for one year. This affects the families involved as well as the volunteers sending, delivering, and | \$0  |



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|---|-----|---|-----|-----|-----|-----|-------------------------------|-----|
|   |     | and chicken are packed and sent all over the world. |     |     |     |     | shipping these food packages. |     |
| Patient Outreach Events/<br>Community Service | N/A | N/A   | N/A | N/A | N/A | N/A | N/A                           | N/A |
| Fundraising Events                            | N/A | N/A   | N/A | N/A | N/A | N/A | N/A                           | N/A |